

VALE MOTORCYCLES
Local
Collection & Delivery
01446 775195
Vale Business Park, Llandow

Authorised M.O.T. Station
Your Local MOT Station

The Cowbridge & Llantwit Major

'Your
priceless
weekly
newspaper'

GEM



Established
1983

BEST PRICE MOTs
PEAK PERFORMANCE
01446 775775

Weekly audited distribution (51 weeks) to 31/12/18 - 45,308 (GEM Series). Audited by David Pinder & Co Ltd. Chartered Accountants.

www.glamorgan-gem.co.uk

THURSDAY JULY 25TH, 2019

Lifestyle, travel, health, and dining on Pages 20 and 21.

Local father and son conquer Kilimanjaro. See Page 4.

Colwinston play park opens



Welsh rugby internationals Dan Biggar and Dan Lydiate (pictured back right) were at the official opening of the new facility. It was opened by Carol Ravenscroft, who is pictured cutting the ribbon.

WELSH rugby internationals Dan Biggar and Dan Lydiate recently attended the opening of a new state of the art play area for Colwinston, as part of celebrations at the village's annual fete.

The new swings, climbing units, slides and wheelchair accessible roundabout were officially opened to local children by Carol Ravenscroft, Colwinston's Community Hall Association Committee Member, a representative

of one of the several community groups involved in the refurbishment.

The £75,000 scheme was led by the Vale of Glamorgan Council, with funding also being contributed by the Colwinston Community Hall Association and Colwinston Community Council.

Cllr Kathryn McCaffer, Cabinet Member for Leisure, Arts and Culture, said: "It is an absolute delight to see local children enjoying these new play facilities."

For more on this story, turn to Page 3.

Archaeological dig at Market Place



An architect's impression of how the development might look.

WORK is scheduled to start today (Thursday, July 25) on an archaeological dig in Cowbridge – part of a project to bring a community market hall to the town.

Plans for 'The Exchange' – a community café and multi-use undercover area, in the car park adjacent to the Market Place pub – were announced last year. Prior to that, a building near the livestock market was envisaged.

This scheme, run wholly by a volunteer committee, is in its seventh year of development.

Over this period of time, the plans have had to be altered from the original vision in order to accommodate the needs and requirements of the Vale Council Project board.

Mandy Davies, chair of The Exchange Ltd, said: "Many readers will know that we have a new design befitting the new location of the car park area on the corner of The Butts and Westgate. The building will accommodate a spacious undercover area for weekly and occasional markets of all kinds throughout the year plus a community café to serve locals, community groups and visitors to the town."

The Exchange Ltd are

now under instruction from the Vale Council to carry out an archaeological dig to ascertain that the area is clear for the construction to commence.

This excavation will take place for a period of days between July 25 and August 5.

Mandy Davies continued: "The Exchange Ltd committee apologise for any disruption. Alternate parking can be found both in Southgate and the main market area."

"If you would like to be on the database of The Exchange project, please email your details to info@theexchangecowbridge.uk."

VALE CHURCH COWBRIDGE

a friendly informal group of Christians that meet at the Town Hall every

SUNDAY 10.30am

find us on
facebook

VALE CHURCH COWBRIDGE
Charity No. 284789 (England & Wales)

01446 500 233

<http://apostolic-church.org/>



COWBRIDGE MUSIC FESTIVAL
cowbridgemusicfestival.co.uk
6-21 September 2019

CELEBRATING 10 YEARS

powell. IQE

THEODORE & SONS & DAUGHTERS
Reclamation & Building Salvage
Make Windows & Oak Beams for Wood Burners in situ

Planters and Ornaments

Scaffold Boards

01656 648936
Bridgend Industrial Estate, Princes Way,
off North Road (rear of Celtic Tyres) CF31 3AQ
www.theodorereclamation.co.uk
Open 7 days: Weekdays 8.30am-4.00pm
Saturday, Sunday & Bank Holidays
8.30am-12.00.

Weeds spoil Cowbridge

I AM sure we are all enjoying the wonderful flow-ers in Cowbridge town centre this summer and would like to congratulate all the hard work done by volunteers and local businesses.

On the downside are the weeds outside many properties, which I think were removed in

previous years by the local council. This no longer seems to be the case.

It would not take too much effort in most cases, if everyone removed the weeds outside their buildings. Either pull them out or spray weedkiller. I am sure it would make all the difference in our lovely town. How about it?

G.M. Gardner,
Cowbridge.

Thanks after fall

PLEASE can I thank the people who helped my son when he collapsed in Bridgend on Wednesday, July 3?

He collapsed first in Greggs' and then outside the card shop, where he fell on his face.

He was given a chair to sit on, chocolate and

first aid.

A gentleman from Superdrug came and cleaned my son's face; and I also wish to thank the lady who phoned for an ambulance, which I cancelled, but she stayed with me until my son was able to get on the bus.

Thank you all for your help.

Lesley Davies,
Bridgend

Welsh Water's warm weather warning

WELSH Water is reminding people of the dangers of swimming in reservoirs as the school summer holidays begin.

Every year, a small number of people attempt to swim in reservoirs across Wales, putting their lives, and the lives of others, at risk.

The dangers of swimming in reservoirs include: dangerous hidden machinery underneath the water, which can sometimes operate without obvious warning; very cold and deep

water that can cause even strong swimmers to find themselves in difficulty; most reservoirs are in

remote locations, with little or no mobile phone reception, so the chance of rescue is greatly reduced.

Welsh Water's One Last Breath campaign video starkly depicts two teenagers who drown after going into the water at a reservoir on a hot summer's day and the impact that has on their friends and family who are left behind.

The company's Chief Operating Officer, Peter Perry, said: "Reservoirs might seem like a great place to cool off, but they are full of hidden dangers.

Hidden machinery, strong currents and freezing temperatures can pull even the strongest swimmers under the water.

Readers' Letters

Please keep your letters BRIEF and address them to: The Editor, at Glamorgan GEM Ltd, Graig House, 53 Eastgate, Cowbridge CF71 7EL or email editorial@glamorgan-gem.co.uk

Letters and e-mails MUST include your FULL address, contact telephone number. We reserve the right to edit all letters. We do NOT accept anonymous mail.

Do bandwagons worsen traffic congestion?

I AM writing in support of Mr Hooper's letter, 'Infrastructure incompetence' in last week's GEM.

Barry is becoming an island: cut off from the world by traffic, and as more homes are built in the town this will progressively become worse.

So, instead of pretending to be world leaders and jumping on the 'climate emergency' bandwagon, perhaps our Labour-controlled Vale Council leaders should look to the issues that they can do something about; such as the daily nightmare that is commuting around Barry.

Fed up with the traffic leading

to 'Culver', last week I attempted to let the train take the strain and then complete my commute by cycle, only to be turned away from two trains because they were 'too full for the cycle'. I suspect the same would apply were I in a wheelchair.

Of course these trains would be full, when at peak commuting time the operator decides only to have two carriages, which were crammed full by time they arrived at Cadroxton station. Having tried 'the green option', and now running considerably late, I cycled home and drove to work.

Having now bought a small motorbike with which to commute, I noticed that in March The GEM announced that the Vale will

trial the use of motorbikes using bus lanes, similar to in Cardiff. However, nothing appears to have happened since the article was written four months ago.

Perhaps our illustrious Labour leaders could spare a few minutes from pretending to be world leaders and actually make something happen. Opening the bus lane to Culver for motorbikes would certainly help many commuters, at very little cost while making the commute safer.

If our council leaders want to jump on the climate emergency bandwagon, they need only look out of the Dock Office window for something on which to focus their efforts.

Ade Pitman, Barry.

Take to the hills to beat the black dog



Andy and Monty.

NANTYMOEL resident Andy Caress is calling on local people to take part in a 10km charity trail race with a difference – you run with your dog.

The Beat the Black Dog trail will take place in the Ogmogre Valley near Bridgend on Sunday, September 8.

The event is being supported by south

Wales-based Red Kite Trail Events, including marshalling and prizes.

Andy, who will run with his cocker spaniel Monty, is helping organise the event in aid of the mental health charity he works for, the Charlie Waller Memorial Trust.

The trail will see a runner with a black dog, an expression used by Winston Churchill to describe depression, set off prior to the main group.

The main group will then catch the black dog and beat it back across the finish line.

As well as those running with their four-legged friends, the race is also open to individuals running on their own.

Starting from the Ogmogre Valley Life Centre, runners head through the village and up into one of the side trails, running through two small streams and heading up into the hills. Running along the hillside towards Nantymoel, the route takes in the views of the villages and surrounding scenery before heading down into Nantymoel itself.

The final stretch follows the old mining railway route, past the rugby pitch before following the river back to the Ogmogre Valley Life Centre.

To find out more and register for the event, visit www.redkitetrailevents.co.uk or see information see www.cwmmt.org.uk.

when Andy told us about his idea, we were only too happy to help out. Mental health affects people from every walk of life, it has no boundaries and can affect anyone at any time."

A response on climate change to councillors

MY letter last week seems to have hit a nerve.

What follows is not an attack on Cllr Thomas, but some general observations.

The climate catastrophe is real. The floods and heatwaves of recent years are going to become the new normal. Sadly, that isn't scaremongering; it's fact. I wish it wasn't, for the sake of my grandchildren. Cllr Thomas is right that we can't solve the problem on our own but I would argue that we can't do nothing either. I do think that we can make Llantwit a more resilient place by planting trees – lots of trees.

Our Town Council is run by Llantwit Major First Independents. This group is represented on the Vale Council, forming part of its leadership. Some councillors are members of both Town and Vale Councils. I think it is disingenuous to argue that the Town Council has no influence over the Vale Council.

I would like both councils to be actively looking for ways to plant trees in our town, rather than finding reasons why they cannot be planted. Would it not be possible to save money on the mowing of grass verges (essentially creating ecological deserts) and put the money into tree planting and maintenance? Or the creation of wildflower verges (which are so popular elsewhere)?

Of course it is hard to try new things, but read the comments on the Llantwit Major Hub – for every negative comment about trees, there are a hundred positive ones. A greener Llantwit is what a great many people want. As for the rather personal comment about my standing for election next time, I'd far rather see the next generation have their say. Time for us oldies to make room at the table for those who will be living on our rapidly heating planet.

Liz Hayes, Llantwit Major.

Grateful thanks for kind assistance

I AM 89 and have Parkinson's disease and on July 20, while leaving the Evans Pharmacy in Park Crescent with the aid of a walker, I had a serious fall.

To my good luck, a police vehicle was

parked nearby and some four officers led by a lady Sergeant, came to my assistance, called a paramedic and even did a little shopping for me. I went home in a St John's ambulance. To all involved, especially the police, I give my heartfelt thanks.

Ivor Arnold, Barry.

HIGH TIDE TIMES

The high tides listed in this week's Gem are those in Porthcawl. It should be remembered that along the coast, high tides times will vary. For instance, in Barry the high point will be 20-25 minutes later.

UNTIL AUGUST 1

Date	Time	Height (metres)
25/07/2019	00.16	8.1
25/07/2019	12.36	7.9
26/07/2019	01.09	8.0
26/07/2019	13.38	7.7
27/07/2019	02.13	7.6
27/07/2019	14.52	7.8
28/07/2019	03.26	8.0
28/07/2019	15.59	8.2
29/07/2019	04.37	8.4
29/07/2019	17.08	8.5
30/07/2019	05.36	8.7
30/07/2019	18.04	9.1
31/07/2019	06.33	9.3
31/07/2019	18.54	9.6
01/08/2019	07.24	9.7
01/08/2019	19.44	10.1

While the Gem makes every effort to check the accuracy of tide tables, we recommend that anyone putting out to sea, or walking in an area where they could be cut off, should check with a tide table specific to their location.

The Glamorgan GEM • Contact us...

Tel: 01446 774484 • Fax: 01446 774108

FACEBOOK: GlamorganGEM / TWITTER: gem_news • GEMSportNews

General Manager: jan.irving@glamorgan-gem.co.uk

News Submissions: editorial@glamorgan-gem.co.uk

Editorial Enquiries: philip.irwin@glamorgan-gem.co.uk / TWITTER: @philipGlamGEM 07891 690785

Tim Chapman tim.chapman@glamorgan-gem.co.uk / TWITTER: @TimGlamGEM 07891 690798

Andy Johnstone andy.johnstone@glamorgan-gem.co.uk

Advertising/Distribution/Classified/Notices: sales@glamorgan-gem.co.uk

Sales Manager: jan.irving@glamorgan-gem.co.uk • Sales: wendy.snatchfold@glamorgan-gem.co.uk

www.glamorgan-gem.co.uk

Published by: Glamorgan GEM Ltd., Graig House, 53 Eastgate, Cowbridge, CF71 7EL. Printed by TMP Birmingham.



Cardiff Airport's 'Community initiative' plan

Rugby stars open play park at Colwinston village fete

CARDIFF Airport has launched a new initiative aiming to support the local community entitled 'The Touchdown Programme'.

An airport spokesperson said that it was "an action plan" across four key areas:

1. Charity support - the airport will select a 'Charity Of The Year' to benefit from a number of fundraising activities across the Airport

2. Cardiff Airport in the Community - a grant scheme with three tiered levels of funding available: Gold: £500, Silver: £250, Bronze: £100. Organisations or groups of any size across South Wales can apply for sponsorship or funding for local projects focussed on education and/or environmental impact

3. The Learning Programme - an educational visit scheme for schools, extra-curricular groups and other

community clubs

4. Community Communication - ensuring the airport is talking to and listening to the community through a number of ways, including committees and events.

Deb Bowen Rees, CEO at Cardiff Airport said: "We strive to make a positive contribution to our community as we understand the significance of having an airport in the region, and impact that can have on people's lives.

"Our community is hugely important to us. South Wales is the area where our team and many of our customers live, work and enjoy life so we want to ensure we support the region and give back in as many ways as we can.

"Through the new programme we will establish effective, sustainable partnerships and plan activities that make the best use of the energies and skills

of the whole Airport team."

Applications are now being taken for Charity Support and the Cardiff Airport in the Community grant scheme. The deadline for applications is August 31. The selection process will be completed and announced in November, with the view to selecting and having partners in place by January 1, 2020.

Members of the Cardiff Airport team will also be at The Vale of Glamorgan Agricultural Show on Wednesday, August 7, to meet and talk to local residents about the new Touchdown Programme, we welcome any visitors to the stand.

For more information on the programme, application process and criteria, please visit www.cardiff-airport.com/touchdown-programme/.



Rugby stars Dan Biggar and Dan Lydiate were at the opening.

Continued from Page 1.

Alan Horton, Chair of Colwinston Community Hall Association, said: "This wonderful new facility adds to the various enhancements the Community Hall Association has been able to make to the village hall and surrounds for the benefit of the local community. "This project started nearly three years ago

when an ex-resident Tim Corry acted as the catalyst to kick off the committee's actions and has been delivered with huge support from local residents through the various fund raising and consultative events held to raise the committee's share of funding. "So, thanks to Colwinston residents and friends who have supported us so magnificently! "Finally, thanks are also due to the

Vale of Glamorgan Council who have guided the committee through the whole process and managed the build programme to ensure we hit our opening plan."

The play area is designed to cater for children aged up to 12 years old. In addition to the new equipment, the play area has been completely resurfaced and new seating and bins have been installed.

AS

Open 7 Days
a Week
for all your
flooring
needs

twenty12flooring

Celebrating **TEN** Years

**Tried and Trusted, standing the Test of Time,
Thoughtful and There for you.**

We supply and install all types of flooring

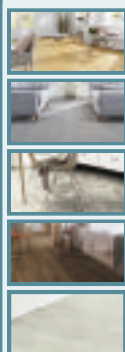


**Vale
MP's
surgeries**

MP Alun Cairns will hold a surgery at The Star Inn, Station Road, Dinas Powys CF64 4DE ON Monday, July 29 between 6.30pm - 7.30pm.

There will be another held at The Wenloe Arms, Old Port Road, Wenloe CF5 6AN on Wednesday, July 31 between 6.30pm - 7.30pm.

No appointment is necessary and all Vale of Glamorgan constituents are welcome to attend.



Laminates

Carpets

Vinyl

Wood
Flooring

Luxury
Vinyl Tiles

- Free measuring service
- Home selection
- Uplift & removal of old flooring
- Move furniture

WE ARE HERE



Will you
take up the
summer
reading
challenge?

A SUMMER reading challenge takes place at Pontyclun Library, Heol-Y-Felin, CF72 9BE on July 30, August 6 and August 13 from 2.30pm - 3.30pm.

Read six library books during the holidays to complete the challenge and collect rewards along the way. There is no age restriction and the event is free.

Call 01443 237843 for further information, or see Pontyclun library at library@rctcbc.gov.uk or visit www.pontyclun.net/library.

NewBold Solicitors



No 1 in Wales for Trust
Pilot Reviews



Another top National award for local law firm New Bold Solicitors.
A firm you can trust to resolve your legal issues, who puts client care first.

Catherine Hartland says: 'the firm is only as good as the team it employs, and here at Newbold we believe we have a great team'.

www.newboldsolicitors.com
01446 700693

Op Hendon nets Class-A drugs

DRUGS and cash have been seized by police following multiple warrants in the Vale of Glamorgan.

Warrants were executed at three addresses in Barry and two addresses in Penarth on July 18 and 19.

Operation Hendon was led by Central BCU's Organised Crime Unit and involved officers from the Op Sceptre team, Territorial Support Team and the dog section.

A quantity of class A drugs, including heroin and crack cocaine, were recovered along with

class B drugs cannabis and amphetamine. £5,000 in cash was also seized during the operation.

A 23-year-old Barry man was arrested on suspicion of possession with intent to supply heroin and has been released under investigation.

A 60-year-old man was reported for summons for possession of a class B drug – amphetamine.

Detective Inspector Sarah Trigg said: "This operation was carried out to target those supplying drugs in our communities. Tackling the supply of drugs is a priority for us."

Afternoon tea raises £2,500 for charities

THREE friends – Sue Llewellyn, Elaine Smith and Jackie Simpson – organised a traditional afternoon tea at Penllyn village hall to raise funds for Parkinson's UK and Kidney Wales.

July 14 was a beautiful sunny summer's day and around 80 guests met to enjoy a splendid cream tea.

The event took place between 1pm and 4pm with the hall decorated in the colours of the charities.

Most guests stayed

for the whole afternoon, catching up with old friends and making new ones. Sue, Elaine and Jackie would like to thank everyone for their generosity in supporting this event by attending, helping and giving prizes for the raffle.

The event raised over £2,500 for the named charities.

If you missed the event but would like to make a donation to either Kidney Wales or Parkinson's UK, call in at the Chocolate Box, Llantwit Major, where you will find Elaine, who will add your contribution to the fundraising.

Father and son team conquer Kilimanjaro



Tim and Chris Colston at the summit.

FATHER and son team Tim and Chris Colston, after 12 months of training, reached the summit of Mount Kilimanjaro (5,895 metres) raising a total of £11,500 for Velindre cancer care centre.

Many local schools, organisations, businesses and individuals donated their

time and money to support the duo's efforts.

It took six days to ascend; three people in the group suffered from severe altitude sickness and had to descend.

Chris felt the full effect of the altitude but fought on in freezing conditions to reach the summit.

He said: "At this altitude it is difficult to get your breath. After six days and

40km hiking we reached summit night, this is 12 hours of graft and mental toughness. Your head is telling you to stop and your body wants to stop; all you can manage to do is put one foot in front of the other.

"The view from the top was breathtaking and the whole experience was life changing."

AS

Appeal for marshals for Cowbridge 10k run

THE organisers of Cowbridge 10k have issued an appeal for marshals to ensure the event runs safely.

Runners raise funds for Cancer Research UK and other good causes and there will also be a 6k run.

Anne Birt, who founded the event, said: "Getting marshals has always been a bit of a struggle, but it is a hugely important part of the whole thing as safety has to be our first concern."

"The run has sold out, with 500 people signed up for both distances. There will be limited places available on the day but clearly with those numbers involved, we must have good safety arrangements."

Marshals would only be required for a couple of hours on Sunday, September 29 from 9.30am to 11.30am, meeting at Cowbridge RFC.

They will be provided with high vis jackets and given specific locations to supervise.

If anyone can help, contact Anne Birt at: annebirt52@icloud.com or on 07976 646 375.

Local ballerinas take to New Theatre stage



SEVEN young dancers from Cowbridge were selected at a audition in February by English Youth Ballet, and are now in rehearsals for a production of the ballet Swan Lake, performances of which are at the Cardiff New

Theatre next month.

They are: Genevieve Carr; Anna Lycett; Joy Price; Gwennan Staziker; Isabella Vaughan; Seren Woodley-Thomas; and Charlotte Saxton.

There are 100 young dancers from south Wales in the production, and Monica Tapiador is one of EYB's principal dancers – she previously danced with English National Ballet and

coaches the young dancers in rehearsals – will be starring in the role of Odile, the Black Swan.

She said: "The advice that I give to the young dancers is that 'ballet is hard' but, if you love it, it can be a beautiful and fulfilling career. Keep your head up, and if you face rejection, just keep working hard and focus on your dreams; they can come true."

Llangan and Treoes news

THERE was so much activity at Llangan Primary School on my last visit of the summer term, writes Nancy Davidge.

What a confident bunch of children we have at Llangan.

The year-6 children organised a 'Llangan's Got Talent' competition on July 16, hosted by Zack and Elis,

Iestyn, Ellie and Rachael.

The children had some beautiful singing and dancing routines.

Llangan has some very talented pupils and they performed for the whole school.

Congratulations to Toulia for singing and playing electric guitar, and to Seren and Ruby who taught all the children 'Baby Shark'.

'CF61' launched

GLAMORGAN Voluntary Services (GVS) has refurbished Llantwit Major Youth Centre, Station Road CF61 1ST as a community resource and the venue, now called 'CF61'.

CF61 is available to rent for a variety of activities at an affordable rate. The building is fully accessible, warm, clean and welcoming and can be used for children's parties and activities; meetings and

conferences; fitness improve the facility for and wellbeing classes locals.

The building also hosts GVS' ReBuild Project funded by the National Lottery Community Fund, for people who would like to improve their mental health and wellbeing through supported volunteering, and who live in the western Vale. If you would like further details about the project, contact GVS.

Visit www.CF61.wales, or Glamorgan Voluntary Services (GVS): 01446 741706, e-mail: enquiries@gvs.wales, or www.gvs.wales.

All proceeds are re-invested in the centre to

Independent Hearing Aid Centre & Earwax Removal Clinic



Established since 1988

We provide a truly personal service, a competitive pricing structure and comprehensive aftercare.

For advice on every leading brand and model, from a leading independent family practice.

Scott Wroe and Jonathan Beeks offer appointments and consultations throughout the week so you have peace of mind knowing that if any problems arise we are here to help; we have the time and expertise to ensure you get the very best results from your hearing aid.

If you would like more information or would like to arrange an appointment, please contact us on:

FULLY EQUIPPED MICROSUCTION EARWAX REMOVAL CLINIC

02920 707760

www.scottwroe-hearingcentre.co.uk

10 Royal Buildings, Penarth, CF64 3ED.

INSTALL

Integrated Skips LTD
We will not be beaten on any written quotation for the Barry area.



- All sizes available
- Delivered & Collected
- Weigh Bridge Facilities now on site
- Free surveys and estimates
- Labour hire to load your skip
- Grab hire & Plant hire
- 95% of our waste is recycled
- Domestic & Commercial
- Council/highway permits arranged
- Roll On Roll Off 15-50 Yards



Unit 12F, Atlantic Trading Estate,
Barry CF63 3RF. Tel: 01446 421072
Email: installskips@hotmail.com



Waste Carrier Number
CB/LE5004GH



A fine turnout in Cowbridge for the Mayor's Sunday Civic Service



ON Sunday, July 14, the newly-elected Mayor of Cowbridge with Llanblethian (Ancient Borough), Cllr Alec Trousdale, held his Sunday Civic Service in the town.

The day was blessed with fine weather, and the Civic Service followed the traditional pattern, with a Service in Holy Cross Church, and a parade to the Town Hall.

Cllr Trousdale was well supported by fellow councillors and a number of dignitaries from around the Vale and Bridgend



county borough, including a number of mayors from neighbouring towns.

PHOTOGRAPHS by MIKE WILCOCK

(wilcock60@aol.com)



Dogs Trust rehoming barn opens

BURDER'S Barn, named after late CEO Adrian Burder, was officially opened on July 17 by members of the Burder family and staff at Dogs Trust.

The new space will provide support to the dogs that pass through the doors of the Pen-y-Fai rehoming centre.

Dogs Trust Bridgend's team of training and behaviour advisors and carers can provide extra training and rehabilitation for up to 50 dogs in their care at one time.

This procedure particularly assists those with specific behavioural needs to help increase their chances of finding a loving new home.

Not only will it be space for the 600 rescue dogs that come through the rehoming centre doors each year, but it will support dogs and their owners across south Wales through Dogs Trust's dog school, training classes based on positive, reward-based techniques to give both owners and their dogs the skills needed to understand each other and build a life-long relationship.

Mr Burder believed



that providing advice and support to dog owners so they could work through any behavioural issues would mean they were less likely to give their dog up.

Angela Wetherall, Dogs Trust Bridgend's manager, said: "We haven't had a space of this size before so we know it's going to be extremely well-used, and we feel

lucky to have this great facility.

"Our late CEO, Adrian Burder who we sadly lost last autumn, championed everything about dog welfare and it seemed

only right to name this new facility after him, hence we have called it Burder's Barn.

"This is testament to his dedication to improving the lives of not only the dogs we care for, but those across Wales."

Animals at Dogs Trust Bridgend experience many different types of training with the training team and canine carers: from recall, socialisation and other techniques such as 'sit' and 'stay', to training such as conquering fears and learning to trust people.

It also provides a warm, dry space to train in when the great British weather isn't on our side.

Angela added: "The staff work so hard to ensure the dogs in our care are well looked after and that includes investing in their training and behaviour.

"I'm sure it's going to go down well with all of the dogs, both at the centre and those who we continue to support once they are in their new homes."

Independence day for Mario

A FIVE-year-old Bridgend boy's wish for more independence will be granted this week, thanks to the Make-A-Wish charity.

Mario Nicu was born with muscular dystrophy, a genetic condition that gradually causes the muscles to weaken and leads to an increasing level of disability.

He has used a Tiny Trax wheelchair on lease,

but has to pass it on to another child for their turn. This week, thanks to the Make-A-Wish cause, he will get his own Tiny Trax wheelchair.

After hearing about the charity from Tiny Trax, who manufacture power-chairs for kids, Mario's mother Ana-Maria put in a request for his own red wheelchair.

She said: "Mario is such a wonderful little boy, who never lets his disability hold him back.

"It will be wonderful for him to be able to grow up with the freedom and independence that his own Tiny Trax wheelchair will afford – he is so happy and excited for it to arrive."

Make-A-Wish UK grants life-changing wishes to children with critical illnesses. TC

Samantha B

SUMMER SALE

50% OFF

ALL SUMMER STOCK plus extra 20% Off

New stock now in!

Marble • Pomodoro • Capri • Adini • Olsen • Bianca • Brandtex • Signature • Great Plains • Ficelle

4 Wick Road, Ewenny, CF35 5BL

Tel 01656 658388

Open Mon-Sat 10am-5pm

PRICES FROM £5

Keen competition for Llantwit Major Nippers at Aberavon event

ON the weekend of July 13-14, 27 keen members of Llantwit Major Lifeguard Nippers attended the SLISA Wales Nipper Championships at Aberavon beach.

Day 1 was a slightly overcast affair but with the super early start and a bit of morning yoga, they were soon raring to go. They began the day with flags and the Llantwit team were placing well, scoring some good points and also managed a few medals for Caleb Stockton (silver), Martha Peagram (bronze) and Morgan Beasley (bronze).

With the flags out of the way, it was time to get the wetsuits on for the girls' Surf Race and the boys' Board Race.

Josie Thomas bagged herself a silver and the Llantwit under-11 girls managed gained a silver

for Emily McDonagh and bronze for Bel Durrant. Maverick Jennings had an exiting board race, showing some great skills catching a wave in to snatch the gold medal. The board rescue, girls' board race and boys' surf race failed to produce any medals for the team, but there were some great finishes and points.

Day 2 was a scorcher, looking more like Bondi than Aberavon. The coaches were greeted by some tired faces, but they were all straight into the dreaded long run for the boys and sprints for the girls. There were some quick times over both sets of races but the team missed out on podium finishes.

In the girls' turn for the long run and boys' sprints, Flo Durrant picked up gold in the girls' under-11 long run, leading the race from the start. The boys were doing well getting through heats to finals races but missed out on the medals. Both sets

were then onto sprint relays where the boys mixed team of Beau Bartlett-Jenkins, Ethan Pledge, Ben Butterworth, Morgan Beasley, Elian Davies and Rees Harris ran a great heat then bagged a Bronze in the finals. Once the sand events were over, it was a quick change into the wetsuits for the final set of water events starting with Super Nipper. The event resembles a mini triathlon with the nippers having to board, swim then run. All the competitors did extremely well to complete the course and the team managed to get a silver through Flo Durrant. There were no more medals for the team from the final events of surf relay, board relay and taplin relay, but the Llantwit team competed until the very end.

The Sker team were outright winners and the Llantwit team came a respectable fifth out of 15 clubs, to the delight of the coaches.



Thanks has to go to the SLISA Wales team who worked tirelessly to put the event on and ensure the days ran smoothly.

Also thanks to all the parents for helping out and the support they gave all the competitors.

Ian Gossell



It was a full day of competition at Aberavon for the Nippers.



With 15 clubs competing, Llantwit were delighted with a final place finish of fifth overall.

EMPLOYABILITY ROADSHOW

CONTACT: ANNETTE HARRISON | 07725 705735

Erddi Symbiochod Ewrop
European Social Fund

Date	Time	Location
Wednesday 31 st July	10:00-12:00pm 1:30-3:30pm	St Athan Community Centre St Athan Gathering Place
Wednesday 7 th August	10:00-12:00pm 1:30-3:30pm	Llantwit Major Train Station Cowbridge Town Square
Wednesday 14 th August	10:00-12:00pm 1:30-3:30pm	Wick Sports Pavilion Cokeinston Primary School
Wednesday 21 st August	10:00-12:00pm 1:30-3:30pm	Ogmore-by-Sea (Follow Signs) St Brides Major (Follow Signs)

CYFLOGADWYEDD SIOE DEITHIOL

CYWILLT ANNETTE HARRISON | 07725 705735

Erddi Symbiochod Ewrop
European Social Fund

Dyddiad	Amser	Lleoliad
Dydd Mercher 31 Gorffennaf	10:00-12:00pm 1:30-3:30pm	Canolfan Gymuned Sain Tathan Man Ymgynnuill Sain Tathan
Dydd Mercher 7 Awst	10:00-12:00pm 1:30-3:30pm	Gorsaf Drenau Llanilltud Fawr Sgwâr y Dref yn y Bont-faen
Dydd Mercher 14 Awst	10:00-12:00pm 1:30-3:30pm	Pafiliwn Chwaraeon y Wig Ysgol Gynradd Tregolwyn
Dydd Mercher 21 Awst	10:00-12:00pm 1:30-3:30pm	Aberogwr (Dilymwrch Arwyddion) Saint-y-brid (Dilymwrch Arwyddion)

U3A members learn about the life of a professional artist



Nick John Rees, a local master of seascapes, on location.

NICK John Rees, well-known to many in Cowbridge through his periodic exhibitions of the town, visited Cowbridge U3A recently to give an insight into the life of a professional artist.

His talk, interspersed with many anecdotes, revealed that making a living out of art is not easy. Because of his dyslexia, art was one of the few subjects Nick was proficient at in school, and he subsequently wanted to attend art college, but his father insisted he needed a 'proper' job so he went to work in a bank.

Eventually, Nick would leave the safety of paid employment to become a professional artist.

A particularly strong influence and mentor was the Welsh artist Sir Kyffin Williams

who counselled Nick to paint what he loved, as this passion would then come out in his work. As the sea has always been a special love, he specialised in seascapes and seaside scenes, many inspired by the Welsh coastline. The medium of his paintings is acrylic, as this paint dries overnight in warm weather unlike oil-based paintings, which can take up to two months to dry. In fact, on hot days acrylic is not suitable for outdoor work as it dries far too quickly. Nick also finds working in acrylic gives his paintings a tactile and three-dimensional quality. As expected, clothes get covered in paint!

Working with acrylic paint means using a palette knife, not a brush. Apparently someone watching Nick at work remarked that it couldn't be too difficult to paint that way and, as he'd been a plasterer for 25 years, he could probably do it! Each painting takes

about two weeks to complete but Nick could be working on several pieces at a time. Photographs are not used as an aide-memoire to finish paintings at home, but occasionally sketches are. Nick brought five paintings with him to illustrate the final product of his labours. Two were of local scenes: one of Watchtower Bay, Barry and the second a triptych of Sully Island at midnight. The others, all with a marine theme depicted Llangrannog Bay in Ceredigion, Mumbles lighthouse, and Church Bay on Anglesey. All of Nick's work is for sale – he doesn't keep the best, although his wife does have several on display at home. If you want to view Nick's paintings your opportunity will come later this year in October, when he will be exhibiting once again in 23B High Street, Cowbridge. SPM

A chance to get on the Cowbridge Art Trail map

COWBRIDGE Chamber of Trade is looking for artists who would like to put forward their work for the Cowbridge Art Trail that will be launched as part of the Visit Cowbridge Campaign, taking place in late September/early October.

The Trail will be a permanent visitor attraction in the town and will be marketed over a wide area, and is open to all types of artwork.

Interested artists and craftspeople are asked to submit photographs of two or three works to Andy Lloyd at cowbridgearttrail@gmail.com for inclusion on the Cowbridge Art Trail Instagram page. Kate Thomas of

Cowbridge Chamber of Trade, said: "Traders will then select an artist whose works they will take and all subsequent arrangements will be made between artist and trader. Artists should include the following information: Title, medium, size (diagonal frame size for 2D works, height and width for 3D); price, name of artist and a contact email address."

"On September 1, we will be asking the participating businesses that don't already have their artwork in place, to select an artist from the list. The businesses will then be issued with a Cowbridge Art Trail sticker to display and will also be featured on the Art Trail leaflets. Businesses wishing to participate should email Kate Thomas on smk.thomas1@gmail.com".

Fundraising in memory of Jeanette

A TOTAL of £2,200 has been raised for the family of Jeanette Macdonald who died in a fatal traffic collision near Fonmon on July 3.

The target figure is £5,000 and so far 114 people have made donations. Mike Heffernan, who has started an 'In Loving Memory of Jeanette' page on Facebook, said: "Tragically, Jeanette was killed in a recent car accident and we are raising funds to ease the burden of Jeanette's loss."

"All donations will go directly to provide support to Jeanette's amazing children as well as funeral expenses. Jeanette was a loving mother, sister, daughter

and auntie. She had the softest heart and would do anything for anyone."

"She was a lovely woman, truly amazing inside and out. She always put everyone else's needs before her own and she was a huge part of the Barry Island community with her continuous help at Barry Island School and with 'Starship' at St John Methodist Church."

"She was kind, thoughtful and an inspiring figure. We want to make sure that we pull together as a community to help her children in this very distressing situation and do as much as we can."

Donations can still be made via the Facebook page. TC

editorial@glamorgangem.co.uk

Green food on the menu for NFU members

NFU Cymru Glamorgan members recently discussed carbon foot-printing and the impact agriculture has on climate change.

Speaking at the meeting, held at Llantrisant Golf Club, Dr Ceris Jones, NFU climate change adviser explained: "Climate change is the greatest and most compelling challenge facing society today and each and every one of us has a part to play to mitigate the climate threat."

"For farmers, this means tackling the climate challenge head on – adapting the way we produce food to help deliver a greener planet for us all."

Outlining the union's ambitions Dr Jones said: "The British farming industry is pushing itself

to become net zero by 2040. This does not need to impact on net farm income, and certainly doesn't mean downsizing production or exporting our production abroad. Instead we need to implement a range of methods to improve our production efficiency, capture more carbon on farmland and boost our production of bioenergy and land-based renewables. But effective incentives are going to be vital in each of these areas."

Dr Jones went on to explain how British farming is part of the solution, stating: "As both a sink and a source of greenhouse gases, British agriculture is uniquely placed to be a key part of the solution to the climate challenge. Our unique landscape and diverse farming systems enable us to produce food efficiently and sustainably, and we

have been very clear in our ambition to build on this further and lead the way in climate-friendly food production."

Gwyn Thomas, NFU Cymru Glamorgan county chair said: "It's fantastic that we as a county have come together to start to discuss this issue. We all have a role to play in contributing towards the industry's net zero aspiration. It's a very ambitious target and in tandem with the industry's commitment, the government must provide effective incentives to help farmers reach this target by 2040."

The chair thanked Dr Ceris Jones for speaking at the meeting and explaining such a complex matter in simple terms recognising "the wealth of knowledge we have working on our behalf within NFU Cymru is second to none."

Police find drugs worth £180k

POLICE officers had a surprise when they went to a house in Barry to deal with a minor matter, writes AJ Sicluna.

Cardiff Crown Court heard that during a search, they discovered massive quantities of cannabis and amphetamine with a street value of £180,000, said prosecutor Tom Roberts.

Luke Brackley was keeping the drugs on behalf of others and told the officers he received no financial gain.

Brackley (40), of Amroth Court, admitted possessing the drugs with intent and was jailed for eight months, the sentence suspended for a year.

Judge Davie Wynn Morgan told him: "I have to impose a custodial sentence. Those who deal in the business of distributing drugs take advantage of vulnerable individuals to avoid being detected themselves. Yours is a classic case; you were completely vulnerable and unable to resist those more sophisticated than you."

Mr Roberts said on June 3,

police went to Brackley's address on an unrelated matter. There was a search, and they discovered large quantities of amphetamine in a hold-all and four packages of cannabis.

Brackley said they had been left at the address by local drug dealers who he didn't name. At no time, he added, had he actually supplied the drugs.

The court heard he had two previous convictions for possessing cannabis.

His barrister James Evans said: "The best mitigation was his circumstances. He has had many difficulties in his life and complex post-traumatic stress disorder with some self-loathing. He allowed his home for the storage of the drugs and knows this was wrong."

He pointed out that he had been in custody since June 3. Recently, added Mr Evans, he had begun to develop a sense of self-worth.

The Judge ordered that he observe a rehabilitation requirement for 20 days and directed that the drugs be forfeited and destroyed.

Llantwit 10k event expects more than 300 competitors

WHEN the Llantwit Major 10k committee organised a race in memory of keen runner David Synan in 2015, it was expected to be a one-off event.

However, given its popularity and success, the fifth 'renewal' will take place on Saturday, August 24 on road and trails around Llantwit on a course that gives the opportunity to enjoy the spectacular views of coast and countryside.

As well as the 10k, competitors can opt for the 5k event, which is attracting a number of

runners who have taken part in the recent 'Couch to 5k' programme that has been organised in Llantwit by the increasingly popular Major Milers' Running Club.

Entries are increasing in number as the date of the race approaches, and it is fully expected that the maximum number of 340 competitors will be involved.

Both races start from the rugby club at 10am and will be followed by the popular 1k Children's Fun Run at 12 noon, entries for which can be made on the day.

All finishers will receive a bespoke medal, while winners

and runners-up in the various categories will be presented with prizes. Entries can be made online by visiting www.llantwitmajor10k.co.uk or myrace-solutions.com/121665/participants?lang=en.

Much of the success of this community event is due to the wonderful support given each year by the volunteers, various businesses and organisations in the town and makes for an active start to a big weekend in Llantwit Major, with the rugby club's popular Party on the Pitch being held on the following day.

JD

Walking netball starts



ON July 15, ladies from the Women's Institute Heritage Link launched their Walking Netball programme.

The Heritage Link comprises members from the WIs of St Athan, Rhosce, Boverton, Llanmaes and Llantwit Major. Walking Netball, which is a partnership between Netball England and the WI, was first launched in England more than a year ago and is now being very eagerly taken up by many WIs across Wales. The aim of the partnership is to empower women through physical activity and netball.

Walking netball is designed to bring ladies of all ages and fitness levels together to improve their health and wellbeing, while

getting a bit of gentle exercise and meeting new people. The project looks to introduce sessions to WIs across the country, and to train WI members as hosts to leave a lasting legacy and encourage WIs to stay active.

The first session was well attended: advisor Gemma explained the game rules and the respective roles of the seven positions. Let's face it, everyone was more than a little rusty since they haven't played netball since their school days.

This was followed by a few warming up and stretching exercises, then a chance to put into practice what they had learned. Although the training session took place on an extremely warm evening, this didn't stop the ladies having a giggle while

having a wiggle (the walking netball motto).

It is well documented that exercise and laughter encourage the release of endorphins which improves our mood and wellbeing. The netball link can receive up to 10 taster sessions without any obligation to continue. Currently they meet on Mondays from 6pm – 7pm on the court behind the Paul Lewis Community Centre, St Athan, but we are looking for a reasonably priced indoor venue for the autumn and winter. The netball is open to all paid up members of the Heritage Link WI and to anyone wishing to join the WI. There is no requirement to book, just come along and join in the fun.

SC

Advertisement feature Popular play centre opens its new nursery

BIJOU in play and enhance their learning and physical development. Bijou Nursery is really embracing the family introducing the FAMILY app to enable parents, grandparents and carers to be involved with your little ones during the day and get regular updates as they progress from nappy changes to eating from play to nap time.

Bijou is responding to people's requests to become a Nursery, with many saying it would be fantastic.

We listened and have done as they asked and have recruited a brilliant Nursery manager to spearhead the Nursery and build on the reputation Bijou has as a safe environment for children where they can

interactive educational toy is located.

We have a canteen for snacks and when the children want peace and quiet, there's our sensory room or our play kitchen, as well as the literacy area and our numeracy spaces, all enclosed in a secure area that RoSPA has given an excellent safety rating to.

Why not find out more and book in for one of our open days during August or visit the website www.bijou-nursery.com?

We look forward to seeing you soon!

Armed Forces Day celebrated at St Athan

SOUTH Wales Aviation Museum in St Athan hosted a service and wreath-laying commemoration on June 29 to celebrate Armed Forces Day.

The service was followed by music from the RAF St Athan Voluntary Band and the museum also displayed

military vehicles, along with re-enactors of the three Axis forces. Those in attendance included the Barry branch of the Royal British Legion, local veterans and Vale MP Alun Cairns.

Mr Cairns said: "Armed Forces Day is an opportunity to pay tribute to our brave service men and women and veterans. It was a huge honour to

attend the Armed Forces Day commemoration at St Athan.

"It's incredibly important that we recognise the sacrifices they make to keep us safe at home and overseas. I would like to thank South Wales Aviation Museum for arranging the event, it was a really special service."

Green Flags are here – and a greener recycling system is on the way

Cllr Neil Moore, the Leader of the Vale Council, is writing a monthly column for The GEM.

I WOULD like to open this column by paying tribute to a friend of mine and a dear friend of Barry Town.

Dilys Colbourne recently passed away, but she will be remembered for her campaigning to keep Central Park 'green', by obtaining funding to refurbish the park with play facilities and sculptures.

Dilys will also be remembered for her determination to ensure the library and town hall were renovated 'for the people of Barry'. My sincerest condolences and thoughts are with her family.

As many GEM readers will be aware, this month the Vale Council has retained its position as one of the best areas in Wales for parks and open spaces. No fewer than 10 council-managed parks and gardens received the prestigious Green Flag in this year's round of Keep Wales Tidy awards. As you may also know, the Vale Council has performed consistently well in these awards in recent years and our sincere thanks must go to the council's Neighbourhood Services team, who work all year round to ensure our public spaces are looking their best.

However, what is especially pleasing this year is to see so many areas that are maintained by local community groups scooping awards, with a total of 13 sites receiving a community award.

These included community gardens, woodlands and nature reserves. It cannot be emphasised enough the role that the community is playing in delivering what were once considered services to be provided by local councils.

As there appears to be no end to austerity, groups like these carrying out work voluntarily will become ever more important



as councils are having to cut some of the services they are not required to do legally.

There is also an obvious link between the communities coming together to improve our green spaces and the role we all have to play in tackling climate change and creating a more sustainable world for future generations.

In relation to this, Cllr Lis Burnett and I will present a motion at the Vale's full council meeting, declaring a climate emergency in the Vale. We will be calling on all councillors to commit to reducing the Vale Council's carbon emissions to zero and to support the delivery of Welsh Government's Low Carbon Delivery plan.

Other councils and the Welsh Government have adopted a similar stance and if agreed, this will put this important topic at the top of the agenda – tackling climate change is something that must be shared by everyone.

To drive this change, we have a carbon reduction policy and have installed 14 new water fountains at locations across the Vale to help cut people's reliance on single-use plastics. We will also be distributing reusable sports bottles at events throughout the summer.

However, while bodies like ours can lay

the foundations, the ultimate responsibility will always lie with individuals to change the way in which they behave.

Continuing on that theme, in the autumn the Vale will take a step forward in cutting waste when new kerbside sorting arrangements for recycling are introduced. The existing co-mingled recycling system, where all recyclable items are placed in a single bag or box for collection, will be replaced – all recycled items will have to be separated at home, before being put out for collection.

These recycling waste collection arrangements are being implemented across Wales as part of Welsh Government's move to reduce levels of contamination in recycling collections and allow even more of what we discard to be reused in some way or another, and not be sent to incineration or land-fill sites.

These changes will initially come into effect in the western Vale this autumn, before being rolled-out to Barry and the eastern Vale in 2020.

Please be aware of these changes and remember to collect your free recycling bags from the Vale Alps Depot, Wenvoe or at any library. You can also check what can and can't be recycled by visiting the Council's website at www.valeofglamorgan.gov.uk/recycling.

Although the Vale has always had very high rates of recycling, with nearly two thirds of our waste being recycled, I am very confident that as a county we will rise to the challenge of pushing this figure even higher, and will ensure that the council provides all of the support residents require to do so.

Finally, I'd like to close my column by reminding everyone that the council's summer events programme is now in full swing.

Details of the events can also be found on www.visitthevale.com.

**WE'RE
OPENING
SOON!**



**BABIES
TODDLERS
PRE-SCHOOL**



AGES
6 Weeks to 8 years

**REGISTER
YOUR
INTEREST
TODAY**

CALL US
01446 771190
www.bijou-nursery.com

Success on the stage for Barry pupils

YSGOL Sant Baruc pupils have had fantastic success over the past few months in the performing arts.

Once again, pupils from classes 5 and 6 had the fantastic opportunity of performing on the Millennium centre stage in the dramatic performance competition at the National Urdd Eisteddfod in Cardiff Bay this year.

The standard was very high, with 11 schools competing from all over Wales. We were very proud that Ysgol Sant Baruc achieved second place.

Bookslam: A team of avid readers went on to compete in the national round of the Bookslam in Aberystwyth. Their task was to impress the judges in two rounds in a 10-minute discussion and an eight-minute dramatic presentation based on their chosen books.

At the end of an exciting day, success came to the presentation team, winning the best performance in Wales! They performed their

interpretation of the book 'The Moon is Red' by Myrddin ap Dafydd – what an achievement!

Book Quiz: Ysgol Sant Baruc went back to Aberystwyth at the end of the month to compete in the National Welsh Book Quiz. After another day of fierce competition, we were pleased to be awarded third prize. The judges were impressed with their knowledge of the novel 'Bancsi Bach', by Dylan Tudur Jones and enjoyed their interpretation of 'Pren and Chansen' by Myrddin ap Dafydd.

What success for the school after all their hard work, both pupils and teachers.

Llwyddiant ar y Llwyfan!

MAE disgyblion Sant Baruc wedi cael llwyddiant ysgubol dros y misoedd diwethaf yn y byd pefformio.

Cyflwyniad Dramatig: Cafodd plant blynyddedd 5 a 6 yr anrhydedd o berfformio ar lwyfan Canolfan y Mileniwm yn y gystadleuaeth cyflwyniad dramatig Eisteddfod yr Urdd Bae Caerdydd eleni. Roedd



St Baruc pupils represented their school in the national final.

safon uchel iawn i'r gystadleuaeth, gyda 11 ysgol yn cystadlu yn y genedlaethol eleni. Roedden ni'n hynod falch o ddod yn ail.

Bookslam: Eleni eto aeth tîm o ddarlennwyr brwd ymlaen i gystadlu yn rownd genedlaethol y Bookslam yn Aberystwyth. Eu tasg oedd creu argraff ar y beirniaid mewn dwy rownd, sef trafodaeth 10 munud a chyflwyniad dramatig 8 munud yn seiliedig ar eu llyfrau dewisol.

Ar ddiwedd diwrnod cyffrous, daeth llwyddiant i'r tîm cyflwyno, gan ennill y perfformiad gorau yng Nghymru! Perfformiwyd eu dehongliad o'r llyfr 'The Moon is Red' gan Myrddin ap Dafydd; beth yw cyflawniad!

Cwis Llyfrau: Aeth Ysgol Sant Baruc yn ôl i Aberystwyth ar ddiwedd y mis er mwyn cystadlu yn Rownd Genedlaethol y Cwis Llyfrau. Ar ôl diwrnod arall o gystadlu brwd, Ysgol Gymraeg Sant Baruc, cipiodd yr

3ydd wobwr dros Gymru, ar ôl iddynt greu argraff arbennig ar y beirniaid gyda'u gwybodaeth am y nofel 'Bancsi Bach', gan Dylan Tudur Jones. Yn rownd y cyflwyniad o lyfr, fe wnaethant blesio'r beirniaid gyda'u dehongliad o 'Pren a Chansen' gan Myrddin ap Dafydd.

Llwyddiant ysgubol i'r ysgol ar ôl holl waith caled y disgyblion a'r athrawon.

Aldrin would love to make contact with Buzz or Michael

ALDRIN Armstrong Collins Wilding-West is a name inspired by the most extraordinary feat in human history – the 1969 conquest of the moon – and it belongs to a man who lives in Barry.

Mr Wilding-West is named after Apollo 11 crew members Neil Armstrong, Buzz Aldrin and Michael Collins.

Neil Armstrong was the first man to set foot on the Moon and died in 2012, aged 82, but Buzz Aldrin, who followed him down the steps of the lunar module, and fellow crew member Michael Collins, are both going strong at 89 and 88.

Over the past week, space enthusiasts across the globe have been marking the 50th anniversary of the landing on the moon which took place at 4.18pm on July 20, 1969.

Mr Wilding-West was born two days after the moon landing and named after Neil and Buzz at the suggestion of his sister – later he officially added Collins to his name in honour of the often unsung hero of the mission Michael Collins.

He still hopes to meet up or talk to the surviving members of the crew.

He said: "Despite many years of

trying, I never managed to make contact with Buzz, Michael, or Neil who has now sadly passed away.

"It's difficult to describe how, after nearly 50 years, being named after these heroes grows so proudly into your bones. Neil's passing was heart-breaking.

"The world lost a humble, legend of a man. I'd so love some contact with Buzz or Michael, but I fear that the 50th anniversary may be my final chance to shoot for a memory that would be so deeply treasured."

Mr Wilding-West, who was born in Theberton, Suffolk, has lived in Barry since 2002.

He is keen to make contact with any other 'Apollo babies' and can be contacted via his Facebook page, 'Apollo 11 – Babies born to the Moon Landing'.

But most of all, he'd love someone to help him make contact with Buzz Aldrin and Michael Collins.

TC

Editor's note: Chris Kraft (middle name Columbus), the legendary flight director for the Mercury, Gemini, and Apollo missions including Apollo 11 died on July 22, just managing to witness the 50th anniversary celebrations for the Moon landing.

Perhaps any others with that name might also like to make contact.

Stockists of Everhot, Esse and Aga range cookers

Over 100 stoves on display in our showroom

Café in Cowbridge showroom now with new outdoor balcony seating area



See us at
The Vale Show
Wednesday
7th August

Topstak

Stoves | Kitchens | Outdoors

COWBRIDGE

Unit 42, Vale Business Park, Llandow,
Cowbridge, CF71 7PF Tel: 01446 771567

MONMOUTH

1 Mayhill Ind Est, Staunton Rd,
Monmouth, NP25 3LX Tel: 01600 711710

www.topstak.co.uk | Find us on:  

We are exclusive dealers for leading brands including:



Residential homes 'transformed'



THE Vale Council's specialist residential services team have been working closely with the University of Worcester's Association for Dementia Studies to transform Southway and Tŷ Dewi Sant residential homes.

Around £430,000 was spent adapting the homes, which have emerged as improved, more dementia-friendly spaces. A letter from the university's associate

specialist praised staff at Southway and Tŷ Dewi Sant for their "understanding of the needs of the residents, and [their] dedication to the projects, which has enabled them to be completed to a high standard within budget."

As part of the transformation, walls have been re-decorated with a calming, neutral-coloured palette. Commissioned photographs of the local area now hang, the an uncluttered, clean and modern look."

What's on in the Vale?

Rhoseo Bingo

THE committee at Rhoseo Community Hall in Stewart Road is holding its monthly Bingo afternoon this Saturday, July 27.

Doors open at 1.45pm for a 2.30pm start, with light refreshments and the usual large raffle. Come and join us for another enjoyable afternoon.

PACT meeting

WHY not come along to Gibbonsdown 'Cuppa with a Copper' which is held every Monday morning at the Aberaeron HUB, Aberaeron Close between 10am and 12 noon?

New man at helm of Porthcawl Rotary

ON July 1 at the Atlantic Hotel in Porthcawl, the outgoing president of Porthcawl Rotary Club, Denzil Gould, handed over the chain of office to the new president Hugh Moatt.

Hugh is not new to Rotary as he previously served as a member of Felixstowe Rotary Club; he is a former merchant mariner and worked in seaport operations management until his retirement.

The evening started with a welcoming address by outgoing president Denzil to the members, honoured guests and to the Porthcawl Town Mayor Cllr Graham Walter.

Denzil thanked all those members who supported him as president during his term of office.

The club gave a big round of applause and thanked Denzil for his year in office.

Newly elected president Hugh gave his welcoming address to the members and guests and thanked Denzil for all his hard work, commitment and enthusiasm during his term as president.

Flowers were presented to Carol Lowery (past president of Inner Wheel) and to the new president of Inner Wheel Mrs Judy Moatt by Denzil.

Hugh then proceeded to welcome and congratulate the president elect Andrew Singer.

Throughout the year Porthcawl Rotary Club raises funds for local and international charities by organising such events as the Rotary Post, the Christmas Carolcade and Christmas Tree Festival.

Rotary also organises many youth events and supports such events as Know Your Blood Pressure day.

Rotary prides itself on its motto 'Service above Self' and Rotarians are



well aware that their hard work for charities can only come to fruition through the support they receive from the general

public, so Porthcawl Rotarians would like to thank the public for their continued support and generosity.

RL included, but incorrect GEM NOTE: Last names (from a different week, GEM readers Rotary handover) were may remember that given. Our apologies go the photo above was to both clubs affected..

Support Garen's goal to find a cure for Parkinson's

A PORTHCAWL man will be playing in the Ray Kennedy Cup in Denmark next month – an international seven-a-side football tournament for people with Parkinson's.

Garen Williams, who works for Bridgend County Borough Council as a Construction Design Officer, was diagnosed with young onset Parkinson's three years ago. Since his diagnosis, Garen has learned about the importance of regular exercise and a balanced diet in slowing down the progression of Parkinson's.

He said: "It is very important to exercise in order to build up strength, balance, good posture and speed. Not only does exercise reduce stress, but it also

enhances a positive attitude to life. Doing exercise focuses my mind on my abilities, boosts my self-esteem and makes me feel good.

"My goal is to raise awareness of Young Onset Parkinson's and to raise money for the Cure Parkinson's Trust. This is also a great opportunity to represent my country in a sport I really love and enjoy.

"Our journey to Copenhagen has been paid for, but we need to raise awareness of this disease of which there is currently no cure."

You can help support the team's fundraising efforts by visiting <https://uk.virginmoneygiving.com/> and searching for 'UKYOPD'.

UK Ministers celebrate Welsh language

VALE MP Alun Cairns visited Ysgol Gymraeg Bro Morgannwg with his colleague Rt Hon David Lidington MP, Minister for the Cabinet Office, to discuss the importance of promoting the wider use and growth of the Welsh language.

Pupils from Ysgol Bro Morgannwg's school council took part in a question and answer session with both Mr Cairns and Mr Lidington. The questions ranged over why the Welsh language is important to the UK Government, what opportunities are available for young people and what the likely outcomes of Brexit will be.

Mr Lidington, who operates as the de facto Deputy Prime Minister, used his visit to Wales to announce that the UK Government supports plans for Wales to have a million Welsh speakers by 2050. He commented

that the language is one of the UK's greatest inheritances and that the UK Government recognises its responsibility to protect and develop it for future generations.

Mr Cairns said: "I'm really pleased that David Lidington has had the opportunity to visit Ysgol Bro Morgannwg. The school demonstrates the great strengths and power that a Welsh medium education offers to young people in Wales."

He added: "It's vital that Welsh medium education is never seen as a compromise to academic ability in English. I know, as someone who is first language Welsh and attended a Welsh school, that it offers huge benefits to pupils and I'm delighted that my colleagues across the UK Government also recognise this."

NGS Open Gardens in Coity next week in aid of charity

THE new garden at 11 Castle Meadows, Coity, Bridgend, is open on August 2 and 3 from 12pm until 5pm.

It is a small, south-facing garden and lies in the historic village of Coity with views towards its 12th century castle. Within the garden there is a summerhouse and small wildlife pond, which add interest.

This family garden has an eclectic planting style and we hope you will experience the 'Wow!' factor – the garden is a riot of colour.

The 'stick it there' policy results in a mixture of perennials, annuals, climbers, self-seeders, baskets and pots which jostle with each other for attention.

A mixture of nearly 30 roses, along with clematis, hostas, heucheras and other plants create a bold palette of colour.

A local art group will be exhibiting some of their work on the day, and hot drinks and cakes will be on sale.

Admission: Adults £3.50, children admitted free.

Visit www.ngs.org.uk for more information and for directions.

RSPCA want to track down dog's owner

RSPCA Cymru is appealing for information after a dog covered in ulcerated tumours was found in Barry.

The brindle Staffie was found in a lane behind O'Donnell Road in May.

RSPCA inspector Sophie Daniels said: "This poor dog was in quite a state. She was covered in ulcerated tumours over her face, neck, back and abdomen. She also had a potential bone tumour in her leg.

"At the vets she was given immediate treatment as she was clearly in pain. However, to alleviate further suffering sadly it was decided that her condition was too severe and the kindest thing would be to put her to sleep."

RSPCA Cymru is appealing for information to try and track down the owner. If anyone has any information, they can call the RSPCA inspector on 0300 123 8018. Calls to the number are treated in confidence.

GRABit
GPHIT Integrated Services Ltd

Groundworks Building Contractors

All size track machinery with drivers available • Suppliers of top soil • Suppliers of sub soil • Suppliers of recycled stone • Suppliers of quarry stone

6 Wheel Loads **8 Wheel Loads**

We cover all aspects of Design and Build.
admin@grabittd.co.uk
01446 700535

Registered Clinical Dental Technicians
Express Denture Clinic
Denture Experts

Implant Retained Dentures
New Dentures - 5 day Service Available
Free Initial Consultation and Advice
Emergency Denture Repairs in 1 Hour
New Flexible Dentures and Chrome Plates
Home Visits Available
Eat, Smile & Talk with confidence
Telephone - Cardiff: 029 20623222
Talbot Green: 01443 222509
Andrews Denture Clinic, 89 Whitchurch Road, Cardiff, CF14 3JP
Threeways Dental Laboratory, Talbot Square, Talbot Green, CF72 8AB
The First Step to a Better Smile

MAESTEG ANIMAL WELFARE SOCIETY
Kittens, young & older cats
All needing a new family!
All cats have been neutered and microchipped
Tel: (01656) 769855
All our work is funded by Charity Shops. Donations always welcome.
Tel: **01656 721496**
www.maesteganimalrescue.org
Thanking everyone for their continued support
Charity Number: 1020630

CLEARLY BETTER ON
PRICE AND QUALITY**G2S WALES**
— Est. 2014 —

Any Window Any Size One Price

0%^{APR} FINANCE NO INTEREST

**CALL NOW**

One price, first time, no pressure, no long visits
FROM A COMPANY YOU CAN TRUST

0% APR FINANCE - NO INTEREST

Silver
PACKAGE OFFER

**5 x WHITE DOUBLE
GLAZED CASEMENT
WINDOWS**

WITH SINGLE OPENERS



12 FIXED MONTHLY PAYMENTS OF
ONLY £199.58*
OR PACKAGE PRICE - **£2,395**

Gold
PACKAGE OFFER

**5 x WHITE TRIPLE
GLAZED CASEMENT
WINDOWS**

WITH DOUBLE OPENERS



24 FIXED MONTHLY PAYMENTS OF
ONLY £129.16**
OR PACKAGE PRICE - **£3,100**

Platinum
PACKAGE OFFER

**5 x TRIPLE GLAZED
FLUSH OR CASEMENT
WINDOWS**

WITH ANY OPENERS, ANY COLOUR
& EXTRA SECURITY

36 FIXED MONTHLY PAYMENTS OF
ONLY £97.08***
OR PACKAGE PRICE - **£3,495**

Prices Include Fitting & VAT **PLUS** Installation Within 4 weeks

COLOURED COMPOSITE DOORS
FROM ONLY £1,197

UPVC & COMPOSITE BACK DOORS
FROM ONLY £649

BIFOLDING DOORS
FROM ONLY £3,624

**CALL US NOW**

01656 349467

SHOWROOM



1 York Park, Chepstow Road,
Bridgend Industrial Estate, Bridgend CF31 3TB

- ✓ Quality company established since 1999
- ✓ A rated energy efficient products
- ✓ Experienced installation teams

www.g2sgroup.co.uk

Checkatrade.com



* Worked finance example: Amount borrowed £2,395 pay £199.58 Per month for 12 months at 0% apr. Total amount payable £2,395 Charge for credit £0. ** Worked finance example: Amount borrowed £3,100 pay £129.16 Per month for 24 months at 0% apr. Total amount payable £3,100 Charge for credit £0. *** Worked finance example: Amount borrowed £3,495 pay £97.08 Per month for 36 months at 0% apr. Total amount payable £3,495 Charge for credit £0. Terms and conditions apply, please ask for details. Offers cannot be used with any other advertised offer, cannot be used in conjunction with any other or previous quotation, discount or offer. Each section of a bay window counts as one window, maximum window size 2.5M x 1.3M. G2S reserve the right to withdraw any offer without prior notice. Finance is only available on orders over £1000.00 And is subject to approval and availability. The G2S group is authorised and regulated by the financial conduct authority. The firm appears on the financial services register (frn: 670683) and is authorised to provide credit broking services. The G2S group act as an intermediary and only offer products from Creation Consumer Finance Limited. Creation Consumer Finance is authorised and regulated by the financial conduct authority (frn: 311518). E&oe July 2019. Images are for illustration purposes only.

Phone scam warning

SOUTH Wales Police is urging residents to be vigilant after reports of scam callers targeting people in Bridgend and the Vale.

Scammers have been targeting vulnerable older people over the phone – claiming that they owe money and if they do not pay they will be arrested. Fraudsters are also calling people claiming there has been fraudulent activity on their bank cards and that they need to pay to sort this out. The HMRC scam call is still being used in which fraudsters claim that a person owes thousands in unpaid taxes and is threatened with arrest if they do not pay. If you have received any suspicious calls you can report it on 101.

Will you absolutely warm to Kelvin?



KELVIN is a sensitive 10-year-old crossbreed who has lived a sheltered life and would like to live in a quiet home with children 14 years and over.

His new owners will need to make sure that they give him time and space to adjust to living in a home environment, so that he can explore the world at his own pace. Canine Carer Heather said: "Kelvin hasn't experienced much in his life and is now loving smelling and admiring all the things around him and is having lots of fun. With time, his personality will shine through and he is sure to be a loving and loyal companion."

For more information, visit www.dogstrust.org.uk.

Volunteers are the guests of honour at store's relaunch



The store invited voluntary groups who have fundraised at the store to enjoy a celebratory lunch.

THE Morrisons Wilkinson, who Barry store originally opened re-launched on the store in 2001. July 18, with a ribbon-cutting by the Mayor of Barry Town, Cllr Margaret

and a raffle to win £100 worth of shopping. Afternoon teas were laid on for the local volunteers who regularly fundraise in the store. There was also entertainment by Ray Tee and Pukka Productions.

For all the latest news from your area - glamorgan-gem.co.uk

Ramblers explore the history around Wenvoe Castle

A GROUP of eight walkers joined Joy from Penarth and District Ramblers at St Mary's Church, Wenvoe in lovely sunshine to take part in the eighth summer evening walk.

Pointing out the inscribed tablet above the church gate which is a memorial to Laura Frances Jenner who was the last of the Jenner family to reside at Wenvoe Castle, they also learned that three generations of the Jenner family were Rectors at this pretty 13th century church.

Heading along Old Port Road to pavement walk beside the A4050 and the new development at Goldsland Walk, a stile led them across a small field near Pugh's Garden Village and uphill by a quiet lane to Burdonshill.

Passing through a metal kissing gate and onto part of the Wenvoe Castle Golf course, founded in 1936 on land surrounding Wenvoe Castle, the home of Hugh Jenner (who became the first president of the club) they carefully followed the edge of the green before descending through tall ferns into woodland.

Then on past a pretty flower patch and into fields on the northern edge of Goldsland Wood, where another field containing young cattle led them to Maes-y-felin and the St Lythans Burial Chamber that was lit up by the evening sunshine with cows quietly grazing beside it.

Deviating southwards and heading along overgrown pathways on the edge of broad bean fields and passing golden barley, they circumnavigated

the end of the wood continuing along rough paths to a broken stile.

Entering open fields with a magical view of the Goldsland Valley, they dipped downhill being challenged by frisky young bullocks that soon gave way and, crossing the Goldsland Brook, they tramped uphill beside a recently cut hay field to New Wallace.

After visiting and making a fuss of Buddy the Shetland pony and passing through the farmyard, they joined the road.

Heading east between high hedges and passing the 19th century Goldsland Farm, they overlooked another part of Wenvoe Castle Golf course, where players were out enjoying the pleasant evening, before heading past the club's entrance and making their way back to the A4050 for the short journey back to Wenvoe village.

On August 1, meet 6.30pm at the bottom of Penyturnpike Road (Millfields entrance) Dinas Powys for a four-mile easy/mod walk taking in Park and Casehill Woods; contact Joy on 01446 737131.

Wear suitable clothing, preferably boots and carry waterproofs, food and drinks. Some degree of fitness is required and if you are in any doubt, then please contact the leader for advice. For up to date information log onto www.penarthramblers.wordpress.com or follow on Facebook.

Programmes and member-ship advice can be obtained from Pam on 029 2025 5102.

Joy Strangward

snowdrop
independent living

Remove the Strain! Light and Easy to Use.

Illusion scooter



Total weight 30.7kg
Speed 4mph
Lithium batteries
10 mile range
(subject to use)
Maximum user weight
20 stone

- Takes apart and reassembles in seconds
- Exceptional legroom even for the taller user
- Heaviest part when disassembled under 10kg
- II-round suspension offers superb comfort
- Supplied as standard with ultra-lightweight lithium battery
- Designed & manufactured with lightweight aircraft grade aluminium components

Sonic wheelchair



- 20 stone weight limit • 18" or 20" seat width
- Height adjustable ergonomic armrests and folding back
- Attendant brakes
- Removable swing away footrests with adjustable heel strap
- Self propel total weight 12kg • Transit total weight 11kg

Light weight aluminium walkers - 3 & 4 wheel



- Manufactured in aluminium
- Height adjustable ergonomic handles
- Easy to use loop lock brakes
- Puncture proof tyres • Easy to fold

02920 707111

Visit us at:

Crown House
Windsor Road
Cogan, Penarth
CF64 1JG

Opposite Cogan Railway Station!

www.snowdropindependentliving.co.uk



For All Your Mobility Equipment & Living Aid Requirements



Not all edible – but these plants are still good for your health

STRESSED gardeners have been told to grow seven key plants in their backyards to help relieve tension and anxiety.

Horticulture experts from BillyOh.com have revealed the plants which can help relieve the symptoms of stress, including chrysanthemums, lavender and gerberas.

Gardening can help to improve mental health as it allows individuals to spend time in nature and forget about the stresses of day to day life.

Certain plants can actually also have a calming effect due to the green of their leaves which is associated with growth, harmony and freshness.

A spokesperson said: "Spending time caring for plants is a great way to help look after your mental health. Nurturing the buds and seeing the plants grow can be very rewarding and helps boost self-esteem."

"In order to properly look after plants, time needs to be spent away from electronic devices, allowing



Gerbera is a good choice in the flower bed.

gardeners to 'zone out'.

"The plants on this list can be put in offices and gardens, but you can also use some of them to make oils and teas."

Plants that can help to relieve symptoms of stress are:

1. Peppermint: It has been found to lower frustration and boost alertness. Menthol, found in the plant, is also a powerful muscle relaxant and can aid digestion.

2. Chamomile: Known for its medicinal benefits since ancient times, Chamomile has

anxiety effects and can also be used as a sleep aid. Commonly taken as a tea, it can also help reduce inflammation.

3. Lavender: The colour and smell of the purple plant is immediately calming. Often used to help soothe agitated babies, the plant's oil is commonly prescribed to help in the treatment of anxiety and depression.

4. Jasmine: The plant makes you feel less anxious and more at peace, meaning that if you place a Jasmine plant in your bedroom you should

wake up feeling more alert. A good night's sleep has restorative power allowing you to feel more positive.

5. Aloe Vera: Known for its anti-inflammatory properties, Aloe Vera is also one of the most powerful plant air purifiers. It helps remove harmful chemicals from the air and as such can help reduce anxiety.

6. Chrysanthemum: Chrysanthemums can help lessen symptoms of worry and stress, and when taken as a tea can help relax bodies. A

good source of Vitamin C which can help boost the immune system and treat coughs and colds, Chrysanthemums can also increase your metabolism.

7. Gerbera: The bright colours of the plant can be instantly calming, with the flowers lasting up to two weeks. Gerberas remove benzene from the air, which is a chemical found in inks. They can help bring a calming atmosphere and encourage a peaceful night's sleep.

AP

Five ways to get fit that cost nothing

FORGET expensive gym memberships, fitness experts have identified the five best ways to get into shape for summer at zero cost.

Researchers at health and fitness site Vivotion.com have found the best ways to get, and stay, fit and healthy without spending money.

They include popular Park Runs, as well as lesser-known regimes such as Green Gyms where participants can help with wildlife conservation while keeping fit.

A spokesperson from Vivotion.com said: "Exercise has so many added benefits aside from helping with weight loss and increasing fitness."

"Many free activities can involve meeting new people and offer challenges, building fitness week on week."

"Some activities such as walking trails mean participants can also involve friends and family. They all, of course, have the added bonus of being free."

Free activities include: Park Runs: Park Runs are a 5k run suitable for all abilities. They take place in over 600 locations and let you run at your own pace. Signing up to the website allows your running time to be added to a national database, meaning you

see where you placed in your Park Run and how you compare nationally.

Green Gyms: They allow you to help conservation while building up your fitness. The exercises involve planting trees and building wildlife ponds. There is a range of activities you can take part in which are all easily adaptable to every ability.

Couch to 5k: This is an initiative from the NHS encouraging Brits to get up from the sofa and go for a run. The regime changes weekly and involves no more than three runs a week. The aim is that nine weeks after starting, you should be able to easily run 5k.

Walking Trails: If walking from Land's End to John O'Groats isn't your thing, there are several trails and specified walks in each of the UK's countryside. Purchasing an Ordnance Survey map can be an easy way to find circular routes and paths you didn't know were in your local area.

Cycle Routes: If you'd rather get fit while taking the weight off your feet, cycling may be the perfect idea for you. There are local cycling groups where you can meet new people and cycle as a pack as well as websites which allow you to find tried and tested routes in your area.

AP

Follow us on Facebook -

[facebook.com/GlamorganGEM](https://www.facebook.com/GlamorganGEM) and

on Twitter -

[@gem_news](https://twitter.com/gem_news)/[@GEMSportsNews](https://twitter.com/GEMSportsNews)

GEM readers get a

10% discount on our services for their individual first matter with us.

Quote: CJCHGEM on booking.



BARRY & THE VALE - HOW CAN WE HELP YOU?

John and Lauren are here to assist you with your residential conveyancing and private law matters supported by designated legal secretaries, providing a vibrant, dynamic and informative service.

The CJCH Barry team is backed by over 130 legal and consulting staff across the four CJCH Welsh offices (Cardiff, Barry, Bridgend and Blackwood).

We stay in touch so that you stay informed.

All of our clients are given direct email and mobile numbers for a hassle free process.

Full range of private property & residential conveyancing services.

Landlord & tenant matters.

Commercial property.

Wills & probate.

Contentious probate matters.

Lasting Powers of Attorney & Financial Deputy/Deputyships (property & financial affairs, & health & welfare).

Visit our **BARRY OFFICE** at
17 Thompson Street, Barry CF63 4JL
T: +44 (0) 14 4642 0043 • E: privatedclient@cjch.co.uk

www.cjchsolicitors.co.uk

John Moore,
Solicitor - Private Client

Lauren Powell,
Solicitor - Conveyancing,
Commercial, Landlord & Tenant Matters

Lexcel
Practice Management Standard
Law Society Accredited

Children Law
The Law Society Accredited

Family Law
The Law Society Accredited

Criminal Litigation
The Law Society Accredited

Mental Health
The Law Society Accredited

Conveyancing Quality
The Law Society Accredited

+44 (0) 19 6730 5949 0333 231 6405

admin@cjch.co.uk

[f](https://www.facebook.com/GlamorganGEM) [t](https://twitter.com/gem_news) [in](https://www.linkedin.com/company/gem-news)



JOE'S DOORS.CO.UK

Welcome to Joe's Doors

Quality replacement kitchen doors at affordable trade prices.

Here at Joe's Doors, we have been in the fitted kitchen industry for over 10 years, and in this time, we have built up a fine reputation which we are really proud of.

So, if you have a tired or dated looking kitchen, then why not replace all the doors, panels and trims? It will make your old tired kitchen look like new again, for the fraction of the cost of a new kitchen, and all fitted in just a day or two.

We have a fantastic range to choose from, and we are very much less expensive than any other quote you will receive. Please call Joe's Doors now for a free quote, no salesman or pressure selling.



BEFORE



AFTER



GREAT BENEFITS

- NO NEED TO EMPTY CUPBOARDS ✓
- NO MESS, NO FUSS ✓
- MOST KITCHENS FITTED IN JUST ONE DAY ✓
- ALL DOORS MADE TO MEASURE ✓



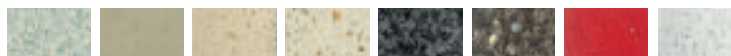
Joe's Worktop Overlay's

Transform your kitchen with a Quartz overlay



Why replace your worktops when this unique quartz overlay simply fits over your existing surface. Look at these amazing benefits:

- HYGIENIC** - a smooth surface leaves nowhere for germs to hide.
- EASY TO CARE FOR** - a quick wipe with a neutral cleaner is all you need.
- DURABLE** - scratch resistant and more than tough enough to withstand everyday knocks and scratches.
- TIMELESS** - there is something about stone that never goes out of fashion.
- EASILY INSTALLED** - in less than a day with no mess.



FREE SURVEY ✓ • FREE DESIGN ✓ • FREE QUOTE ✓ • FULLY FITTED ✓ • NATIONWIDE ✓

01446 688407 • www.joesdoors.co.uk

Lines open: Mon/Sat 9.00am - 6.00pm Sun 10.00am - 4.00pm.



A vintage opening for the Vale's latest hotel



Vale MP and Secretary of State for Wales Alun Cairns at the opening of Llanerch Hotel with Ryan Davies, owner of Llanerch Vineyard.

THE UK's first vineyard hotel has opened its doors in Hensol.

Llanerch Hotel is the result of a £2m investment by Ryan Davies, owner of Llanerch Vineyard, which is home to the award-winning Cariad wines. The two-storey hotel, situated in the heart of the

vineyard, which is just 20 minutes from Cardiff, comprises 26 rooms and suites, each with uninterrupted views of the Welsh countryside.

As well as Llanerch's popular wine tasting and vineyard tours, Llanerch is also home to an award-winning restaurant, which serves lunch, dinner and afternoon teas in the

vineyard throughout the week. As well as the new rooms, including several accessible rooms and dog-friendly rooms, the new hotel includes additional meeting and conference rooms for corporate events.

It was officially opened by Alun Cairns MP. "To become the first vineyard hotel in the UK is a fantastic achievement

for the team at Llanerch," said Ryan Davies, owner of Llanerch Vineyard. "Across Europe, wine hotels are very popular and we wanted to bring that unique experience to south Wales."

Ryan took over the vineyard, which is one of the oldest in Wales, in 2010 with the aim to replicate the successful wine tourism models he

had seen while working in vineyards in New Zealand and Australia, where vineyards are tourist attractions in their own right offering restaurants, weddings and events, in addition to traditional wine tasting and vineyard experiences.

Since then, Llanerch has become the largest commercial vineyard in Wales and attracts

visitors from around the world with its award-winning restaurant and bar, unique marquee and lodge wedding venues, on site cookery school owned by Angela Grey and wine tasting and vineyard tours.

Ryan Davies said: "We have had a number of B&B rooms available at the vineyard since 2010, but as the business grew, so did the demand for accommodation at Llanerch. The popularity of Cardiff, which is just 20 minutes away, as an events destination for everything from rugby to high profile concerts has also pushed up demand for high quality accommodation in south Wales.

"This has been a vision for Llanerch for many years. We have managed every aspect of this project ourselves – the biggest we've ever undertaken – to ensure that the hotel offers the highest quality and that every detail has been thought about, from luxury in-room products to maximising the spectacular scenery enjoyed by every room."

The superior rooms at Llanerch Hotel are 42 sq m and include a super king size bed with a large sofa and living area and a luxury ensuite

bathroom with shower. The four suites, located in each corner of the hotel, are over 45 sq m and include a bedroom with super king size bed, as well as a large living room with sofas and a seating area, which can be separated by a partition, and a luxury ensuite bathroom with shower.

The vineyard's existing courtyard rooms, set in one of the vineyard's original stone outbuildings, have also been fully refurbished in keeping with the new hotel. Each room has a large widescreen smart TV, allowing guests to stream from their own devices, a Nespresso coffee maker and kettle and luxury interiors, including Welsh wool blankets, made at Pembrokeshire's traditional woollen mill Melin Tregwynt, and art by local photographer Andy Stoyke.

The new hotel, which was constructed using only local contractors and builders, will now employ up to 20 new members of staff.

Alun Cairns MP opened the new hotel. He said: "It was a pleasure to open Llanerch Hotel. They've done a brilliant job and created a very impressive venue with exceptional attention to

detail. Llanerch already attracts visitors from around the world and over recent times it has been a privilege to see the venue used as a destination for Chinese travel journalists when Visit Britain are promoting Wales in China. The beautiful surroundings provide a fitting location for the first vineyard hotel in the UK and the significant £2m investment and creation of 20 new jobs is really positive news for our local economy. This demonstrates that Llanerch recognise the opportunities available in the Vale of Glamorgan and I wish them every success for the future."

Llanerch's award-winning wines, branded as Cariad (meaning 'sweetheart' or 'dearest' in Welsh), are made from the vines at the vineyard, which are a mixture of French and German hybrids, well-suited to the Welsh climate.

Llanerch now harvests up to 12 tonnes of grapes and produces around 10,000 bottles of Cariad wine annually. Available as a sparkling blush, a sparkling brut, a dry white, a medium dry white and a rose, the wines are available in Llanerch restaurant and the onsite vineyard shop.

Est: 1993

MPN
WINDOWS.COM

**A family owned award winning business
for customer service. Covering all South
Wales for the last 26 years.**

**All products are made in South Wales.
Buy local and save jobs.**

**WINDOWS • DOORS • CONSERVATORIES
FRENCH DOORS • BIFOLD DOORS • PORCHES**

All special offer terms and conditions apply *

Contact us for a free quotation:

Freephone 0800 158 8800

Text or Call 07976 640959

www.mpnwindows.com

Email: sales@mpnwindows.com

INSTALLATIONS Ltd
WINDOWS, DOORS
M.P.N.
& CONSERVATORIES
WALES No1 DOUBLE GLAZING COMPANY

**Sales Hotline open 9am to 9pm.
7 days a week.**

CARDIFF 02920 508770
BRIDGEND 01656 349515
BARRY 01446 439212

Every installation comes with a 10 year insurance
backed warranty and FENSA Certificate



MPs join forces over visa fees

A CROSS party group of MPs led by Labour's Madeleine Moon and Conservative Richard Graham, have written to Home Secretary Sajid Javid calling for the abolition of visa fees for Commonwealth servicemen and women in the British Armed Forces.

Currently Commonwealth citizens serving in the UK armed forces have the right to apply for Indefinite Leave to Remain (ILR) after four years' service if they choose to stay in the UK. However, application costs have risen considerably in recent years, meaning it would currently cost almost £10,000 in visa fees for a service leaver to settle in the UK with a spouse and two children.

This has created a situation where Commonwealth citizens are often forced to choose between leaving the UK or remaining here and splitting up their family. The Royal British Legion, which has raised awareness of this issue through their 'Stop the Service Charge' campaign, say they provided £36,000 in grants for visa fees last year alone. The letter, which has been signed

by more than 130 different MPs from eight different parties, calls on the Home Secretary to recognise those who have served in the UK armed forces by abolishing visa costs for them and their families.

Mrs Moon said: "These men and women sign up to join the UK's Armed Forces putting their life on the line for our country, and the current visa fees charged do not reflect the nation's gratitude for their service. Having served the UK, Commonwealth service personnel have the right to apply to stay here without having to pay fees so high that some veterans are being pushed into poverty."

Charles Byrne, director general at The Royal British Legion, said: "Charging exorbitant fees to those who have sacrificed so much to serve our country is no way to thank Commonwealth service leavers. We are pleased so many MPs across the House and from different parties agree with our Stop the Service Charge campaign, and that MPs are joining the call to have these fees waived. We hope the Government will listen to these serious concerns."

AS

Speeding signs installed

PENYFAI the village if they are exceeding the speed limit. Dr Hussain decided to spend the £5,000 he was allocated by BCBC on improving road safety for residents and motorists locally. The new signs will flash at motorists in both Welsh and English

if they are speeding. He said: "I get a lot of complaints about people driving too fast through Penyfai. "We have a number of road safety concerns in the community. There is no way residents can walk from Penyfai anywhere in safety."

Barry Amateur Swimming Club hosts historic meeting



ON July 13, Barry Amateur Swimming Club held its 31st Cardiff Bay Sprint meet at Cardiff International Pool.

Brian Hardwicke initiated the meet, known as The RE Sprint Meet at Cogan Pool in Penarth over a weekend in July. The event is highly regarded and this year was no exception, with more than 400 competitors from 22 clubs as far afield as Haverfordwest, Welshpool and Cheddar taking part; there was even one competitor from Dubai.

Rowland Jones was chairman of the local area for many years and the Roland Jones Cup is awarded in his memory to the nine-year-old swimmer who gains the highest point score in the four single stroke 50m events. The winners of the Rowland Jones Cup were Isabella Hurn of Cwmbran Club and Alfie Gilligan of Neath Club.

The Barry Amateur Swimming Club would like to thank all the volunteers and parents who make the meet such a success.

Barry Amateur Swimming Club would like to thank all the volunteers and parents who make the meet such a success.

PENDINE SANDS HOLIDAY PARK, PENDINE

Premium Holiday Park in South West Wales

STATIC CARAVANS FOR SALE FROM JUST £22,995.00 with payment options available (includes 2019 site fees)

Pendine Sands in set directly opposite a 7 mile sandy beach.

Facilities include:

Indoor Heated Pool • VIP Gym • Live Entertainment Cabaret Acts

OPEN CHRISTMAS AND NEW YEAR

Dog-friendly park and beach • All pets welcome



WHY BUY NOW?

Affordable funding options available with deposits from just £2,300.

Plots available with beautiful sea views, for the long hot summer ahead.

To arrange your viewing or for an information pack

Call 01994 453806

or email: denise.woods@parkdean-resorts.com

SAT NAV
SA33 4NZ

Parkdean
Resorts
Creating Amazing Memories

— CARDIFF —
Oakfurniture
CLEARANCE

MASSIVE CLEARANCE SALE

— OVER 20,000 PIECES TO CLEAR —



SOLID OAK TABLES WITH
A CHOICE OF 6 CHAIRS

FROM **£249**



COFFEE TABLES
TO TAKE AWAY

FROM **£29**



HUGE CHOICE OF
LARGE & SMALL SIDEBOARDS

FROM **£99**



SOLID HARDWOOD - SOLIDLY MADE • NO FLAT PACK • NO VENEER!

Images & prices shown are a representation of our constantly changing stock. Actual stock may vary, please see in store for our latest offers

HADFIELD ROAD • CARDIFF • CF11 8AQ
 (ADJACENT TO ENTERPRISE rent-a-car)

Monday – Friday 9am – 8pm, Saturday 9am – 6pm
Sunday 10.30am – 4.30pm

CANCELLED ORDERS or SLIGHT IMPERFECTIONS • EX-DISPLAY • NEW STOCK DAILY



A nostalgic photo from Barry



A mystery photo from Barry, sent to The GEM by Mr Howard Ross. He believes it to be a street party in Daniel Street, Barry, in 1969, and he is looking for more information, in particular names of those in the picture. If you can help, please contact Mr Ross by email on 'howard.ross145@btinternet.com'.

Green Flag awards for parks in Bridgend

NINE of Bridgend County Borough's most beautiful parks and green spaces have bagged themselves prestigious Green Flag awards.

Three sites maintained by Bridgend County Borough Council – Wilderness Lake in Porthcawl, Maesteg Welfare Park and Coychurch Crematorium – have all earned the right to fly the coveted flag, which is awarded by Keep Wales Tidy.

A Green Flag award recognises how welcoming, safe, clean and well-maintained each space is. The award also assesses how appropriately conservation and heritage features are managed, community involvement in maintaining each area, sustainable management of resources, and how effectively each area is marketed.

Bryngarw Country Park and Glanrhyd Hospital also picked up the main Green Flag Award this year, while Green Flag Community Awards were won by the Caerau Market Garden, Spirit of Llynfi Woodlands, the Wilderness Allotment Association and the Badgers Brook Allotment in Bridgend.

Cllr Richard Young, the council's Cabinet Member for Communities,

said "It's absolutely fantastic that so many of our local parks and green spaces have earned prestigious Green Flag Awards this year.

"I extend special congratulations to Coychurch Crematorium on successfully retaining their Green Flag award for the tenth consecutive year. The grounds and gardens of the crematorium create a comforting environment of peace and tranquillity where visitors and mourners can sit and quietly reflect.

"I'd like to commend all of the workers and volunteers for the dedication they put in to maintaining these beautiful green spaces and parks."

Lucy Prisk, Green Flag Co-ordinator for Wales said: "I would like to pass on our congratulations to every single park receiving the Green Flag Award. Keep Wales Tidy is extremely proud that so many parks and green spaces in Wales have reached the high standards necessary to achieve Green Flag status. I'd encourage everyone to get outdoors this summer and enjoy the incredible parks and green spaces we have on our doorstep."

To find out more about the Green Flag awards, visit www.keepwales-tidy.org.

Holiday health for man's best friend

IF you're planning to pack a suitcase for your pooch this summer, make sure you follow this useful guide.

As all dog owners know, it can be heartbreaking leaving pets at home or in a kennel for an extended period of time. But with a quarter of the UK population owning a dog, an increasing number of places are willing to accommodate them.

According to research by Camping in the Forest, who manage 10 dog-friendly campsites in the New Forest, more than 40 per cent of us feel anxious about leaving our dogs behind when we go away on holiday. As a result, more people are opting for trips where dogs are welcome too.

Make sure you get the most from your adventure away with your pups, by following these tips.

1. Have a test run: Sleeping in an unfamiliar place can be a nerve-racking experience for your dog if they've never done it before, but getting pets used to sleeping in different places from a young age will stand you in good stead. Try taking them to a friend or family member's house. If you are planning on camping, it's a good idea to get your dog familiarised with a tent by pitching it in the back garden.

2. Things to remember before you go: Before you head off, make sure your dog is up to date with any treatments, vaccinations and general health checks. Ensure they are microchipped and that pet insurance is valid. If you're heading abroad, check to see if there are any local diseases to be aware of and chat to your vet first. And if you're going

somewhere in the UK, don't forget to pack your doggy essentials - including a bed so they can get their rest somewhere familiar and comfortable.

3. Pack a doggy survival kit: Having a successful trip is all about being prepared and having everything to hand. So what should you include? Basics like food, water and toys should be top of the list. While it's tempting to feed your pooch scraps from the barbecue, it's not good idea to interfere with their eating habits. Some destinations, such as camping sites, request dogs are on a lead when near to wild animals or endangered plants. Having both a short and extendable lead is a good option - ensuring your dog is always under control.

4. Stick to a schedule: Dogs love a routine and they know when it's time to eat and when to go out for a walk. Sticking as close to your dog's regular routine as possible adds a sense of normality in an unfamiliar situation, which will help to reduce their stress.

5. Be a responsible dog owner: If you're out and about exploring, make sure your dog doesn't chase livestock, birds, foxes or even wild ponies. Bob Hill, sites manager at Camping in the Forest, said: "It's important to be a responsible owner to ensure the local wildlife isn't disturbed and that the local environment is preserved for future generations to come."

THE VALE OF GLAMORGAN COUNCIL CYNGOR BRO MORGANNWG

**Planning (Listed Buildings and Conservation Areas) Act, 1990
Town and Country Planning (Development Management Procedure)
(Wales) Order 2012**

Listed Building Consent / Caniatâd Adeilad Rhestredig

Application No./Rhif y cais:
Proposal/Cynnyg:

2019/00807/LBC

Reconstruction of former East entrance arch, partly

demolished by vehicle impact

United World College Of The Atlantic, East Drive, St. Donats

Grade II

Details may be inspected for 21 days at the address given below, or via <http://vagonline.planningregister.co.uk/>

Gall manylion eu harchwilio am 21 diwrnod yn y cyfeiriad a roddir isod, neu drwy <http://vagonline.planning-register.co.uk/>

Dated / Dyddiedig: 25 July, 2019

V. L. Robinson
Operational Manager, Regeneration and Planning,
Vale of Glamorgan Council, Dock Office, Barry.
CF63 4RT

The BIG Summer FURNITURE SALE

NOW ON

THE BETTER PLACE TO BUY RISE & RECLINER CHAIRS...

**More choice than Mobility stores...
THE BIGGEST SELECTION on one floor in SouthWales!**

Over 20 models with Next Day Delivery available

A huge selection from leading brands Sherborne and Celebrity at the best prices - guaranteed!

Our trained sales staff will ensure you select the correct chair for your size, comfort and style.
Selection of chairs guaranteed up to 25 tone.

Kewick Dual Motor Lift & Rise Was £1499.95 SALE PRICE £749.95 VAT exempt price £624.96	Dublin Lift & Rise Was £1499.95 SALE PRICE £599.95 VAT exempt price £499.95
--	---

Sherborne Celebrity

GUARANTEED FOR 5 YEARS

The Hyton
Was £1099.95
SALE PRICE £499.95
VAT exempt price **£416.63**

"Can't get to us, call on 01446 772927 and we'll come to you"

The Place for Homes, Llandow, Cowbridge...

ONLY 15 MINUTES from Culverhouse Cross

Unit 1, Retail Area, Llandow Ind. Est.
Nr Cowbridge, CF71 7PA
Tel: (01446) 772927/772928
SAT NAV CF71 7PA

THE PLACE FOR HOMES

Visit our website at www.theplaceforhomesltd.co.uk
Enquiries: email sales@theplaceforhomesltd.co.uk

www.theplaceforhomesltd.co.uk

IN STORE • ONLINE • INTEREST FREE CREDIT

Out & About with The GEM

Advice for exercising in summer

DRINKING before exercising, trying a different time of day and knowing the medical risks are three of the seven top tips for being active outside in summer sun and heat.

Whether running and cycling or participating in other sports and outdoor activities, the specialists have warned that failure to adjust accordingly to hot conditions could hinder fitness progress and potentially harm overall health.

A spokesperson for Vivotion.com said:

"More Brits will be encouraged to get active outdoors during spells of warm weather over the summer, but direct sunlight and increased

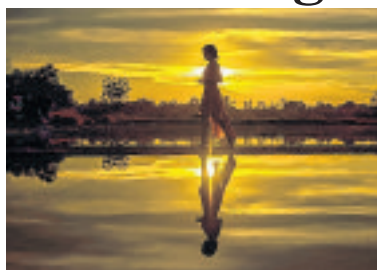
heat can pose extra challenges to exercising. It's especially important to wear appropriate summer clothing, get plenty of water into your system before you feel like you need it and avoid the midday sun.

"If you start to feel uncomfortable or notice any signs of heat exhaustion, stop immediately and try to cool down as quickly as possible."

When exercising in summer:

1. Keep hydrated: it's vital when active during summer heat to make sure you keep sufficiently hydrated at all times. That means drinking plenty of preferably cold water, or specialist sports drinks for intense activity, and avoiding alcohol.

2. Try a different time of day: if you normally



for a run, cycle or play sports outdoors during the afternoon, blazing sunshine should make you think again.

Try getting up earlier and exercising while it's cool before work, or head outside as the temperature starts to drop later into the evening, but steer clear of excessive activity while exposed to the sun between 11am and 3pm.

3. Gradually get used to conditions: If your body is used to participating in outdoor activities during the winter, with cold air and rain to keep it cool, it's important to acclimatise to exercising in heat.

Gradually build up your activity levels, conduct a thorough warm-up and make sure you know your fitness level – don't push yourself too hard,

too soon in challenging conditions and seek out shade wherever possible.

4. Dress wisely: Brits heading outdoors to exercise in summer heat should choose light coloured, loose clothing that's made from an appropriate, ventilated sporting material rather than cotton.

A pair of shorts and a t-shirt should normally do the trick – forget about sweatshirts, track suits, joggers and long socks.

Don't forget to take a cap or sunglasses and sun cream too. 5. Know your medical limits: It's crucial to know how any medication or pre-existing conditions you have may affect your ability to exercise in higher temperatures.

If you're unsure, consult a medical

professional and don't do any activity that could pose unnecessary risks and harm.

6. Watch out for heat exhaustion and heatstroke: According to the NHS, signs of heat exhaustion include headaches, dizziness and confusion, loss of appetite, feeling sick, excessive sweating, pale skin, cramps in the limbs or stomach, fast breathing or pulse, being very thirsty and a body temperature above 38C.

If you can't cool down within 30 minutes and it turns into heatstroke, it needs to be treated as an emergency.

7. Take a cold shower: Taking a cold bath or shower after working out in the heat will lower your core body temperature and be more comfortable than soaking in

Historic loco's trip to Wales



SOUTH Wales rail enthusiasts were in force in Cardiff on Saturday when the loco 70000 Britannia arrived in Cardiff.

Enthusiast and photographer Mike Wilcock explained: "It was here for the first time in many years and on a tour from Crewe. Built in 1951, it featured in the Festival of Britain in 1953. The loco took delivery of more coal and water; afterwards, it went light engine to Newport to turn round on a triangle of track, to be ready for the return trip with its 13 carriages."

Mike's film of the 70000 Britannia has already had more than 1,400 views on YouTube.

Image by Mike Wilcock.

Horrible Histories makes for a fun film



All for one, and one for all, in the 'Horrible Histories: Rotten Romans' movie.

BASED ON Terry Deary's popular children's book series, Horrible Histories: The Movie – Rotten Romans expands on one tattered page from our inglorious national past for 92 minutes of toilet humour-laden edutainment punctuated by rumbustious songs.

Director Dominic Brigstocke and his accomplices – screenwriters Caroline Norris, Giles Pilbrow and Jessica Swale – struggle to replicate the breezy, madcap tone of the long-running Horrible Histories TV series, which adopted a sketch format to hop between eras.

Rattus Rattus, the puppet vermin host of the small screen incarnation, is consigned to a pastiche of the MGM company logo at the beginning of the film and a brief coda to confirm

any stomach-churning facts underpinning the on-screen tomfoolery.

Song lyrics are snappy and pitched at a young audience.

"I'm better than Caesar/A real diamond geezer," raps an emasculated Emperor Nero (Craig Roberts) as he attempts to emerge from the shadow of his formidable mother, Agrippa (Kim Cattrall).

"I'm the real McCoy/I'm not a mummy's boy!"

Fleeting cameos provide a few giggles for parents and teenagers.

Warwick Davis delivers a stirring speech as a gladiatorial trainer, who tells his sweat-glittered wards: "I want you all to give it CX percent," and Sir Derek Jacobi adds gravitas to Emperor Claudius, who perishes shortly after his throat is tickled with a poisoned feather.

In 54 AD, enterprising Roman teenager Atti (Sebastian

Croft) earns the gold coins he needs to buy a new pair of sandals by passing off a vial of horse urine as precious gladiators' perspiration.

Nero (Roberts) receives the bottle as a present and seeks a fitting punishment for Atti's deception.

"I'll send you to Britain," snarls the emperor and he condemns the weakling to serve as a centurion under Decimus (Lee Mack), who dreams of retirement on Italy's sun-drenched shores.

Far from home, Atti meets feisty Celt teenager Orla (Emilia Jones), whose tribe are part of a rebellion against the Roman empire led by fame-hungry Boudicca (Kate Nash), queen of the fearless Iceni.

Atti and Orla develop a touching friendship as they join forces to rescue Orla's light-fingered grandmother Brenda (Joanna Bacon) from the clutches of a

rival clan. By working together, Atti and Orla hope to outflank the military manoeuvres of Governor General Paulinus (Rupert Graves) and send the Romans back home with spears between their legs.

Horrible Histories: The Movie – Rotten Romans gallops through 1st-century betrayal and bloodshed with vim and a mischievous schoolboy grin.

Bodily fluids are used as easy punchlines and wanton violence remains cartoonish like when one character is decapitated and the woman who catches the severed noggin casually inquires: "Anyone missing a head?"

Croft and Jones fling themselves into their roles with gusto, emphasising a strong message of collaboration that should resonate clearly with the target audience.

No swearing; no sex; violence: Rating 6/10.

PA

be delicious!
with Slimming World

NEW CONSULTANT FROM 30/7 Tuesdays 5.30pm Westward Community Centre, Bryntirion Rita 07341 840764 Mondays 5.30pm Crossway Methodist Church, Court Road, Barry Karl 07411 621866 Mondays 5.30pm Celtic Way Community Centre, Rhose Helen 01446 750738/ 07968 355119 Mondays 5.30pm and 7.30pm Elfed Avenue United Church, Elfed Avenue, Penarth Martin - 07444 374377 Tuesdays 9.30am, 11.30am, 5.30pm & 7.30pm Parish of Our Lady & St Illtyd, (Catholic Church), Ham Lane East, Llantwit Major Helen 01446 750738/ 07968 355119 Tuesdays 6.30pm The Old School, Sully Nicola 07951 510871 Wednesdays 4.45pm and 6.45pm St Francis Millennium Centre, Park Road, Porth-Y-Castell, Barry Annmarie 07837 497523 Wednesday 5.00pm All Saints Church Hall, Victoria Square, Penarth Julia 07718 284171	Wednesdays 3.30pm, 5.30pm, and 7.30pm Bridgend Deaf Club, Coychurch Road, Bridgend Helen 07714 170908 Wednesdays 5.30pm and 7.30pm 5th Barry Sea Scout Hall, Everard Street, Barry. Karl 07411 621866 Wednesdays 9.30am Cowbridge Rugby Club, Cowbridge Martin 07444 374377 Wednesdays 5.30pm Cowbridge Rugby Club, Cowbridge Dawn 07800 913429 Thursdays 5.30pm and 7.30pm The Cabin Next To Swim Pool, Hebron Hall, Cross Common Road, Dinas Powys Renae 07495 208966 Thursdays 8.00am, 10.00am, 12.00pm, 3.30pm, 5.30pm, 7.30pm Sarn & Brynwlis Social Club, Bryncoch Road, Sarn Scott 07498 780419 Thursdays 9.30am Nolton Church Hall, Merthyrmaur Road, Bridgend Donna 07790797008 Thursdays 5.30pm St Davids Church Hall, Wimborne Road, Pencoed Helen 07714 170908	Thursdays 5.30pm Highlight Park Community Centre, Barry Annmarie 07837 497523 Thursdays 9.30am & 11.30am Memorial Hall, Cenotaph Entrance, Gladstone Road, Barry Nicola 07951 510871 Friday 9.30 and 11.30am The Cabin next to Swim Pool, Hebron Hall, Cross Common Road, Dinas Powys. Renae - 07495 208966 Friday's 9.30am Crossway Methodist Church, Court Rd, Barry Karl 07411621866 Saturdays 7.30am & 9.30am The Gathering Place, Flemington Road, St Athan Helen 07968 355119 Saturday 9.30am Cwm Talwg Community Centre, Cwm Parc, Barry Vicky 07957 958900 Saturdays 7.30, 9.30 and 11.30 Colcot Community Centre, Keats Way, Barry Martin - 07444 374377 Saturdays 8am and 10am All Saint's Church Hall, Victoria Square, Penarth Julia - 07718 284171
---	--	---

slimmingworld.co.uk
0344 897 8000

Marigold: a hidden gem, and a must for all foodies

The range of dishes caters superbly for all tastes. This hariyali-piazza went down a storm with the reviewer.



AT the edge of the Vale with enviable views over Cardiff, you will find the Indian Marigold restaurant on The Tumble, St Nicholas.

The building was once home to the Traherne Arms, and has retained its old Welsh hostelry charms complete with stone walls but now has a relaxed, contemporary feel to the dining room with a gentle Indian influence.

The restaurant was opened some nine months ago by Neha and her team, who have, between them, many years' experience in the restaurant business.

This experience in the business is apparent in the inspiring menu on offer. Not a huge menu by any means, but this is good news as each item on offer will fill Indian food lovers with excitement as it becomes clear that this is no ordinary restaurant.

Of course, the traditional favourites are available including tikka masala, jalfraizi and Madras, and there is plenty of choice for vegetarians and seafood lovers too. The menu becomes really exciting, however, when the house specialities are considered and it's a tough decision to make when they are all so appealing.

Two of us opted for the Marigold Trios, delightfully presented starters comprising tasty onion pakora, tandoori paneer and channa chat for the vegetarian option and the incredible tandoori king prawn, calamari and crunchy soft shell crab in the seafood selection. It was apparent that the main course was going to be something special.

I'm not a fan of the super-hot chilli burn common in average curry dishes, but prefer a skillful combination of spices and

flavours. Neha and her team are, I am pleased to say, masters at it.

The vegetarian dish was typical of the South Indian cuisine on offer, the tongue-twisting brinjal aur aloo tamatar, which was packed full of flavour and which Chef takes extra care with, as the aubergines can take a little more heat to bring them alive.

The hariyali-piazza was recommended, and certainly didn't disappoint. Almost too beautiful to eat, the succulent chicken was complemented by a timbale of rice, complete with crispy onion topping and a spicy tomato sauce for even more flavour.

I opted for the Hyderabad chicken biryani, a regional dish and typical street food cuisine, and with its spice combination and delicious

sauce it was also a winner.

Too full for dessert, we rounded off the meal with some liqueur coffees, which

were also excellently presented.

The restaurant has an informal, friendly atmosphere and Neha and team would like to welcome families to dine during the summer. For the under-10s, the restaurant is offering free meals until August 30, and the kids' menu, inspired by the owners' five-year-old son, will appeal to even the fussiest eater.

This restaurant is definitely one of the best-kept secrets in the Vale. If you haven't eaten at the Indian Marigold, I suggest you pay a visit before it becomes impossible to book a table. I cannot wait to return.

CB

Starters from £4.50, main courses from £8.75.

For more information – including opening times – visit indianmarigoldonline.com or call 02921 321091.

A new member for business club

THE Bridgend and Vale Business Club (BVBC) was thrilled to welcome Wendy Snatchfold from The GEM as one of its members.

She joins 30 other businesses in networking and referring business to each other.

The GEM will offer great rates to members for advertising and will have exclusive coverage of the BVBC awards at the Best Western Heronston Hotel and Spa on November 2.

Wendy is pictured above with the eponymous owner of Steve Richmond Carpets, a founder member of BVBC.



The essence of successful Continental motoring



A GEM staffer preparing for a trip to France by road and sea this summer checked online the availability of premium (98 or 99 RON) fuel in Normandy.

To his slight surprise, he saw that the fuel labels on the Continent had changed since his sojourn there last summer.

After a *sacre bleu!* and a *zut alors!* followed by a quaintly Gallic shrug, he contacted Hayley Pells, The GEM's on-hand guru for all things automotive and a published industry expert for advice.

Here's what she had to say.

BE sure to familiarise yourself with the new fuel labels before starting your journey.

From October last year, the old labels for fuel disappeared, replacing them with the new symbols, the purpose of the new regime is

to remove confusion and standardise the delivery of information to the consumer. This new method will also be displayed by the car manufacturer as well as the fuel resellers in order to make the correct identification of fuel type easier for the motorist.

It will be up to the UK to decide how the rules regarding labelling will apply after Brexit. The increase of bioethanol in petrol has been of particular interest as consumption increases in line with the drop in sales of diesel vehicles.

It is anticipated that the UK will follow suit with labelling as it is currently implementing the same fuel standards here in order to help deliver the Renewable Transport Fuel Obligation in a cost-effective manner. Described as a "no-brainer" by the BBC, the increased amount of bioethanol will deliver substantial reductions of harmful emissions, but the Department for Transport has identified potential areas that may cause damage to older cars, these could include:

A guide to the new symbols

E5, E10 or E85 in a circle refers to petrol, the number represents the percentage of the bioethanol content. We currently use E5 in the UK and this is considered safe for older vehicles.

B7, B10 or XTL in a square for diesel, again the number represents the percentage of the bioethanol content. Gaseous fuel will remain in the familiar lozenge, the letters representing the type of gasses available.

High times in Ho Chi Minh City



WHETHER you call it Saigon, or – to give it its full title since 1972 – Thành phố Hồ Chí Minh, this southern Vietnamese city roars a jolly path through life, the exuberance of the scooters, motorcycles, and cyclos forming what appears to be an infinite cavalcade along its French-themed boulevards.

It is the foremost business address in Vietnam, in the main driven by the ethnic Chinese community which makes up a substantial proportion of the city's eight million residents.

Despite new skyscrapers and hotels altering the modern landscape, much of the city scene is focused at pavement level, with street-food stalls dotting street corners and hawkers shouldering their wares, which are suspended from bamboo poles. Such sights and scents

would have been familiar to Graham Greene among others in pre-war days.

A beguiling blend of the old and new and the possible, Ho Chi Minh is very much Vietnam's metropolis of the future.

Now some 110 years old, for example, the Taoist Jade Emperor Pagoda is one of the most spectacular in Asia. Its roof is covered with statues of dragons, birds, and animals, while fiendish-looking Taoist and Buddhist deities inhabit the interior. Carved gilt woodwork, clouds of incense and a general air of mystery combine to provide a very other-worldly ambience.

Pride of place here goes to the statue of the Jade Emperor, the Ruler of Heaven in Chinese mythology. Supplicants will, most of the day, make their devotions. Kim Hua, the goddess of fertility, Yanluo Wang, the King of Hell, lurks

nearby and together with rather explicit illustrations of the fate (think Hieronymus Bosch, but transported a few thousand miles east and you're about right) awaiting sinners in the afterlife. You have been warned...

Art and lacquerware top many shoppers' must-have lists, and there is no shortage of galleries and boutiques stocking both.

For jewellery, including made-to-order items that can be made overnight in some cases, drop by the famed Ngoc Trai shop. Notre-Dame Cathedral Basilica of Saigon (officially – deep breath – Cathedral Basilica of Our Lady of The Immaculate Conception) and its twin spires at the northern end of Dong Khoi is unmistakable, perhaps even more so now that the spires jar with the glass façade of the nearby Diamond Plaza shopping mall. The cathedral was built in the 19th century, complete with ornate marble

reliefs and stained-glass windows; it continues to be used by the city's many Roman Catholics.

Ho Chi Minh – in common with many Asian cities – loves nothing more than to party, although curfews tend to come and go at the mercurial whim of the civic authorities.

Weather permitting, little beats starting the evening with a sunset rooftop cocktail. Try Saigon Saigon for some old world (French) colonial charm, chic modern style of the Chill Skybar. Take your chances at a casino, mix with the locals at one of the many streetside beer joints, or venture down the Saigon River on a dinner cruise.

The adventurous could visit the quaintly-named – and quite legendary – Apocalypse Now bar. Russian roulette might be your cup of tea, but I prefer the advice to "never get out of the boat".

Unless, that is, you're going all the way... AJ

Barry Rotary Club's duck race brings



THE Rotary Club of Barry's Charity Duck Race and Summer Fete, held on Saturday 20th July at the Knap Gardens, has been hailed as a success!

The event was well supported and large crowds cheered as 2,400 ducks raced along a specially created lane in the Knap lake! The winning ducks were as follows:

1st place - Duck 1635, sponsored by Archie Merlini.

2nd place - Duck 1125, sponsored by Harrison Davies.

3rd place - Duck 109, sponsored by Griff's Garage

To add to the entertainment, there were traditional activities such as a coconut shy, craft

and cake stalls plus a host of stalls provided by other local organisations. All in all fun-filled family day with a great range of free entertainment provided by the Vale Council's Sports and Development Team!

Bro Radio also supplied music and commentary throughout the day.

The president of the Rotary Club of Barry, David Jakeway, thanked all organisations and volunteers who took part and supported in various ways, and also thanked the general public who sponsored ducks and came along on the day!

Proceeds from the duck race will be used by Barry Rotary Club to support local good causes.

Vale MP Alun Cairns was among those in attendance and had the pleasure of starting this year's duck race.

People were encouraged to buy a duck ahead of the race, with the winner race awarded a first prize of £200.

Mr Cairns said: "It was a privilege to start the duck race this year. I want to say thank you to everyone who played a role in organising the event, the Rotary Club did a fantastic job again."

"There was so much for people to do throughout the day and I was particularly impressed with Motion Control Dance group, who put on an excellent performance!" *Motion Control are pictured, below, with Mr Cairns and David Jakeway.*



the crowds out to the Knap Gardens



Charity angling competition returns to Llantwit Major

OVER the past 7 years, £12,000 has been raised for a biofeedback machine for children suffering from bladder disorders, Cystic Fibrosis, Marie Curie, The Stroke Association, Diabetes UK, Mental Health Awareness, Wales Air Ambulance, Jade's Wish to Walk, Ty Hafan, A Price on a Life, The Jacob Abraham Foundation and Parkinson's UK.

This year, funds are being raised for Velindre Cancer Centre and St Baruc's Ward Barry, for people with Dementia and Alzheimer's and all funds raised from the entry and raffle will be split between the two charities.

Organisers Mark Cowell and Sally Owen run these events independently, relying on donations from friends, anglers and local businesses for prizes and thank every

one for their continued support as without it, the events would not be such a great success.

Special thanks go to the Maria Hughes of Llantwit Major Beach Cafe, who has supported the event every year donating cash prizes and allowing the cafe to be used for the book-in and presentations, local businesses Chris Davies Estate and Letting Agents, Ben's Barbers, Sunkissed Beauty and Tanning, Cafe Unwind, Coast Cafe Bar, Chris Pope Motor Services, Jay and Kelly of The Old Swan - and all the fishing tackle shops and anglers who fish and donate prizes every year.

The event will take place on Sunday, August 4 at Llantwit Major beach with cash prizes for winners. For further information or to donate a prize, contact Mark Cowell on 07721 791210 or Sally on 07773 272885.

Reading challenge

A SUMMER reading challenge takes place at Pontyclun Library, Heol-Y-Felin, CF72 9BE on July 30, August 6 and August 13 from 2.30pm - 3.30pm.

Read six library books during the holidays to complete the challenge and collect rewards along the way. There is no age restriction and the event is free. Call 01443 237843 for further information, or see Pontyclun.library@rctcbc.gov.uk or visit www.pontyclun.net/library.

FOR SALE



Le Sor Hill, Peterston Super Ely

3 bed semi detached property.
Fully modernised.
Rural setting.
No Chain

Full details can be viewed on

Zoopla
£299,950

01446 760822



BARRY TYRE AND AUTOCENTRE

ALWAYS STRIVING
TO BRING YOU NEW PRODUCTS!



We sell all major brands, including:



plus lots more...

Air conditioning check & re-gas available



FREE Car Care Kit

with every pair of
General Tyres or
A Full Service

While stocks last



LOWER GUTHRIE STREET, BARRY CF63 4PS
01446 737447

Mon - Fri 8.30am - 5.30pm
Saturday 8.30am - 1pm



HOLTON ROAD, BARRY CF63 4HU
01446 745888

Mon - Fri 8.30am - 5.30pm
Saturday 8.30am - 1pm

WE WILL NOT BE BEATEN ON PRICE!

All major credit cards accepted.



Find us on Facebook

www.barrytyreautocentre.co.uk



To apply call the hotline, e-mail us at HOMES4U@valeofglamorgan.gov.uk or apply in writing to:
Vale of Glamorgan Council
Environment and Housing
Civic Offices, Holton Road
Barry CF63 4RU
www.valeofglamorgan.gov.uk

APPLICATION DEADLINE: 31ST JULY 2019

All Homes4U properties have double glazing and central heating unless otherwise stated and will be allocated to the maximum occupancy.

It may take longer to rehouse you if you are awarded medical priority as there is a shortage of accessible and adapted homes in the Vale.

COLLEGE ROAD, BARRY (NO PETS)

H4U reference 205404

Pref to larger families

- Three bed parlour house

Rent £118.19 per week inc water

MOREL STREET, BARRY

H4U reference 217316

- Three bed house

Rent £121.00 inc water

SPRINGFIELD RISE, BARRY (NO PETS)

H4U reference 224321

55+

- One bed flat
- First Floor
- Water Meter
- Community Alarm

Rent £91.72 per week inc alarm

WEST WALK, BARRY (NO PETS)

H4U reference 227830

40+ Pref given to apps with med priority

- One bed flat
- Ground Floor
- Level Access Shower

Rent £102.97 per week inc water

LONGMEADOW COURT, COWBRIDGE

H4U reference 230265

60+ Pref to apps with a medical priority

- One bed flat
- Wet Room
- First Floor
- Warden/alarm

Rent £128.73 per week inc water/warden

PANTYCOED, LLANBETHRY

H4U reference 232445

- Three bed parlour house
- Oil central heating

Rent £119.70 per week inc water

CRAWSHAY DRIVE, LLANTWIT MAJOR

H4U reference 234211

60+ Preference to apps with a med priority

- Two bed bungalow
- Level access shower
- Community Alarm
- Ramp Front
- Warden

Rent £134.49 per week in water/alarm

GATEHOLM CLOSE, BARRY

H4U reference 464969

- Two bed house

Rent £111.73 per week inc service charge

THE BEACON, PENARTH

H4U reference 142133

- Two bed flat
- Ground Floor

£109.81 per week inc service charge

AVOCET COURT, BARRY

H4U reference 1011387

- Two bed flat
- Ground Floor

Rent £95.80 per week

ELIS FISHER COURT, BARRY (NO PETS)

H4U reference 987478

55+ pref to apps with a med priority

- Two bed flat
- Second Floor (lift)
- Level access shower
- Independent Living Officer

Rent £138.97 per week

EXPRESSIONS OF INTEREST

Expressions of interest are invited for the following developments. A local lettings policy applied to all. Allocations are based on highest priority connection to the area, then banding and date.

1. PICCA CLOSE, CULVERHOUSE CROSS

H4U reference 160991

Local lettings policy applies

- One bed flat
- Ground Floor

Rent £92.15 per week inc service charge

2. HEOL CAE PWLL, COLWINSTON

H4U reference 135958

Local Lettings policy applies

- One bed flat
- First Floor

Rent £96.62 per week inc service charge

Wale of Glamorgan Council Rhedf Housing Association Newydd Housing Association Gwent Reach Rhedf and West Housing Association

You must be a HOMES4U member to apply for any of the rented homes. When bidding for more than one property you will be asked to state your order of preference. All descriptions and other details are given in good faith and are believed to be correct but any potential tenant should satisfy themselves as to their correctness.





Grove Road , Llandow
4 Bedrooms
Extended
Superb rural views

£400,000 E52



NEW

Glyndwr Avenue, St Athan
4 Bedrooms
Extended
Driveway

£199,950



NEW

Beaconsfield, Wick
4 Bedrooms
Garage. Driveway
David Wilson New Build

£324,950 B84



Chris Davies



Caer Worgan, Llantwit Major
3 Bedrooms
Conservatory
Well Presented

£209,950 D64



Brecon Street , Llantwit Major
3 Bedrooms
Well Presented
Driveway. Garage

£179,950 D64



Bedford Rise, Llantwit Major
3 Bedrooms
Double Driveway
Impressive Garden

£162,500 D61



Colhugh Street, Llantwit Major
3/4 Bedroom
Stunning Period Home
Walking Distance to Beach

£369,950 D66

Rhose 01446 711900
Llantwit Major 01446 792020
Barry 01446 700007
sales@chris-davies.co.uk



Wordsworth Close, Llantwit Major
5 Bedrooms
Log Burner. En-Suite
Rarely Available

£405,000 D61



Church Meadow, Boverton
3/4 Bedrooms
Garage/ Driveway
Conservatory

£209,950 C71



Stradling Place, Llantwit Major
3 Bedrooms
Conservatory
Impressive Garden

£199,950 D64



Sunnyside Cottage, St Athan
5 Bedrooms
Annex
Conservatory

£510,000 D63



Yew Tree Grove, St Athan
5 Day Notice: We have received an offer of £85,000.
Any increased offers are to be received within 5 days
of this publication at Chris Davies Estate Agents.

£99,950 D65



Pembroke Place, Llantwit Major
4 Bedrooms
Garage
No Forward Chain

£219,950 E54



Eagleswell Road, Llantwit Major
4 Bedrooms
2 Receptions
Extended Garage

£234,950 D68



St Johns View, St Athan
2 Beds. No Chain
Garage. Driveway
Southerly Rear Garden

Offers Over £190,000

Lets!



Coed Y Capel, Barry
Two Double Bedroom House
Drive For Two Cars
Garage
Council Tax Band D. EPC C69. £675pcm



The Wheate Close, Rhose
Fully Furbished Two Bedroom House
Modern Bathroom With Shower
Modern Kitchen
Driveway Parking
Council Tax Band C. EPC D61. £700pcm



Neptune Court, Barry
Brand New Two Bedroom Apartment
En Suite To Master
Front Water Views
Modern Throughout
Council Tax Band C. EPC C83 . £725pcm



Mariners Walk, Barry
Three Bedroom House
Double Driveway Parking
En Suite
Cloakroom
Council Tax Band D. EPC B83. £925pcm



Crawshaw Drive, Llantwit Major
3 Bedrooms
No Forward Chain
Garage

£164,950 D68



College Terrace, Llantwit Major
3 Bedrooms
West End Location
No Forward Chain

£294,950 E52



18 Ash Lane , St Athan
3 Bedrooms
20' Loft Room
Rural Aspect

£189,950 D65



Heol Pentre'r Felin, Llantwit Major
4 Bedrooms
Cabin. En-Suite.
Conservatory.

£319,950 D65



Sea View Place, Llantwit Major
3 Bedrooms
Driveway
No Chain

£194,500 D59



St Johns View, St Athan
4 Bedrooms
Driveway. Garage
Quiet Location

£322,950 B84



NEW PRICE

2 The Green, The Square, St Athan
3 Beds, 2 Receptions
GCH Combi
Period Features

£229,950 E40



Pinewood Square, St Athan
2 Bedrooms
End Terrace.
No Chain. Driveway.

£114,950 E52

For Lettings enquiries call
01446 792020
option 2
lettings@chris-davies.co.uk



chris-davies.co.uk

Aerials, Digital, Satellite and TV Repairs

SONOS WIF
Wireless Sound
Systems
Supplied and
Installed

ONE VISION
DIGITAL AERIAL & SATELLITE SERVICES INSTALLATIONS

Free Sky TV Dish & Sky Box Installation
Ring for Latest Subscription Package Deals
BIG CASH BACK for any New Sky Customer Taking a Subscription Package

SKY Repairs, adjustments and installations.

- ✓ Domestic & Commercial
- ✓ Discounts For Oaps
- ✓ 24 Hour 7 Days Service
- ✓ 12 Month Guarantee
- ✓ FOD Approved Installers

FREE ESTIMATES SAME DAY SERVICE

Call Paul Williams
Cowbridge 01446 439 306 Bridgend 01656 349 281

www.onevisionltd.co.uk

Blinds and Curtains

Create the mood, add timeless style
with plantation shutters from **Solar Sunshades.**

Shutters Awnings Blinds and Motorisation Conservatories Curtains

Cardiff showroom
Cynffylf M&L Retail Park, Sloper Road,
Cardiff CF11 8AA

Bridgend showroom
North Road, Bridgend Industrial Estate,
Bridgend CF31 2TP

Barry: 01446 438103 Bridgend: 01656 349473
www.solarsunshades.co.uk

solar
Create the Mood

1st Digital Aerials
LOCAL DIGITAL AERIAL SPECIALIST
Digital Aerials Installed & Repaired.
Set Up and Tune In Service.

SPECIAL OFFER
£80 Complete Installation
plus £30 per additional room

Problems with:
• Missing Channels • Freezing • Breaking Up

Call Adrian on 07999 331 160
or 01446 743267
www.1st-digital.co.uk

Building Services

STANTON CONSTRUCTION
LOCAL • HONEST • RELIABLE
Covering all building work

- New Roofs/Repairs
- Rendering
- Guttering
- UPVC Windows
- Bathrooms
- Plastering
- Driveways
- Paving/Tarmac
- Walls/Patios
- Fencing/Decking
- Grass/Turf
- Landscaping

Free Estimates & Advice 01446 489368
Cardiff House, Cardiff Rd, Barry CF632AW

3 GOOD REASONS

- 1 FREE Fitting
- 2 FREE Quotation
- 3 5 Year Guarantee

Freephone:
08085 295192

Visit our website **www.mirage-blinds.co.uk**

MIRAGE BLINDS
Summer Offers
Vertical, Roller &
Venetian Blinds
up to 20% off

TELE-ELECTRICAL SERVICING
Specialist repairs in TV,
Video, DVD & Audio.
Installations, tuning
and set-up service.

Tel: (01656) 654156
or 07792 887835

Carpentry

LYNX CARPENTRY
All aspects of carpentry
work undertaken
Kitchens, Bedrooms,
UPVC Windows

07925 577241

Carpet Cleaning

The most thorough carpet cleaning ever seen - or it's FREE!
10% discount for over 50s.
Carpet & upholstery
cleaning, leather cleaning
& rug cleaning.

Tel: 07568 370835

Call 01446 774484 to
advertise with
The GEM, and
reach 45,000
homes from
Penarth to
Porthcawl

MIKE ANDERSON
BUILDERS EXTRAORDINAIRE
BUILDING & ROOFING SPECIALIST

- Renovations
- Slate & Roof Tiling
- Timber Framed Houses
- Barn or Loft Conversions
- Conservatories
- UPVC Windows & Doors
- Wetrooms and all invalidity
- Bathrooms & Showers

Call now for a FREE estimate
01656 771870 / 07976 720368
Email: MAbuilders2015@outlook.com

NO JOB TOO SMALL!

Call Becky on **01656 713692**

BLIND SALE!
STARLINE
Awnings & Blinds

Unit 3 & 4, Western Industrial Estate, Caerphilly
CF83 1BQ • **www.starline-blinds.co.uk**

TEL (029) 2086 0631

GENUINE 15% OFF SALE

Vale Blinds (Wales) Ltd

- Bespoke Blinds and Stylish Shutters.
- Classic Modern and Contemporary Curtains.
- Repair Service
- Electric Blinds
- Shutter Specialist
- Automated Awnings with lighting and heating.

All major credit cards accepted

01446 349020 • 07792 733443

There's lots more online...



DON'T DO IT YOURSELF....
.... CALL A PROFESSIONAL FROM OUR A-Z LIST

Computer Services

Fast, reliable computer repairs
Home or Business.
Bring to us or onsite service.
Virus problems, data recovery,
Internet issues etc.
Covering the Vale and
surrounding areas.

HDCS
Unit 37a,
Vale Business Park,
Llandow, CF71 7PF.

Tel 01446 333330 **www.hdcs.co.uk**

AB COMPUTER SERVICES
TUITION - BROADBAND
WIRELESS NETWORKS
REPAIRS & INSTALLATION

For home or office
Tel: 07811 422 946
www.cowbridge-it.co.uk

DON'T DO IT YOURSELF
.... CALL A PROFESSIONAL FROM OUR A-Z LIST

BARRY & VALE DAMP & TIMBER TREATMENT
SOLVING ALL YOUR DAMP PROBLEMS
07970 642537
www.barryandvaledampproofing.co.uk

VANGUARD
Vanguard Building Maintenance & Repairs
Storm Damage, Roofing & Guttering, Resin Bonded Stone Driveways & Paths, Concrete repairs to lintels, sills etc. Damp proofing.
07966 531506

SMALL ADS

BIG RESULTS!

WELSH WINDOW SYSTEMS
Est. 1987
Repairs to all UPVC & aluminium windows & doors
01446 738888
07877 836798

All Double Glazing Repairs & Maintenance
pvc-U, Aluminium & Timber Windows

- Misted Units inc. Bevels & Stains
- Broken Handles/Hinges
- Door Locks Repaired & Upgraded
- Replacement Door Panels
- New Rubber Seals
- Fully Qualified Locksmith

PROFESSIONAL ADVICE AND INSURANCE QUOTATIONS

01656 788403
Mobile: 07515 860113
www.bridgendwindows.com

GD Windows
Doors, Conservatories, Fascia, Soffits & Guttering all at competitive prices

For your free no obligation quote call
Gareth on 07828 845954
or 01656 742334
Full window & door repair service also available

The GEM
01446 774484

CHIMNEY SWEEP

- Chimney sweeping and servicing
- Bird guards and cowl fitted
- Certificate given on completion
- HETAS & HANGS registered

Topstak
Call 01446 771567

Bricklayer looking for work
20 years experience. No job too small.
Garden walls, extensions, patios, conservatory base, all building work considered.
All work guaranteed.
Tel: 07896 335165

Go to **The GEM** for the latest stories and breaking news.. **www.glamorgan-gem.co.uk**

Decorating Services

TRUE COLOURS
Painter & Decorator
Interior & Exterior
City & Guilds
Certified
25 years experience
Wallpaper Specialist
Free Estimates
Quality Guaranteed
07873 326 892
01446 402 709
email: truecoloursdecorators1@gmail.com

Inexpensive Painting

Exterior & Interior
Using Quality Paint
Tel: 01656 741586
07704 535802

The GEM
01446 774484

Electrical Services

Local Electrician RLS

All electrical work undertaken.
No job too small.
07909 953917

ELECTRICAL REPAIRS

Washing Machines,
Cookers, Fridge/Freezers,
Tumble Dryers, Ovens,
Hobs, Hoods, Built-in or
Freestanding Appliances.
APPLIANCE CENTRE
01446 700206/730884

A&C Electrical Solutions

Domestic Appliance repairs.
Appliances not removed.
Appointment times given
Over 30 years experience
Covering Penarth to Porthcawl
Card payments accepted.
07732 264 803 24 Hr

Fencing Services

THE FENCING DOCTOR

All types of fencing undertaken.
New fencing & repairs
carried out.
Supply & fix available.
New gates supplied & fixed.
Grass cutting.
Free quotation.
Work guaranteed.
Call Graham
07969 039358

DECKRIGHT
Decking & Fencing Specialists

Decking, Fencing, Side Entrance Gates,
Supply & Erect, Free Quotations.
Feather Edge Fencing from £45 per metre,
4x4 posts, 3x2 rails, 5 inch feather edge boards.
All timber pressure treated (tantalised).
FOR A FREE ESTIMATE,
CALL ANDREW ON 07796 091035

Fascias & Guttering

Fascia & Guttering DIRECT

- Guttering t.01656 670 311
- Downpipes m.07761 282 202
- Cladding
- Soffit

Swish
OFFICIAL SUPPLIER

Garage Doors

GARAGE DOORS REPAIRED

FAST RELIABLE AFFORDABLE
• Specialist Garage Door repair Service
• Same Day & Next Day Service
• Garage Doors Parts Supplied/Installed
• Emergency Call Out
• All Types of Garage Doors Fixed

CALL NOW FOR A FREE QUOTE
07754 496 209
If we can't repair your garage door, there will be nothing to pay.

GARAGE DOOR SERVICES

In the Vale serving the Vale
All types of doors supplied, fitted & repaired
Over 20 years experience.
Same day repairs. Est. 2007.

07783 703366
01446 743181
www.gdsdoors.co.uk

Looking to advertise in
over 45,000 newspapers
AND online - email
sales@glamorgan-gem.co.uk
or call 01446 774484

Gardening Services

ONE MAN WENT TO MOW



Lawnmowers need regular servicing, so come to the experts, Cardiff Lawn and Garden at Ely Bridge, Cardiff. We offer advice, sales and service on lawnmowers and garden equipment, plus we'll collect and return your serviced lawnmower!

Tel: 02920 569311 www.cardifflawnandgarden.co.uk

Arborwood Tree Care

• Tree Pruning • Crown Lifting • Tree Felling • Dangerous Tree Work • Pollarding • Deadwooding • Hedge Cutting • Tree Dismantling • Root Pruning • Ground Clearance
Call us for a friendly, free quote, fully insured
Tel: 07910 417471 or 01446 792262
Seasoned Hard Wood For Sale

RIVERLEA Horticulture

WE SELL THE BEST AND SERVICE THE BEST
LAWN MOWERS - RIDER-ONS - CHAINSAWS - STRIMMERS
HEDGECLIPPERS AND GARDEN ACCESSORIES
Husqvarna and more
Viking
Most makes serviced and repaired
Collection service available
Vale Business Park, Llandow, Cowbridge CF71 7PF
Tel: 01446 775602

NEED A TREE SURGEON?

All tree work undertaken
Fully Insured
www.ArbCymru.co.uk
TEL: 01656 646017 MOB: 07813869615

Gas Services

DAVID B. FRANCIS LTD
Gas Maintenance & Service

• All aspects of plumbing and heating
• Complete bathroom fitting, tiling, and carpentry services
• Small building works
• Central heating upgrades
• New boilers installed and serviced
• Wood burners supplied and fitted
• Solid fuel heating installation



Tel: 01446 771112

Unit 21C, Vale Business Park, Llandow, Vale of Glamorgan, CF71 7PF

Advertise your service
Sell your car
Place a family announcement
GEM 01446 774484

Roofing Services

RIGHTWAY ROOFING

- New Roofs • Flat Roofs
- Roof Repairs • Re Pointing & Rebedding
- Chimney Repairs & Repointing • Soffits • Fascias
- Cladding • Guttering

For a FREE no obligation quote, call:
07761 022460 .07761 022461
rightwayroofingupvc@yahoo.com

Fairfax & Glover Roofing

- Slating • Tiling • Lead Roofs
- Lead Fabrications/Welding

EST. 1983

Tel 01446 773945
Mobile 07986 964904
07858 904259

01656 720551
07973 488806

Roofing specialists
S. MIDDLETON & SON

We cover all aspects of roofing
including Firestone EPDM Flat Roofing
Rubber Systems
www.middletonroofing.co.uk

ROOFTEC ROOFING SERVICE

New slate/ tile/flat roofs.
Also fibreglass flat roofs.
All aspects of uPVC guttering, fascias, downpipes, etc.
Chimney/ valley repairs.
House maintenance work carried out.
No job too small.
Guaranteed competitive rates.
Tel. (01656) 722593
Mobile: 07969 248688.
Free estimates
24 hour emergency call out.

Roof Rite

Affordable roofing & repairs
Flat roofing
Replacement main roofs from £3000.
Free quote call 24/7
01446500234 or
01656 330023

Handyman

HANDYMAN SERVICE

Covering areas from Cowbridge to Penarth
Painting • Decorating • Carpentry
• Plumbing • Building work etc
Call Jimmy
07807 997741

Plumbing Services

JSH Plumbing & Heating

Boiler & central heating installations
Gas safety certificates & boiler services
All plumbing work undertaken
30 years experience

Tel 07748 237666

L D S Plumbing and Heating

Boiler Service and Repairs
Gas Installations
Landlord Gas Safety Certificate
Cooker Install and Service
Property Maintenance
t: 01656 890 053
m: 07812 544 470
e: ldsplumbingandheating@gmail.com
Liam Smith

School of Motoring

Cats Eyes
Driving School Ltd
• Learn to drive at 14yrs
• Intensive 1 week courses
• Manual & Auto • Male/Female Tutors
0800 0280 406
www.catseyesdrivingschool.co.uk

Storage

Is your roof space a waste of space?
Loft ladders supplied & fitted from only £184
• 10% DISCOUNT on all advertised prices with this ad
• Loft boarding - for a safe storage area
• Hatch enlargements - too small to get in?
• New access points cut
• Loft insulation - top up to current regs
Call Dave or Matt on 02921 971871 or 07786 033810
Web: atticattack.net daveatticattack@googlemail.com

Tuition

TUITION

Qualified & experienced teacher offering tuition of English, French and Spanish to both children and adults (beginners up to A-Level).
Tel: 01446 420035 or 07814 257641

Tiling Services

Tiling by Tanya

- All aspects of wall & floor tiling
- Ceramic, porcelain, natural stone
- Friendly, professional service
- No obligation free quotes

07814 124 851 or 01446 736760

Removals

Barry House Clearance (Vale)

We offer a fast reliable service clearing:
• Houses • Attics
• Garages
• Outbuildings
• Garden Waste
Household items bought & sold. No job too large or small.
Established over 25 years. For free no obligation estimate call:
Alan - 07950 278284
Steve - 07500 041690
www.barry-house-clearance.co.uk

Septic Tank**OK Environmental Services Ltd**

Local family-run business for all your liquid waste needs. Cesspits/Septic Tanks, Liquid Waste Specialists.

Contact William Oakes on 01656 862414
07779 255639/07870 388432

Go to **The GEM** for the latest stories and breaking news.. www.glamorgan-gem.co.uk

Upholstery Services**Susan Viant Re-upholstery**

Over 25 years experience

Antique or modern furniture, conservatory furniture, dining furniture.

Call 01656 724005 or 01656 720722

ARTICLES & PRIVATE MOTORS

FOR SALE from £10.50 plus VAT for two weeks.

Deadline 12 noon on Tuesday before publication.

Telephone - 01446 774484

Mahogany Display Cabinet

with Large Oval Table, 2 Carvers & 4 Chairs
Excellent Condition
Must sell as room needed, hence price

£120
01446 404284

ALUMINIUM GREENHOUSE

6ft x 12ft complete
£200

01446 772683

BUILT-IN WARDROBES, CUPBOARDS AND SEPARATE SHELVES
FREE if you can dismantle & collect
HALF SIZE FREEZER
£40

07890 941502
(Llantwit Major)

TABLE TOP FREEZER
40L capacity £35
PANASONIC AUTOMATIC BREAD MAKER
Model No SD2501 with recipe book £35
FOLDING METAL FRAMED GARDENING SEAT/KNEELER
£10

01446 403364

Large Parasol
suitable for patio
9ft open, adjustable
never used
£50

Lawn Scarifier
V.G.C
£40
01656 862938

Acorn Slimline Stairlift

For straight stairs,
price includes fitting by
trained engineer
£500
01446 710722

Wanted

FRAZER METALS

URGENTLY WANTED

FOR CASH IN ALL AREAS

\$CRAP CARS, VANS, LORRIES, QUADS & CAMPER VANS

TOP PRICES PAID FOR ALL VEHICLES IN ANY CONDITION, WITH OR WITHOUT MOT, INCLUDING MOT FAILURES & NON RUNNERS.

PLEASE CALL ANY TIME 7 DAYS A WEEK

Office 01446 732222 • Mobile 07816 205895

SUTTONS Auto Salvage

TOP PRICES paid on collection, for scrap, MOT failures, and tax expired vehicles.

Also body shells and scrap metals collected. No wheels, no problem.

02920 597887
07971 648596

Advertise your service

Sell your car

Place a family announcement

GEM 01446 774484

Window Cleaning


WE CLEAN YOUR GLASS, FRAMES AND SILLS EVERY TIME RELIABLE AND PROFESSIONAL SERVICE 4.6 OR 8 WEEKLY CLEANING
07928 433231
01446 710421

PERFECT WINDOW CLEANING

To advertise your business on Don't Do It Yourself, please call Kate Aldridge on 01446 774484
kate.aldridge@glamorgan-gem.co.uk

For Sale**HOLIDAY HOMES FOR SALE**

Come to South Wales
purchase your very own home from home

Static Caravan For Sale on the seaside

At Pendine Sands Holiday Park
Sleeps 6, 2 bedrooms, ready to move straightway

£19,995.00

Call today on 01994 453 806

DON'T FORGET OUR CLASSIFIED DEADLINE IS

12 NOON TUESDAY

Call Kate on
01446 774484

or email
kate.aldridge@glamorgan-gem.co.uk

To advertise your business on Don't Do It Yourself, please call Kate Aldridge on 01446 774484
kate.aldridge@glamorgan-gem.co.uk

Funeral Directors

Est 1946 - 24 hour Service

W.H. PREENE & SON

INDEPENDENT FUNERAL DIRECTORS

PRIVATE CHAPEL OF REST
PRE-PAID FUNERAL PLAN AVAILABLE

54 MAIN STREET, CADOXTON
Telephone 01446 420520

Cadoxton Funeral Home

Funeral Directors

The Vale Funeral Service

'In The Heart of Our Community'



Established and family-run with a tradition of care
SERVING BARRY AND THE SURROUNDING AREAS

We can take care of every detail, advise and help you on each and every step of the way.

Traditional/Bespoke Funerals
Private Chapel of Rest
Prepaid Funeral Plans

Horse-Drawn Carriages, Motorcycle Hearse & others available.

Reliable & Professional • Always here for you

Funerals can be arranged in the comfort of your own home.
Personal 24 hour service



www.valefuneralservice.co.uk



01446 407962

181 Court Road, Barry, Vale of Glamorgan, CF63 1EX

Penarth Funeral Directors

Hickman Road Funeral Home



AVERAGE COSTS INCLUDE:
Coffin, Hearse, Limousine, Robe, Bearers, Grave or Cremation, Church, Minister & Doctor's Fees

No charge for services not required

Cremation - Thornhill £3,354

Cremation - Barry £3,514

Burial - Penarth £3,432

Burial - Barry £3,460

No Hidden Costs

02920 703581

Supporting local charities with monthly donations



Robert D Johnson
Cert FP



Independent Funeral Director
Family owned and run

The "Simple" Funeral - £2,550

- Cremation & Service Fees at VOGC
- Doctors Fees For Cremation Paperwork
- Ministers Fee • Hearse • Coffin & Gown
- Use of Private Chapel of Rest

Price Adjustment for Burials
Perfect Choice Funeral Plans from £2,930 (Based On A Cremation)

29 Holton Rd, Barry CF63 4HA

Tel 01446 733844

Email rjfunerals@gmail.com
www.rjfuneral.co.uk



W James & Sons

FONMON, Rhosce, CF62 3BJ Tel 01446 710096

Serving Barry & The Vale of Glamorgan



ESTABLISHED 1860

- Over 150 years of continuous family service
- Personal attention at all times
- 24 hour Service
- Private Chapel of Rest
- Service for all Denominations
- Pre-paid Funeral Plans

(Written details on request)

Go to **The GEM** for the latest stories and breaking news...
www.glamorgan-gem.co.uk

Family Notices

HOBBS

John Barrie (Barrie)

Peacefully at Llandough Hospital on 14th July 2019, with his family present, Barrie, aged 84 years. Beloved husband of Gwyneth and the late Pam. Dear father of Neil and the late Claire Suzanne, loved bampy of Natalie, Declan and Ryan.

Barrie will be sadly missed by all his family and friends.

Resting at A.G. Adams Funeralcare until the service in the Chapel of Rest on Friday, 2nd August at 11am, followed by committal at Cardiff & Glamorgan Crematorium.

Family flowers only. Donations in lieu, if so desired, for The RNLI c/o the funeral director.

HOBBS

John Barrie (Barrie)

Dear brother-in-law to Sheila and Idris, loved uncle to Gary, Lynne and Kim. Great uncle to Liam, Stacey, Bradley and Jake.

At rest with his loved ones.

HOBBS

Barrie

Treasured memories of our beloved brother, forever in our hearts.

God Bless you Barrie,

Love as always, Enid, Norma & Pam

HOBBS

Barrie

In loving memory of a wonderful man. Beloved father of Neil & Deborah and Claire. Grandfather to Natalie & Jason, Declan & Lauren, Ryan and Brandon.

BYRNE
Luke Kevin

Tragically on 18th July 2019, Luke aged 36 years, beloved son of Adrienne and Robert. Loved partner of Gemma and adored dad of Lucas, Kyan-Luca and Codie. Much loved brother of Craig and Donna, loved grandson of Grace Fern.

Luke will be sadly missed by all his family and friends.

Resting at A.G. Adams Funeralcare until the service at All Saints Church on Friday, 9th August at 12.30pm, followed by interment at Barry Cemetery.

Flowers may be sent or donations in lieu, if so desired, for MIND c/o the funeral director. By the families request please free to wear smart, casual, colourful attire.

GREENWAY
Doreen Stella (Do)
(née Harding)

Sadly on 15th July 2019, Do, aged 86 years, beloved wife of the late Jim. Much loved mother of Kevin, Keith, Kerry and Claire. A cherished and adored grandmother and great grandmother. Also a loved sister and auntie.

Do will be sadly missed by all her family and friends.

Resting at A.G. Adams Funeralcare until the service in the Chapel of Rest on Tuesday, 30th July at 11am, followed by committal at Cardiff & Glamorgan Crematorium. Family flowers only. Donations in lieu, if so desired, for The RNLI or Ysgol Y Deri c/o the funeral director.

MERRETT

Margaret (née Hale)

Peacefully at University Hospital of Wales, Cardiff on 6th July 2019 Margaret (Peggy), beloved wife of the late Ray. Much loved mother of the late Nicholas and Steven, mother-in-law of Julie. A loving grandma of Helen, Adrian, Howard, Richard and Andrew. A great grandma of Matthew, Lucy, Imogen, Dylan, Harrison, Connie and Macsen.

Resting at Maesgwyn Funeral Home, Church Village until the funeral on Friday, 2nd August 2019. Service at Coychurch Crematorium, Bridgend at 3.15pm.

Family flowers only. Donations in lieu of flowers, if desired, to Ty Hafan through just giving web page.

MORRIS

Robert John

Passed away suddenly but peacefully on 16th July 2019, at the University Hospital of Wales. Loved and cherished husband of Melissa. Adored dad of Daniel, Harry, Rosie and Oscar. Beloved son of Margaret and the late Paul. Loved step son of Malcolm. Precious brother to Martine and Andrew.

Rob will be missed by all his family and friends.

He will live on forever in our hearts.

Rob is resting at A.G. Adams Funeralcare until the funeral service on 31st July at 11am at A.G. Adams Chapel, followed by committal at Cardiff and Glamorgan Crematorium.

Family flowers only please.

Donations, if desired, in lieu of flowers to Marie Curie Hospice, Penarth.

The family ask that bright colours be worn.

AYRES

Peter John

Peter died peacefully on 12th July 2019 at home aged 72 years. Loving Husband of Angela, great Dad to Darren and Katrina.

Former PSV Bus Driver with National Welsh.

Resting in the care of A.G. Adams Funeralcare until the service at 2pm on Tuesday, 30th July at St David's Methodist Church, Barry, followed by committal at Cardiff and Glamorgan Crematorium, Port Road, Barry.

Family flowers only. Donations if desired to the British Heart Foundation.

BUNFORD

Stephen

Passed away unexpectedly on 4th July at the University Hospital of Wales.

Funeral arrangements to follow.

DIAPER
Terry

Passed away peacefully on 20th July 2019. Beloved partner of Maureen, much loved father of Jason and Ben, devoted step father and grandfather.

Terry will be sadly missed by all who knew and loved him.

Resting at the Private Funeral Home of W. James & Sons, Funeral Monday, 5th August, service and cremation 2.15pm at Coychurch Crematorium, Bridgend.

No flowers, donations if desired to Alcoholics Anonymous in lieu of all the service and support he has given over many years.

Acknowledgements

WEIR

Philip David John
(Oodle)

Val Weir, Pauline and Lynne send their heartfelt thanks for cards and letters of sympathy received on the sudden death of their dearly loved Philip.

They were quite overwhelmed by the number of lives he had touched, who attended his funeral service and donated £735 in his memory to Barry Dock RNLI.

Our thanks to Father Kevin for a beautiful service at All Saints Church and the committal at the crematorium and to Lyndsay Ellis of The Vale Funeral Service for his compassion, kindness and consideration at this very sad time.

In Memory

MR T.K. FARMAN

Born 31st July 1925
Died 14th January 2009

*Many a lonely heartache, many a silent tear,
but always beautiful memories of a husband,
I loved so dearly.*

*Your ever loving wife
Gwyneth and family.*

Go to **The GEM** for the latest stories and breaking news... www.glamorgan-gem.co.uk

In Memory

COX

Gary

28th July 1989, aged 39 years

Barry Saints and Town Football star goalscorer.

Will never be forgotten

Greatly missed by all family and friends.

WALKER

Barbara Patricia

Her life a beautiful memory,
her absence a silent grief.

Ken and family.

Birthdays

Doreen Fletcher

Happy 90th Birthday
Mum



on Sunday 28th July
love and best
wishes
from all your family
XXX

Situations Vacant

MATURE CLEANER

required in a private home in Rhosoe,
for a disabled man. Small one bed bungalow.

3 hours per week. Cleaning and ironing.
Honest, reliable and thorough person required.
Excellent hourly pay.
3 references required.
Call 07748 775657

ARE YOU FIT TO DELIVER?

We require fit reliable people to
help distribute newspapers to local
homes once a week in your area.

TEENAGERS (aged 13 years and over)

ACTIVE SENIOR CITIZENS

HOUSEWIVES • STUDENTS • SHIFT WORKERS

Please email with your details to
dunstable@thedistributionbusiness.co.uk
or call us now

01582 476666

07412 023 3669

If we do not have an immediate
vacancy in your area, your details
will be placed on our waiting list
until a suitable opportunity
occurs.



The latest news, reviews
and sports stories...

ONE WEBSITE with all the
information you need!



The Glamorgan GEM
www.glamorgan-gem.co.uk

Public Notice

LICENSING ACT 2003

Section 17 (5)

Notice of Application for a Premises Licence

NOTICE IS GIVEN THAT
An application has been made to Bridgend County Borough
Council (the Licensing Authority) for a

PREMISES LICENCE.

To permit licensable activities which it is proposed will be
carried on, on or from the premises shown below.

Details of the application may be inspected between the
hours of: Monday to Thursday 0830 to 1700 hours and
Friday 0830 to 1630 hours at Civic Offices, Angel Street,
Bridgend, CF31 4WB or by visiting the authority's website:
www.bridgend.gov.uk.

Any responsible authority or any other person may make
representations in respect of the application, which must be
submitted, in writing, to the following address before the
date shown below.

Licensing Section, Bridgend County Borough Council,
Civic Offices, Angel Street, Bridgend, CF31 4WB

NAME OF APPLICANT: Roger Evans

NAME AND POSTAL ADDRESS OF THE PREMISES:
80 Cefn Road, Cefn Cnrlwr, Bridgend, CF32 0AW.

STATEMENT OF INTENDED LICENSABLE ACTIVITIES:

(1) (1) Sale of Alcohol for consumption off the premises
Monday to Saturday 08.00 - 23.00 hours and Sunday
10.00 - 22.30.

DATE BY WHICH REPRESENTATIONS MUST BE MADE:
15th August 2019

This notice remains in force from and including the day after
the giving of this notice to the licensing authority, namely
Bridgend County Borough Council for 28 consecutive days.
It is an offence knowingly or recklessly to make a false
statement in connection with an application. The maximum
fine on summary conviction is £5,000.

PUBLIC NOTICE
LICENSING ACT 2003

To whom it may concern:

We, **Burnell and Homfray (Partnership)**, do hereby give
notice that we have applied to the licensing authority (Vale of
Glamorgan Council) for the grant of a premises licence at
The Former Four Bells, Rock Road, St Athan, Barry,
CF62 4PG to be known as **The Roost on Rock Road.**

The licensable activities will be: sale or supply of alcohol
between the hours of 11:00-23:00 Monday to Thursday,
11:00-00:00 Friday and Saturday and 12:00-22:30.

Performance of live music between the hours of
11:00-23:00 Monday to Thursday, 11:00-23:30 Friday and
Saturday and 12:00-22:30. Sunday and playing of recorded
music between the hours of 07:00-23:00 Monday to
Thursday, 07:00-23:30 Friday and Saturday and 07:00-22:30
Sunday.

Any persons wishing to make representations to this application
may do so either in writing to Licensing Department, Vale of
Glamorgan Council, Civic Offices, Holton Road, Barry
CF63 4RU or email to licensing@valeofglamorgan.gov.uk
not later than 28 days after the date of this Notice.

Representations received after this date will not be considered.
A copy of the application can be viewed at the Licensing
Authority's address during normal office hours.

It is an offence knowingly or recklessly to make a false
statement in connection with an application, the maximum fine
on summary conviction being £5000.

Date: 18/07/2019

Goods
Vehicle
Operator's
Licence

Robbie Edwards trading
as Edwards Machinery
Ltd of Unit 40A, Village
Farm Industrial Estate,
Pyle, Bridgend, CF33
6BZ is applying to
change an existing
licence to use Unit 40A,
Sturmi Way, Pyle,
Bridgend, CF33 6BZ as
an operating centre for 2
goods vehicles and 2
trailers.

Owners or occupiers of
land (including buildings)
near the operating
centre(s) who believe
that their use or
enjoyment of that land
would be affected, should
make written
representations to the
DfI, at Central Licensing
Office, PO Box 180,
Leeds, LS9 1BU, stating
their reasons, within 21
days of this notice.

Representors must at
the same time send a
copy of their
representations to the
applicant at the address
given at top of the top of
this notice. A Guide to
Making Representations
is available from the
website: infrastructure-ni.gov.uk/.

Call 01446
774484 to
advertise with
The GEM, and
reach 45,000
homes from
Penarth to
Porthcawl



DON'T FORGET
OUR
CLASSIFIED
DEADLINE IS
12 NOON
TUESDAY

Call Kate on
01446 774484
or email
kate.aldridge@glamorgan-gem.co.uk

The latest
news, reviews,
and sports
stories

ONE WEBSITE

with all the
information
you need!

The Glamorgan
GEM

www.glamorgan-gem.co.uk

A fine Lady Captain's Day at Wenvoe Castle



The winning team of Jane Lott, Caroline Davies and Jill Rodgers, with Lynda Lee, the lady captain at Wenvoe Castle GC.

CAPTAIN'S Day was a special day in the calendar for Lynda Lee, this year's lady captain at Wenvoe Castle Golf Club.

The course was reserved for the lady captain to organise a competition for the lady members and follow with a welcome glass of Prosecco, an excellent lunch and distribution of the prizes.

The competition was very well supported with 34 ladies playing an 18-hole Stableford team event and importantly, a shotgun start meant all arriving back at the club house for lunch at about the same time.

The winning team were Jane Lott, Caroline Davies and Jill Rodgers with an impressive 84 points. Runners-up were Sandra Hathway, Nicola Manning and Silvia Webster scoring a total of 78 points.

Wendy Motton won a special prize for nearest the line on the 14th fairway, the ball finishing just millimetres away from the line. After the golf they were joined by the non-playing lady members, together

with two New2Golf members and all sat down to lunch. Lynda thanked everyone for their support and particularly Debbie Jones and Sue Dayanandar, for setting out the excellent table decorations with 'Kiss Sepsis Goodbye' as the main theme, highlighting the support of her nominated charity Sepsis UK.

Lynda gave particular thanks to Wendy Motton and club secretary Nicola Manning, together with the club professional Jason Harris for organising the day; she expressed special appreciation of the chef and catering staff for presenting and serving an outstanding lunch. The weather conditions on the day were just perfect and Lynda thanked the greens staff for presenting the course in such superb condition. Club captain Lesley Sherrard also took part and received a surprise birthday gift from the lady members, a flowering shrub and a handmade birthday card of Wenvoe Castle Golf Club crafted by committee member Marilyn Davies.

BJ

Llantwit Major under-11s set their sights high this season



The Llantwit Major under-11 team reach the summit.

WITH the new rugby season on the horizon Llantwit Major RFC under-11s started gearing up for the pre-season with the small matter of a team walk up Pen-y-Fan.

With the incentive that this venture was also the team's first fundraiser for their 2019-20 season

rugby tour, the boys had spent the previous weeks getting sponsorship money, emphasising that they were willing to work hard to go on an end of season trip.

In quite tricky conditions the boys (assisted by parents and pets)

set about climbing the Welsh peak, some for the first time. With visibility restricted as they

neared the summit, the group worked hard to keep together and while they couldn't enjoy the beautiful scenery, they did get the traditional team picture at the top.

All the players made it up and down safely and even better news was the fact that the team raised an incredible £900 to put towards their next tour. The under-11s will soon

be announcing their plans for their tour, which is likely to be in May 2020.

The team will start pre-season training soon and the club still has spaces for new players. Training is on a Wednesday night between 7pm - 8pm and for more details see the rugby club page llantwit-majorrfc.mywru.co.uk/teams/3589/under-11s.

Motoring review by Tony Yates Citroen Berlingo (M) (Feel Edition) PureTech 110 S&S – 6 speed

THE design brief for the new Berlingo would have been very simple for Citroen 'build a family or leisure vehicle that you can use every day with the added ability to carry a large amount of gear – which includes the kitchen sink - and must include as many storage holes as humanly possible'. Plus, it has to drive brilliantly.

Power and Efficiency:

The new Berlingo I had on test is powered by a 110HP 1.2 litre petrol engine that performs well and I think is one of Citroen's better engines that will happily return 42.4mpg (combined).

Top speed, of course, is of no concern here, because the Berlingo was designed to be a family and adventure-friendly vehicle. But if you need to know – its top speed is around 109mph and 0-62 comes in at 11.5seconds.

The other important bits like torque figures are more relevant because of the nature of what the Berlingo will be doing and carrying. That 1.2 PureTech 3-cylinder petrol engine produces 250Nm of torque, which is great for all those green fields you will hit while you are out and about on your adventures.

On the road:

The Citroen Berlingo provides a decent ride and is actually very comfortable and well



thought out. The suspension felt good with no sign of a harsh ride. Also, it actually felt very relaxing and I enjoyed driving the family around in it because it fitted in nicely with all we have to do. Plus I have to say this is a brilliant little 'driver's' car. While being easy to jump in and out of, it looks good, and it doesn't cost the earth either – which is a good thing.

Interior & Technology:

Here is a quick run through of what you can expect to find inside the new Berlingo:

eight-inch touchscreen, DAB digital radio with six speakers, USB and 12 volt socket, Bluetooth® hands-free and

media streaming, mirror screen – with Android Auto, leather steering wheel, Green Mica cloth, height adjustable driver's seat, two underfloor storage compartments, full width front overhead storage shelf, driver and passenger dashboard and mounted cup holders.

Plus; one touch front electric windows, variable assistance power steering, height and reach adjustable steering wheel, split folding rear seats (1/3 – 2/3), electric and heated door mirrors, two sliding side doors, pop out opening rear side windows, driver, front passenger, front lateral and curtain airbags, ABS with electronic

brakeforce distribution (EBD) and emergency braking assistance (EBA), electronic stability control (ESC), unfastened seat belt warning on all seats, three rear ISOFIX mounting points, tyre pressure monitor, active Lane Keeping Assistance, Speed Limit Recognition and Active Safety Brake.

To sum up: The Citroen Berlingo is a fantastic little machine. Go and find your next adventure – you won't be disappointed.

Just so you know – both of my friends are now proud owners of a new Berlingo as their second family runaround.

Price (from) £19,425.

It's Llantwit v Llantwit in League One clash



TWO young Welsh strikers who learned to play football as youngsters in Llantwit Major will be in a League One face-off in the opening fixture of the 2019-20 season.

It is a real achievement for local sport to see Wes Burns (24) and Adam Roscrow (24) play against each other when Fleetwood Town

host AFC Wimbledon on August 10.

Burns joined Fleetwood (right, in red and white), known as the 'Cod Army', on a permanent deal in January 2017.

He started his career in the youth set up at Bristol City, making his professional debut against Leeds United in January 2013.

Roscrow (left, in blue), Cardiff Met's

top scorer in the Welsh Premier League last season, signed for AFC Wimbledon last month.

In signing for the League One outfit, he gave up the chance to play in the Europa League for Cardiff Met against Luxembourg's Progrès Niederkorn in the preliminary round of the tournament.

Sully Bowls Club's good local derby win

CONGRATULATIONS go to Alan Thomas, Dave Curtis and Brain Griffiths who won the county senior triples title recently.

Last Wednesday, the villagers travelled to Cadoston for the last time before the club unites with Central to form a new club.

It is always sad to see a club go, but the green itself will not be missed.

In the Munro Cup match, a special mention goes to Eddie Pryer, who helped his rink take an eight and win 32-10, with some really good bowling on a very heavy surface.

Scores: K Mahoney, E Pryer, D Hotchkiss, D Edwardes 32-10; R Fitzjohn, R Nethercote, P Neale, A Thomas, 17-10; H Thomas, B Dascombe, A Rees, C Williams 13-17; A Kelly, H Levick Jones, J Best, T Murphy, 14-18; giving a ten point to four 76-55 win.

On Saturday, the visit of Millwood with many ex-Sully bowlers in the side, so a tough game was expected in a strong wind.

After seven ends, Sully were in control with all rinks up and 16 shots

to the good.

At 14 ends Sully still up in all games, with the T Murphy rink under pressure it was 23 shots the difference.

Having made some positional changes, the selectors would have been overjoyed to see the rinks perform so well.

The Dennis Edwards rink with B Curtis, J Hubbard and C Williams goes from strength to strength with a 24-12 win.

The Brian Griffiths rink was tweaked to A Smith, M Hardy and D Hotchkiss and their best win ensued 27-16. A Rees, R Fitzjohn, A Thomas and D Curtis held on for a 20-14 win besides the skip trying the wrong bias approach, drinks all round.

Although never behind from the second end, it was all square playing the last but the home side of D Lougher, D Curtin, J Best and T Murphy took a four to win 21-17, so 14 points and a 92-59 win was a very good outcome.

This week, the villagers are home on Wednesday and Thursday and away at Llantwit Major on Saturday.

Good scoring at Brynhill

WITH overnight rain making the greens more receptive and ideal weather conditions, Brynhill Golf Club members knew there was a good score to be had out on the course.

Therefore, it was no surprise when Nick Topley picked up the Don the Fox Cup with a handicap busting net 67 and in second, just one behind, was James Lewis.

The day's best gross score was posted by Scotty Warne with a 77.

On the team front, Brynhill's Wayhackers continued their disappointing run, with only Jones and Hewlett winning in a 4-1 reverse away to a fine Celtic Manor side. The match was played over the

excellent Roman Road course, which was in tournament condition following the week-end's Celebrity Cup.

With positives in short supply, the highlight for the Brynhill boys was probably the deconstructed cheesecake in the after match meal. The Barry Club welcomes Celtic Manor to Brynhill on Wednesday for the return fixture, and they'll have to up their game if they want to get anything from this match.

This Sunday, the club hosts its yearly members and guests tournament, in which members invite golfers from far and wide to take on this magnificent course.

AS

Good week for Penarth Windsor Bowling team

AFTER an early season defeat at St Fagans, the Windsor first team faced the return match without three of their stars: Messrs Woodcock, Hudson and Turnball.

However, any concerns proved ill-founded as they collected vital league points, winning by 14 shots. Leading the way was the old maestro Ken McLeod with Ellard, Morrish and Palfrey, the rink winning by 29 shots to 15.

There was another rink win for Matthews, Gooding, Rees and Carlisle by a comfortable seven shot margin.

There were, however, two rink losses: Follon, Williams, Lewis and Stevens 21-24 and for Evans, King, Thorne and Hope by 17 shots to 21.

Given the level of player unavailability last weekend, full credit must go to PG2 captain Simon Latham for managing to travel with

a full team to Rectory Road.

Suffice to say that the result was a total disaster for the Windsor men and, on the assumption that the Penarth bowls correspondent will report the full details, this report will spare them double blushes.

However, full credit must go the Penarth PG2 team for a superb performance. They are deservedly riding high at the top of their division and are clearly in danger of promotion come the end of the season!

It is always pleasurable to report two excellent victories for the Windsor midweek teams.

The Alliance started things off with a win over Rhiwbina by eight shots.

Peter Collier temporarily suspended his joke-telling to concentrate on the bowls and, along with White, Hardess and Latham, came away with a 14-10 win.

Davies, Brenton,

Evans and Howells won 23-18 and Johnson, Parker, Rogers and Lewis won by 21-15.

There was however defeat for Peregrine, Ellis, King and Cucciniello 12-19.

The Munro Cup team welcomed Barry Romilly to the Windsor in what is traditionally one of the toughest fixtures of the season.

However, on this occasion the team won on three rinks gaining victory by 66 shots to 57.

The winning rinks were: Woodcock M, Davies, Woodcock A, and Palfrey 22-14. Evans, Parker, Williams and Lewis 15-14. Follon, Ellis, Johnson and Turnball 22-5.

The only unsuccessful rink was Peregrine, Rogers, Thorne and Ellard losing by 24-7.

PM

Brynhill ladies' competition results for July

BRYNHILL GC back 6), runner-up: ladies' section Linda Hewlett (38). results for July are as follows: Bronze winner: Helena Coombes

July 2, Gloucester Bowl, winner: Lily Mae O'Carroll 46 points, runner-up: Lynda Lloyd (40).

July 2, Vets' Trophy, winner: Lynda Lloyd 40 points, runner-up: Robbie Lee (34).

July 9, Vice Captain's Comp, Silver winner: Robbie Lee 38 points (over

(39), runner-up: Lily Mae O'Carroll (37). July 16, John Lowden Golf Foundation/GUW Medal, winner: Jane Phillips nett 68, runner-up: Glynis Gould nett 70.

July 16, - 9 hole competition, winner: Liz Brown 17 points. **JMK**

Museum exhibit yacht to go on display in Barry

ONE of the last remaining boats from the Barry 16 foot Restricted Dinghy Class will shortly be put on display at Barry Yacht Club.

The boat, named *Wind Song*, is presently in the ownership of the National Museum of Wales, having been donated to them in 1977 by her last sailing owner Andrew Wilkins, who lived in Barry for many years.

The boat is to be loaned to Barry Yacht Club for a period from July 27, the day of the club's regatta.

Wind Song will be housed in the old

RNLI lifeboat house, located alongside the BYC clubhouse at the harbour in the dock entrance.

She will be open for public viewing between 10am and 4pm on weekends and at other times on most weekdays, following prior arrangement with the Cub.

To make arrangements to visit the display, contact Brian Dotchon on 01446 736668, email brian@dotchon.com or call Barry Yacht Club on 01446 735511 or email secretary@barryyacht-club.co.uk.

Mixed week for men's and ladies' teams at Penarth Bowling Club

GAVIN and Stacey were replaced on Barry Island by the visit of Penarth Bowling Club last Wednesday in what proved to be somewhat of a comedy of errors in the latest Munro Cup affair.

The only rink that saw the funny side of the trip was that of Nick Chandler, Bob Horne, Mike Conway and Berwyn Lansley as they triumphed by 18 shots to 13. It was a closely-fought encounter on an excellent Barry Athletic green, with the home side winning by 66-57.

Colin Grant, Phil Crocker, Ken Thorne and Terry Buckingham came closest in a tight game losing by 13-16. Only five shots separated the Clive Fry rink while Tony Holmes lost by six shots after a great fight back from being 1-10 down at the seventh end.

On Saturday, Sully Sports came to the Rectory green for a PGI fixture. A glorious afternoon saw Penarth take all 14 points. Some impressive bowling saw all four home rinks winning, for a margin of 97 to 58.

No one was more impressive than Colin Grant, who with the very last wood of the day drew a superb second shot to steal the win by 21-20.

Colin would like to thank his comrades Phil Crocker, Ken Thorne and Terry Buckingham for their confidence in him when faced with the final task.

Feeling more

comfortable was skip Nick Chandler as with Bob Horne, Mike Conway and Berwyn Lansley they secured a 26-11 win. They were in total control throughout and never looked threatened.

The same can be said for Clive Fry, Dave Plank, Jack Bealand and Phil Davies as they strode to an equally impressive win by 26-14. Completing the onslaught was Tony Holmes, Paul Gunter, Paul Church and Russell Daniel with an 11 shot win 24-13.

PG2 captain John Whitfield was much less happy with his Saturday afternoon as his troops suffered a demoralising defeat at the hands of Ely Valley with a score line of 58-101. The spirit of PG2 games was, he felt, somewhat tainted as the home side gathered a flurry of Internationals and first team players to represent them.

However Colin Hicks, Capt John, Billy Croll and Neil Gaskell excelled on the day, taking a 10-0 lead after only four ends, eventually succeeding by 23-18.

Brian Brennan, Mike England, Haydn Trow and Dave Holdaway almost secured another two points as they came back from a six-shot deficit on the 19th end to earn a creditable draw at 21-21.

Skips Dave Dalby and Dave Clements found their opposition much too strong and were both soundly beaten.

The ladies of Rectory had a slightly less than enjoyable week as defeat ensued in two of the three

games played.

The first loss against near rivals Windsor in a close encounter, but it was a win by six shots to Windsor. Wendy Grant, Sue Croll, Jill Gaskell and Chris Davies surged in to a 1-0 lead on the first end, but unfortunately that was the only time that they held the advantage, losing 15-22. Belinda Price, Kath Jenkins, Betty Jones and Chris Church managed to hold on to their lead, winning by 19-18.

The second defeat occurred at Rectory when Millwood were the visitors. The smallest of margins separated the two sides as Millwood won by 23-24. Joan Lewis, Diana Willcocks, Maureen Dalby and Anne Thomas lost by just two shots 12-14, while Jayne Edwards, June Williams, Mary Bowen and Lynda Jones were winners by one shot 11-10.

The one win of the week was worth waiting for as a resounding win at Millwood in the Afternoon League was recorded. Architects of this win was the Sue Croll, Betty Jones, Joan Lewis and Chris Church rink which strode to a 27-6 win.

Also in winning mood were Wendy Grant, Tricia Brinkworth, Jill Gaskell and Chris Davies who masterminded a 19-6 victory and were never behind in the game. Belinda Price almost managed to snatch a win from the jaws of defeat but could only pick up a three on the last end to lose by the narrowest of margins 15-16.

NC

Cowbridge ladies' team record a fine victory

FEWER matches were played last week with some good results for Cowbridge Bowls Club, and others not so good.

On Wednesday, July 17, the ladies were away to Barry Romilly in the two-rink Evening League.

Although the rink of Lynda Wilson, Gloria Howells, Helen Nixon and Joan Bradley won 15-12, earning three valuable away points, the other Cowbridge quartet was well beaten.

Cowbridge lost overall. The following afternoon, in the Thursday league, all three rinks contributed to a fine win at home to Murch ladies from Dinas Powys.

Rink scores: Dorothy Pritchard, Tina Payne, Elaine Dobie and Kay Edwards 16-13; Diane Purnell, Sian Lewis, Phyllis Price and Lynda Wilson 18-9; Maggie Penn, Janet Morton, Joy Woolford and Helen Nixon 20-7.

Match score: Cowbridge 54 Murch 29.

The men played two midweek games, both at home, but with mixed fortunes.

The first of these was

an Evening League triples game against Pontyclun.

Rink scores: Arwyn Rees, Owen Hopkin and Andrew Morgan 16-26; Mike Fahey, Terry Foley and Bob Penn 11-21; Alan Jordan, Tony Lewis and Colin Wilson 11-21; Ron Dobie, Guy Morton and Clive Pritchard 20-12.

Match score: Cowbridge 58 Pontyclun 71.

The following day Sully Sports were the visitors for a Munro Cup game.

Rink scores: Alan Jordan, Phil Woosnam, Guy Morton and Andrew Morgan 31-5; Terry Dunsworth, Nick Gough, Colin Wilson and Clive Pritchard 24-10; Gerry Lloyd, Mike Fahey, Tony Lewis and Bob Penn 29-6; Ron Dobie, Ken Payne, John Nixon and Roger Barwick 15-19.

Match score: Cowbridge 99 Sully Sports 40.

For their last game of the week, the men welcomed league leaders St Albans to Cowbridge.

St Albans had only lost one league game this season and would provide formidable opposition.

Looking across the score boards, as the

game progressed, was interesting as the scores changed.

After 11 ends St Albans led by 2 shots. After 15 ends Cowbridge led by 5.

After 18 ends it was 62 shots to each team. It was a game that could have gone either way and after the 21st and final end, Cowbridge had won on 2 rinks and St Albans had won on 2, but there was a 2-shot difference in Cowbridge's favour, plus 10 welcome points for winning overall.

Rink scores: Gerry Lloyd, Terry Foley, Andrew Morgan and Bob Penn 14-20; Ron Dobie, Ken Payne, Clive Pritchard, Alan Wallace 24-17; Mansel Davey Dennis Snelling, John Nixon and Roger Barwick 19-16; Terry Dunsworth, Bryan Hole, Colin Wilson and Norman Wilkinson 15-17.

It was truly a memorable match played in good spirit.

Next season, the teams will be in different leagues but there is already talk of getting together to play in a friendly.

MB

HOWE MOTORS LTD

Est 1994

0 1 4 4 6 7 3 8 0 8 8

Mention the 'GEM' when
you purchase your next
car = Fuel 4 You!



HERE IS JUST A SMALL SELECTION OF OUR HUGE STOCK, FROM OVER 140 USED CARS, 4X4s & MPVs

LARGEST
SELECTION
OF CARS IN
BARRY

HUGE
RANGE OF
LENDERS

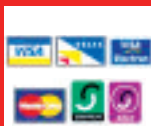
Very
Competitive
Rates

MANY LOW
MILEAGE
CARS

NO
OBLIGATION
TEST
DRIVE

SELL
US YOUR
CAR

ONLINE
SHOWROOM



2014 (64) MERCEDES-BENZ B CLASS, 1.5 B180 CDI BLUEEFFICIENCY SPORT 5d AUTO 107 BHP Diesel, MPV, Silver.....£11,490



2013 (62) AUDI A3 1.4 TFSI SPORT 3d 121 BHP, Petrol, Hatchback, Blue.....£8,490



2014 (14) MERCEDES-BENZ E CLASS, 3.0 E350 BLUETEC AMG SPORT 4d AUTO 249 BHP, Saloon, Grey...£13,995



2013 (13) AUDI Q3, 2.0 TDI QUATTRO S LINE 5d 138 BHP, Diesel, Estate, Orange.....£13,445



2016 (66) MERCEDES-BENZ E CLASS, 2.0 E 220 D AMG LINE AUTOMATIC 192 BHP, Diesel, Saloon, Black.....£20,990



2013 (13) BMW 3 SERIES 3.0 330D XDRIVE M SPORT 4d AUTO 255 BHP, Diesel, Saloon, Blue.....£15,990



2015 (15) MERCEDES-BENZ GLA-CLASS, 2.1 GLA220 CDI 4MATIC AMG LINE PREMIUM PLUS 5d AUTO 168 BHP, Diesel, Estate, Blue...£15,790



2014 (14) BMW 4 SERIES, 2.0 420D M SPORT 2d AUTO 181 BHP, Diesel, Coupe, Blue.....£14,990



2016 (66) MITSUBISHI L200, 2.4 DI-D 4WD WARRIOR DCB 1d AUTO 178 BHP, Diesel, Pick Up, White.....£14,945



2017 (67) BMW 5 SERIES, 3.0 530D M SPORT 4d AUTO 261 BHP, Diesel, Saloon, Blue.....£29,790



2016 (16) NISSAN JUKE, 1.6 TEKNA XTRONIC 5d AUTO 117 BHP, Petrol, Hatchback, Black.....£10,490



2014 (14) BMW X1, 2.0 XDRIVE 20D M SPORT 5d AUTO, Diesel, Estate, Black.....£12,490



2016 (65) PEUGEOT PARTNER, 1.6 VTI SE L1 98 BHP, Petrol, Panel Van, Red.....£6,440



2016 (66) FIAT 500, 1.2 LOUNGE DUALOGIC 3d AUTO 69 BHP, Petrol, Hatchback, Pink.....£8,490



2014 (64) SKODA SUPERB, 2.0 ELEGANCE TDI CR 5d 139 BHP, Diesel, Estate, Grey.....£8,990



2016 (16) FORD RANGER, 3.2 WILDTRAK 4X4 DCB TDCI 1d AUTO 197 BHP, Diesel, Pick Up, Silver.....£18,445



2010 (10) VAUXHALL ASTRA, 1.6 SE 5d AUTO 113 BHP, Petrol, Hatchback, Silver.....£4,290



2017 (17) FORD TRANSIT CONNECT, 1.5 220 P/V 1d 100 BHP, Diesel, Panel Van, White.....£11,990



2015 (15) VOLKSWAGEN BEETLE, 2.0 SPORT TDI 2d 139 BHP, Diesel, Convertible, White.....£14,445



2015 (65) JEEP WRANGLER, 2.8 CRD Black Edition 4dr AUTO, Diesel, 4x4, Black.....£22,940



2016 (66) VOLKSWAGEN GOLF, 2.0 GTD DSG 5d AUTO 182 BHP, Diesel, Hatchback, Silver.....£15,990



2016 (66) LEXUS NX, 2.5 300H LUXURY 5d AUTO 153 BHP, Hybrid Electric, Estate, Blue.....£24,945



2014 (14) VOLKSWAGEN TRANSPORTER SHUTTLE, 2.0 T30 TDI SHUTTLE S 5d 102 BHP, Diesel, MPV, White.....£14,990



2016 (66) MERCEDES-BENZ A CLASS, 2.1 A 200 D AMG LINE EXECUTIVE 5d 134 BHP, Diesel, Hatchback, Red.....£15,990

www.howemotors.co.uk

Powell Dyffryn Way | Barry | Vale of Glamorgan | CF62 5QR | VAT No.615915045 | Company Reg No.4993212

HOWE MOTORS LTD

Est 1994

0 1 4 4 6 7 3 8 0 8 8

Mention the 'GEM' when
you purchase your next
car = Fuel 4 You!



TAKE A LOOK AT OUR WEBSITE FOR THE RESERVE IT NOW FEATURE



2013 (13) AUDI A3 1.4 TFSi SPORT 5d 121 BHP, Petrol, Hatchback, White£10,490



2016 (16) MERCEDES-BENZ C CLASS, 2.1 C 220 D AMG LINE PREMIUM PLUS 2d AUTO 168 BHP, Diesel, Coupe, Grey£20,990



2016 (66) AUDI A4 2.0 TDI S LINE 4d AUTO 188 BHP, Diesel, Saloon, Blue£17,990



2013 (63) MERCEDES-BENZ E CLASS, 2.1 E220 CDI AMG SPORT 2d AUTO 170 BHP, Diesel, Convertible, Black£14,990

ALL CARS
HPI
CHECKED

FULLY
EQUIPPED
WORKSHOPS

PART
EXCHANGE
WELCOME

Trusted
Automotive
Technicians

RAC
WARRANTY
AVAILABLE

CAR
BUYING
SCHEME

FINANCE
FACILITIES
TO SUIT
MOST!

BAD
CREDIT
CATERED
FOR

ALL MAJOR
CREDIT
CARDS

OVER 140
USED CARS,
4x4s, MPVs.

0% DEPOSIT
AVAILABLE



2013 (63) AUDI TT 2.0 TFSi BLACK EDITION 2d 208 BHP, Petrol, Coupe, Black.....£11,990



2014 (63) MERCEDES-BENZ E CLASS, 2.1 E250 CDI AMG SPORT 4d AUTO 202 BHP, Diesel, Saloon, Blue.....£13,990



2016 (16) BMW 4 SERIES, 3.0 435D XDRIVE M SPORT 2d AUTO 309 BHP, PRO, Diesel, Coupe, White.....£24,990



2008 (08) MINI CLUBMAN, 1.6 COOPER S 5d AUTO 172 BHP, Petrol, Estate, Grey.....£5,890



2011 (61) BMW 5 SERIES, 2.0 520D M SPORT 4d AUTO 181 BHP, Diesel, Saloon, Grey£10,790



2017 (17) MITSUBISHI L200, 2.4 DI-D 4WD WARRIOR DCB 1d 178 BHP, Diesel, Pick Up, White£14,890



2017 (17) BMW 5 SERIES, 3.0 540I XDRIVE SE 4d AUTO 335 BHP, Petrol, Saloon, Blue.....£24,990



2011 (61) NISSAN QASHQAI, 1.6 N-TEC 5d 117 BHP, Petrol, Hatchback, Grey£6,990



2016 (16) BMW X3, 3.0 XDRIVE 30D M SPORT 5d AUTO 255 BHP, Diesel, Estate, Silver£20,990



2015 (15) SKODA FABIA, 1.2 SE L TSI DSG 5d AUTO 109 BHP, Petrol, Hatchback, Blue£8,384



2010 (60) FORD FOCUS, 1.6 TITANIUM 5d 100 BHP, Petrol, Hatchback, Grey£4,490



2011 (11) TOYOTA HI-LUX, 3.0 INVINCIBLE 4X4 D-4D DCB 1d 169 BHP, Diesel, Pick Up, Silver£14,990



2010 (10) FORD TRANSIT CONNECT, 1.8 T220 LR 1d 90 BHP, Diesel, Panel Van, White.....£3,990



2014 (64) VAUXHALL VIVARO, 1.6 2900 L2H1 CDTi P/V SPORTIVE 4d 114 BHP, Diesel, Panel Van, Black.....£10,990



2015 (65) JAGUAR XE, 2.0 R-SPORT 4d AUTO 178 BHP, Diesel, Saloon, Blue£15,490



2007 (57) VOLKSWAGEN GOLF, 1.6 FSI MATCH FSI 5dr 115 BHP, Petrol, Hatchback, Silver£3,490



2012 (12) LEXUS CT, T.8 200H F SPORT AUTO 136 BHP, Hybrid Electric, Hatchback, Black.....£9,490



2009 (59) VOLKSWAGEN GOLF, 1.4 GT TSI 5d 160 BHP, Petrol, Hatchback, Red£5,290



2010 (10) MAZDA MX-5, 2.0 I ROADSTER SPORT TECH 2dr 158 BHP, Petrol, Convertible, Red£6,990



2017 (17) VOLVO V40, 1.5 T3 MOMENTUM NAV PLUS 5d AUTO 150 BHP, Petrol, Hatchback, Gold£14,790

Many more vehicles available

Powell Dyffryn Way | Barry | Vale of Glamorgan | CF62 5QR | VAT No.615915045 | Company Reg No.4993212

WANT A NEW CAR BUT DON'T WANT TO PAY THOUSANDS ON A DEPOSIT?



- WE'LL PAY YOUR DEPOSIT
- 0% HP FINANCE
- 7 YEAR WARRANTY



NATHANIEL MG BRIDGEND
CF31 3SA • 01656 662277

NATHANIEL MG CARDIFF
CF11 8NN • 02920 020225

Glamorgan CC skipper aiming for T20 success

CAPTAIN Colin Ingram believes his experiences in Twenty20 leagues across the world have made him a better leader as he aims to end Glamorgan's wait for a Vitality Blast title.

The hard-hitting South African is one of world cricket's most travelled professionals, having played in several different T20 leagues from India to Australia and from Afghanistan to the Caribbean. It is in Wales, however, where he feels most at home and where the 34-year-old plans to set down roots in Cardiff with his family.

"(Cardiff is) my cricket home and where my family hope to settle permanently in the future," he said.

"We regard Cardiff as our second home, and it has everything you could wish for to bring up a small family."

Since arriving in Wales four years ago, Ingram has been Glamorgan's most consistent performer in T20, during which time they reached just their second Finals Day in 2017. After a winter that saw him play for the Delhi Capitals in the Indian Premier League, while he also captained Adelaide Strikers in the Big Bash, he feels ready to make an even greater mark.

"I have learnt a lot about captaincy, and what I've learnt can be put into practice at Glamorgan," he said, ahead of their home opener against Somerset last Friday evening.

Ingram found his spell with the Delhi Capitals a worthwhile learning experience, even if things did not always go his way. "It was very tough, as I had limited opportunities. I have always batted up the order, but for Delhi I was constantly coming in at number five or six with only a few runs needed to win.

"I am now back on familiar territory, and with all the experience I've gained in tournaments around the world I am hoping that can help the players and I am sure we can all enjoy a successful T20 tournament."

Lady captains go Hawaiian for special competition day

ST Athan Ladies Captains' Day is always a well supported event and joint captains Denise McGowan and Mags Vecchi were delighted to see past and present members gather to celebrate with them.

At the beginning of their tenure, Mags and Denise (pictured below) believed totally in the adage 'two heads are better than one', appreciating that they would be able to share the workload throughout the year. They also came up with the idea of a Hawaiian theme, so flower garlands, grass skirts, and palm trees were much in evidence.

Several of the male members were called upon to assist and the ladies were delighted to discover that their cocktail waiters were the club captain Gerald Thomas, ably assisted by greenkeeper/player Craig Sherman.

There was much hilarity on the putting green, and Hwyl Phillips-Morgan was delighted to announce

Carol Jones the victor.

The format for the golf was a shotgun start Stableford competition with prizes also awarded for longest drives, nearest the pin and nearest the line. Only the width of another golf ball separated Roz Martin-Jones' ball from the line and Shirley Lewis 'smashed' the longest drive!! The 'Nearest the Pin' marker quickly became immaterial as on the seventh, Lily-Mae O'Carroll had a hole in one!

Lily-Mae could not contain her excitement as she videoed herself walking from tee to green to retrieve her ball from the cup.

The clubhouse was the venue for the awards presentation and a superb buffet provided by Leanne Gordon and her team greeted the ladies. Mags and Denise ensured that the formalities were conducted prior to too many cocktails being consumed and were delighted to award a prize to Wendy Thomas for carding the best score in a nine-hole competition set up especially for the lady members who, at the present time, find playing 18 too arduous.

The main competition saw prizes going to Gill Jones and Rose Dawson, runner-up and winner respectively in the bronze division while the silver division winner was Steph Bonnar, with Lily-Mae O'Carroll as runner-up; both with 41 points so the count-back ruling came into play.

Denise and Mags would like to thank everybody for making their day so special; they recognise that there are many people 'behind the scenes' who often get overlooked and special thanks must go to those.

Denise, Mags and their fellow golfers warmly welcome anyone thinking of joining their section.



For further information, contact club manageress, Anita, on 01446 751043. CM



MADE IN JAPAN. DRIVEN EVERYWHERE



4.1% APR* REPRESENTATIVE

MAZDA PERSONAL CONTRACT PURCHASE. £2,250 MAZDA DEPOSIT CONTRIBUTION

Book a test drive° today, call us on 02920 609239
VICTORIA PARK MAZDA, Hadfield Road, Cardiff CF11 8AQ
02920 609239 www.victoriapark-mazda.co.uk

The official fuel consumption figures in mpg (l/100km) for the Mazda2 range: Combined 47.9 (5.9) - 49.6 (5.7)*.

CO₂ emissions (g/km) 127 - 111*. Figures shown are for comparability purposes; only compare fuel consumption and CO₂ figures with other cars tested to the same technical procedures. These figures may not reflect real life driving results, which will depend upon a number of factors including the accessories fitted (post-registration), variations in weather, driving styles and vehicle load. *There is a new test used for fuel consumption and CO₂ figures. The CO₂ figures shown however, are based on the outgoing test cycle and will be used to calculate vehicle tax on first registration. Retail sales only, subject to availability for vehicles registered between 01.07.19 and 30.09.19 at participating dealers. T&C apply. *4.1% APR Mazda Personal Contract Purchase available on Mazda2 models. Finance subject to status, 18s or over. Guarantee may be required. Mazda Financial Services RH1 1SR. Model shown: Mazda2 115ps GT Sport Nav+. OTR from £17,795. Model shown features optional Machine Grey Metallic paint (£660). OTR price includes VAT, number plates, delivery, 12 months' road fund licence, first registration fee, 3 year or 60,000 mile warranty and 3 years' European roadside assistance. °Test drives subject to applicant status and availability. Details correct at time of going to print. Not available in conjunction with any other offer unless specified. Victoria Park Motor Company Limited, trading as Victoria Park Mazda is a credit broker not a lender for this financial promotion. We can introduce you to a limited number of carefully selected finance providers and may receive a commission from them for the introduction.





18 18 BMW 520i M Sport 4dr Automatic, sat nav, xenons, cruise, 15k, white, full leather

£23995



16 16 NISSAN QASHQAI 1.5 DCI N-Connecta 5dr, comfort pack, pan roof, sat nav, reverse camera, 15k, choice

£10995



18 18 PEUGEOT 5008 1.6 BlueHDI Allure 5dr Automatic (7-Seater), sat nav, reverse camera, 29k, black

£20995



11 11 BMW X1 XDrive 2.0 D M Sport 5dr, 18" alloys, heated seats, white, full leather

£8995



15 15 VAUXHALL ASTRA 1.6 CDTi 16V EcoFlex 136 Tech Line GT 5dr, sat nav, 46k, grey

£6995



16 66 VAUXHALL INSIGNIA 2.0 CDTi 170 SRI VX-Line 5dr Auto, 19" alloys, sat nav, cruise, 22k

£11495



16 16 AUDI A5 2.0 TDI 190 S-Line 5dr Multi-tronic Automatic, sat nav, 37k, black, full leather

£16995



15 64 BMW M135i 3.0 M Sports 5dr automatic (321bhp), sat nav, Bluetooth, 34k, orange, full oyster

£16495



16 65 JEEP CHEROKEE 2.2 MultiJet 200 Limited 5dr Auto, sat nav, reverse camera, white, full leather

£14495



16 16 NISSAN JUKE 1.5 DCI Tekna 5dr, sat nav, heated seats, 26k, choice, full leather

£7995



16 16 VOLVO XC90 2.0 D5 R-Design 5dr AWD Geartronic Auto (7-Seater), 20" Alloys, sat nav, 42k, grey

£29995



17 66 VW GOLF 2.0 TSI Blue Motion Tech GTI 5dr Automatic (220bhp), sat nav, cruise, heated seats, 10k, choice

£17995

16 16 ABARTH 595 1.4 T-Jet Trofeo 3dr (140bhp), 17" alloys, Bluetooth, aux, usb, 20k, red.....**£8995**

17 17 AUDI Q2 1.6 TDI S-Line 5dr, Audi warranty April 2020, sat nav, cruise, Bluetooth, 17k, white, half-leather.....**£19495**

16 16 AUDI Q5 2.0 TDI Quattro S-Line 5dr, 19" alloys, xenons, 16k, black, full leather.....**£20995**

17 17 BMW 118 D M Sport 5dr Automatic, BMW warranty April 2020, sat nav, Bluetooth, cruise, blue.....**£13995**

16 16 BMW 220 D XDrive Luxury Gran Tourer 5dr Automatic (7-Seater), sat nav, reverse camera, heated seats, red, full leather.....**£13795**

16 66 BMW 320 D M Sport GT 5dr, BMW warranty Dec 2019, pro sat nav, heated seats, cruise, silver, full leather.....**£14495**

18 18 BMW 320 D Sport 4dr Automatic, BMW warranty March 2021, sat nav, heated seats, cruise, Bluetooth, 6k, white.....**£18495**

14 14 BMW 420 D M Sport Convertible Automatic, 19" alloys, sat nav, white, full leather.....**£15995**

16 66 BMW 430 D M Sport Gran Coupe 5dr Automatic (260bhp), BMW warranty Sept 2019, pro sat nav, reverse camera, 19" alloys, black, full leather.....**£18795**

16 16 BMW 430 D M Sport 2dr Coupe Automatic (260bhp), pro sat nav, xenons, 30k, grey, full leather.....**£19495**

18 18 BMW X1 2.0 SDrive D M Sport 5dr, BMW warranty April 2021, sat nav, heated seats, privacy glass, blue, full leather.....**£19795**

13 13 CITROEN DS3 CABRIO 1.6 VTI DStyle Plus 2dr, cruise, air-con, aux, usb, grey.....**£4495**

16 16 DS DS3 1.2 Puretech Elegance 3dr, ds warranty until June 2019, cruise, dab, 17" black alloys, 17k, yellow.....**£7995**

17 17 DS DS3 1.6 BlueHDI Prestige 3dr, DS warranty April 2020, sat nav, cruise, 17" alloys, yellow.....**£8495**

18 68 DACIA SANDERO STEPWAY 0.9 TCE Comfort 5dr, Dacia warranty Nov 2021, sat nav, air-con, 6k, white.....**£8995**

16 66 FIAT 500X 1.6 MultiJet Pop Star 5dr, sat nav, cruise, Bluetooth, grey.....**£8995**

15 65 FORD ECOSPORT 1.0 EcoBoost Titanium 5dr, Bluetooth, cruise, 25k, black, half-leather.....**£8495**

17 17 FORD EDGE 2.0 TDCI 180 Sport (Lux Pack) 5dr 4WD, Ford warranty July 2020, pan roof, sat nav, blue.....**£20995**

17 17 FORD FOCUS 1.5 TDCI 120 Zetec Edition 5dr, Ford warranty April 2020, sat nav, cruise, Bluetooth, choice.....**£9495**

18 18 FORD FOCUS 1.0 T EcoBoost ST-Line 5dr (140bhp), Ford warranty Feb 2021, sat nav, Bluetooth, 6k, choice.....**£13795**

18 68 FORD FOCUS 1.0 EcoBoost 125 ST-Line Nav 5dr (New Model), Ford warranty Oct 2021, sat nav, pdc, dab, 5k, blue.....**£17495**

16 65 FORD FOCUS 1.5 TDCI Zetec Estate, sat nav, rear park assist, white.....**£8495**

17 17 FORD FOCUS 1.5 TDCI 120 Titanium 5dr, sat nav, cruise, Bluetooth, 14k, choice.....**£10995**

17 17 FORD MONDEO 2.0 TDCI Eco Zetec Estate, sat nav, cruise, choice.....**£10995**

17 66 FORD S-MAX 2.0 TDCI Titanium 5dr (7-Seater), Ford warranty Feb 2020, sat nav, cruise, met red.....**£16995**

16 16 HONDA JAZZ 1.3 i-VTEC EX 5dr, Honda warranty June 2019, Bluetooth, reverse camera, dab, pdc, 9k, orange.....**£9795**

14 14 HYUNDAI SANTA FE 2.2 CRDI Premium 5dr Automatic 4WD, sat nav, reverse camera, 37k, black, full leather.....**£14295**

16 16 HYUNDAI TUCSON 1.7 CRDI BlueDrive Premium 5dr, Hyundai warranty July 2021, sat nav, reverse camera, 25k, black, full leather.....**£13495**

17 66 HYUNDAI TUCSON 1.7 CRD BlueDrive SE Nav 5dr, Hyundai warranty March 2022, sat nav, heated seats, reverse camera, black.....**£11995**

17 17 INFINITI Q30 2.2 D Premium 5dr DCT Automatic 4WD, Infiniti warranty June 2020, pan roof, sat nav, 14k, silver.....**£12995**

14 64 JAGUAR XF 2.2 D (200) R-Sport 4dr Automatic, sat nav, reverse camera, 20" Alloys, grey, full leather.....**£10995**

17 17 JAGUAR XF 2.0 D 180 Portfolio 4dr Automatic, Jaguar warranty March 2020, sat nav, reverse camera, 10k, choice, full leather.....**£17995**

13 63 JEEP GRAND CHEROKEE 3.0 CRD Summit 5dr Automatic 4WD, pan roof, sat nav, 42k, met red.....**£17995**

16 66 KIA SPORTAGE 1.7 CRD ISG 4 5dr, Kia warranty Oct 2023, sunroof, sat nav, red, full leather.....**£13495**

16 16 KIA SPORTAGE 2.0 CRD GT-Line 5dr AWD, Kia warranty April 2019, sat nav, reverse camera, 21k, black, full leather.....**£14995**

17 17 KIA SPORTAGE 2.0 CRDI KX-4 AWD 5dr, pan roof, sat nav, cruise, reverse camera, 23k, choice, full leather.....**£16495**

17 66 LAND ROVER RANGE ROVER SPORT 4.4 SDV8 Autobiography Dynamic 5dr Automatic 4WD, Land Rover warranty Feb 2020, pan roof, rear seat entertainment, sat nav, stealth pack, 21k, silver, full leather.....**£47995**

16 16 MAZDA CX-5 2.2 D Sport Nav 5dr, sat nav, reverse camera, 32k, grey, full leather.....**£15495**

16 66 MAZDA MX-5 1.5 SE 2dr Convertible, Mazda warranty Jan 2020, air-con, usb, aux, 14k, white.....**£12495**

17 67 MERCEDES A180 AMG Line Executive 5dr 7G DCT Automatic (Night Pack), Mercedes warranty Oct 2020, sat nav, heated seats, 6k, white, half-leather.....**£18995**

16 16 MERCEDES E220 CDI Bluetec AMG Night Edition 4dr 7G-Tronic, sat nav, heated seats, blue, full leather.....**£14495**

16 16 MERCEDES E220 CDI Bluetec AMG Line 2dr Coupe 7G-Tronic, sat nav, 39k, black, full leather.....**£15995**

17 67 MERCEDES GLA220 D AMG Line 4Matic 5dr 7G Automatic, Mercedes warranty Nov 2020, cruise, 14k, black, half-leather.....**£20995**

12 12 MINI COUPE 1.6 (190) S 3dr, air-con, alloys, aux, 26k, blue.....**£6495**

15 65 MINI COOPER 1.5 5dr, chilli + tlc pack, cruise, Bluetooth, 14k, met blue, half-leather.....**£9995**

15 65 MINI COOPER 1.5 D 5dr Automatic, media pack xl - sat nav, privacy glass, chilli + tlc pack, 27k, blue.....**£10795**

16 66 MINI COOPER 1.5 5dr, Mini warranty Dec 2019, Bluetooth, dab, air-con, aux, usb, met blue, 27k.....**£10495**

17 67 MINI COOPER 2.0 S Seven 5dr (192bhp), Mini warranty Oct 2020, chilli pack, sat nav, cruise, 9k, choice, half-leather.....**£14495**

16 66 MINI CONVERTIBLE 2.0 S 2dr, Mini warranty Dec 2019, jcw chilli pack, sat nav, 14k, aqua, full leather.....**£15495**

13 63 MINI ROADSTER 1.6 Cooper S 2dr Convertible, heated seats, xenons, 49k, black, full leather.....**£7995**

17 67 NISSAN QASHQAI 1.5 DCI Acenta 5dr, Nissan warranty Oct 2020, cruise, Bluetooth, aux, usb, 14k, blue.....**£12995**

17 67 NISSAN X-TRAIL 1.6 DCI N-Vision 5dr, Nissan warranty Oct 2020, pan roof, sat nav, reverse camera, 11k, grey.....**£15495**

16 16 PEUGEOT 308 1.6 BlueHDI 120 Active 5dr, sat nav, cruise, pdc, 19k, black.....**£8795**

17 67 RENAULT CAPTUR 0.9 TCE Energy Expression + 5dr, Renault warranty Nov 2021, Bluetooth, cruise, 6k, black.....**£9995**

18 18 SEAT LEON 1.2 TSI SE Dynamic Technology 5dr, Seat warranty until April 2021, sat nav, cruise, 9k, choice.....**£11795**

18 68 SMART FORFOUR 1.0 Passion 5dr, Smart warranty Oct 2021, cruise, Bluetooth, alloys, 6k, two tone met red over silver.....**£6795**

15 65 SUZUKI VITARA 1.6 DDIS S25 AllGrip 5dr, 4wd, sat nav, pan roof, white, half-leather.....**£9995**

16 16 SUZUKI VITARA 1.6 SZ-T 5dr, Suzuki warranty Aug 2019, sat nav, reverse camera, cruise, dab, 25k, red.....**£9995**

17 66 TOYOTA AVENSIS 1.6 D-4D Active 4dr, air-con, cruise, Bluetooth, 16k, white.....**£10495**

15 64 VAUXHALL ADAM 1.4 i (100) Slam 3dr, 18" black alloys, air-con, 43k, black.....**£6295**

17 67 VAUXHALL ASTRA 1.6 CDTi Elite 5dr, Vauxhall warranty Oct 2020, sat nav, Bluetooth, 20k, silver, full leather.....**£10495**

15 15 VAUXHALL CORSA 1.2 Sting 3dr, cruise, 16" white alloys, 44k, red.....**£4795**

18 18 VAUXHALL CORSA 1.4 T White Edition (150) 3dr, Vauxhall warranty July 2021, air-con, cruise, white.....**£10995**

16 16 VAUXHALL INSIGNIA 1.6 CDTi EcoFlex SRI Nav 5dr, sat nav, cruise, heated seats, black.....**£7995**

18 18 VAUXHALL INSIGNIA 1.6 Turbo D Ecotec Tech Line Nav 5dr, Vauxhall warranty April 2021, sat nav, reverse camera, 10k, black.....**£13495**

17 66 VW GOLF 2.0 TSI R 5dr 4WD (300bhp), VW warranty Feb 2020, sat nav, cruise, Bluetooth, heated seats, 19k, choice, full leather.....**£20495**

15 65 VW PASSAT 2.0 TDI BlueMotion Tech GT Estate DSG Automatic, sat nav, reverse camera, silver.....**£12495**

16 66 VW POLO 1.8 TSI Bluemotion Tech GTI 5dr, VW warranty Dec 2019, cruise, xenons, dab, usb, 28k, white.....**£12795**

15 65 VW TIGUAN 2.0 TDI Bluemotion Tech R-Line 5dr DSG Automatic 4WD, sat nav, cruise, 31k, white, full leather.....**£14995**

17 17 VW TIGUAN 2.0 TDI BMT 150 SE Nav 5dr DSG Automatic, VW warranty June 2020, sat nav, reverse camera, 16k, choice.....**£18995**

17 67 VOLVO V40 2.0 T3 (152) R-Design Pro 5dr, Volvo warranty Oct 2020, sat nav, 18" alloys, 18k, choice.....**£12795**

**NO BUYERS OR
ADMIN FEES**

The price we advertise is the price you pay

**NO PRICE
BARRIERS**

Part Exchange up or down

**DRIVE AWAY
TODAY WITH ZERO
DEPOSIT**

**DRIVE AWAY
IN 60 MINUTES**

JEFF WHITE
MOTORS

www.jeffwhitemotors.co.uk

OVER 500 CARS IN STOCK

Over **40** KIA Sportages
from **£9995**



JEFF WHITE MOTORS

PRINCIPALITY
STADIUM

CARDIFF CITY
STADIUM

www.jeffwhitemotors.co.uk

GARY WATSON MOTOR CO.

GW

VISIT OUR WEBSITE FOR FULL DETAILS



64 LANDROVER DISCOVERY 4 HSE
Auto, black edition, in met grey,
46,000 miles, 7 seater
£24,995



VAUXHALL MOKKA X ACTIVE 1.4 turbo
in amber orange, 8,000 miles,
one owner
£11,995



62 BMW X1 2.0D X DRIVE, X LINE
Mineral white, 40,000 miles,
Nevada leather
£11,995



16 MAZDA 2 SPORT 15D NAV
In met grey, 42,000 miles, free
road tax
£8,495



14 MERCEDES E350 SPORT Auto Estate
In black, 2 owners, FSH
£12,999

- 63 RANGE ROVER 4.4 TDV8 Vogue SE 5-Dr in black with cream leather, 73,000 miles, new shape**£33,995**
64 LANDROVER DISCOVERY 4 HSE SDV6 Auto "Black Edition" in met grey, 46,000 miles, 7 seater.....**£24,995**
66 BMW X1 2.0D X-DRIVE AUTO M-SPORT in white, 34,000 miles, 1 owner, host of extras**£20,695**
16 AUDI A4 S-Line 2.0 TDi in tango red, 30,000 miles, Sat Nav etc**£16,995**
66 AUDI A4 SPORT Ultra 2.0 TDi Estate in black, 37,000 miles, £20 road tax**£15,995**
66 VW PASSAT GT 2.0TDI Blumotion Estate Automatic in met black oak with pan-roof, sat nav etc**£14,795**
14 LAND ROVER FREELANDER SD4 Metropolis 2.2D Automatic in Met blue, pan sunroof, sat nav, cream heated leather, FSH**Reduced by £500 to £13,995**
14 MERCEDES E350 SPORT Auto Estate in black, 2 owners, FSH sat nav etc**Reduced to £12,999**
67 VAUXHALL MOKKA X ACTIVE 1.4 turbo in amber orange, 8,000 miles, one owner**£11,995**
64 MINI COUNTRYMAN 2.0 Diesel Cooper Automatic met blue, 28,000 miles**£11,995**
62 BMW X1 2.0D X DRIVE, XLINE Mineral white, 40,000 miles, Nevada leather**Reduced to £11,995**
64 BMW 318D SPORT Automatic 2.0D in black, 71,000 miles, sat nav, heated leather seats etc**£10,995**
12 LEXUS CT 200H SE-L Automatic Hybrid Cewrulean blue wiht cream leather, 45,000 miles, 1 owner**£10,795**
14 FORD KUGA 2.0 TDCI TITANIUM 4x4 in black 73,000 miles, high spec**£9,995**
65 FORD FOCUS 1.0 ZETEC 5dr In black, 14,000 miles, low running costs**£9,995**
54 AUDI RS6 AVANT QUATTRO 4.2 V8 Auto in met silver with black leather, 100,000 miles, classic at**£9,995**
15 MAZDA 3 SE-L NAV 2.0 AUTO 5dr In black, 42,000 miles, high spec**£9,995**
14 SKODA SUPERB 2.0 TDi Elegance CR (170) in Cappuccino beige, 48,000 miles, Sat Nav, leather seats**£9,995**
16 VAUXHALL INSIGNIA 1.8 SRI Nav 5dr In met grey, 25,000 miles, ideal family hatch**£9,495**
13 AUDI A1 S-Line 1.4 TFSI 5-DR Automatic In red, 73,000 miles, very nice example**Reduced by £1000 to £8,995**
14 SKODA YETI 2.0 TDi CR SE In red, 29,000 miles, 1 owner**£8,995**
14 BMW 120D SE 5-Dr In Red, 60,000 miles, fantastic MPG + low road tax**Reduced by £1000 to £8,995**
13 VW GOLF 2.0 TDi GT 3dr in white, 78,000 miles with Sat Nav, etc**£8,995**
65 HYUNDAI i20 PREMIUM MPT 1.4 Automatic in white, 41,000 miles, nice example**£8,795**
16 CITROEN C4 Flair Blue 1.6 HDi 5dr in black, 24,000 miles, 1 owner**£8,495**
66 TOYOTA YARIS 1.3 VUTI 5dr in white, 24,000 miles wiht sat nav**£7,995**
65 CITROEN C4 CACTUS BLUE HDi FEEL 1.6D In red, 37,000 miles, DAB radio, free road tax**£7,995**
65 MAZDA 3 SPORT 2.2 Diesel 5dr in met blue, 88,000 miles, host of extras**£7,995**
16 SKODA FABIA 1.4 TDi SE 5dr in white, 39,000 miles with keyless-go etc**£7,995**
16 CITROEN BELINGO M-SPACE 1.6D "Feel" in met blue, 58,000 miles**£7,995**
62 NISSAN QASHQAI 1.6 Accenta +2 in black, 64,000 miles, 7 seater with pan roof**£7,795**
65 SKODA FABIA 1.0 MPI SE 5-dr in black, 22,000 miles, 1 owner**£7,495**
16 MAZDA 2 SPORT 15D NAV in met grey, 42,000 miles, Free Road Tax**Reduced by £1500 to £7,495**
16 VAUXHALL CORSA 1.4 ECO FLEX SRI 5dr in white, 34,000 miles, new shape**£7,495**
16 SUZUKI SWIFT 12 S2-L 5dr Horizon in orange, 12,000 miles, 1 owner, £30 road tax**£7,295**
65 VAUXHALL CORSA 1.0 EXITE 3dr in black, 22,000 miles, 1 owner**£6,995**

- 13 FORD FIESTA 1.0 ECO ZETEC 5dr in black, 25,000 miles, free road tax**£6,995**
61 VW GOLF 2.0 TDi GTD 3 dr in black with black leather sports seats 105,000 miles**£6,995**
15 FORD FIESTA 1.0 TURBO ZETEC 5dr in black, 44,000 miles, free road tax**£6,995**
15 VAUXHALL INSIGNIA 2.0 CDTi Eco SR Nav Estate in black, 76,000 miles**£6,995**
14 CITROEN DS4 D-Style Air Dream 1.6 Diesel Automatic in red, low miles, low tax**£6,995**
13 MITSUBISHI ASX 1.8 Diesel 4x4 in black with leather, sat nav etc, 78,000 miles, FSH**£6,995**
11 LEXUS CT 2.00H SE-i Auto Hybrid in met white, 92,000 miles, free road tax**£6,995**
62 HONDA CIVIC 2.2 Diesel ES 5dr in bronze, 47,000 miles, excellent MPG**£6,795**
61 SSANGYONG KORANDO 2.0 EX Diesel Automatic, 63,000 miles, met orange, 4x4**£6,795**
16 DACIA STEPWAY 1.5 Diesel Laurette in black, 50,000 miles, 1 owner, sat nav etc**£6,795**
65 VW HIGH UP 1.0 5dr in black, 24,000 miles, sat nav etc**£6,495**
64 FORD FIESTA 1.2 ZETEC 3-Dr in met grey, 21,000 miles **£6,495**
61 VOLKSWAGEN PASSAT SE blumotion tech 1.6D in Iceland grey, 51,000 miles, FSH, bluetooth, P/S, DAB radio**£6,495**
14 FORD FIESTA 1.6 TDC ZETEC ECONETIC 5-dr in grey, 42,000 miles, FREE road tax**Reduced to £6,495**
16 SUZUKI SWIFT SZ3 1.2 5dr in boost blue 38,000 miles, 1 owner £30 road tax**£6,495**
12 NISSAN QASHQAI 1.6 ACENTA in silver, 65,000 miles**Reduced by £1200 to £6,495**
63 PEUGEOT 208 ALLURE 1.2 5-dr in black, 36,000 miles, low running costs**Reduced by £500 to £5,995**
64 NISSAN NOTE 1.2 ACENTA in sonic blue, 26,000 miles, £20 road tax**£5,995**
63 VAUXHALL ADAM 1.4 SLAM Yellow with black roof, 41,000 miles, very trendy**£5,995**
63 HYUNDAI i20 ACTIVE 5dr in met blue, 14,000 miles, 1 owner**£5,995**
11 SEAT LEON 2.0 TDi FR Auto 5dr in track grey, 76,000 miles**£5,995**
14 VAUXHALL CORSA 12 CDTi Limited Edition 5dr in red, 22,000 miles, A/C, alloys etc**£5,995**
09 MAZDA MX5 2.0 SPORT CONVERTIBLE in silver, black leather, 58,000 miles, very nice example**£5,695**
64 VAUXHALL CORSA 1.4 SXi 5dr In black, 33,000 miles, alloys, A/C etc**£5,495**
62 TOYOTA YARIS 1.3 VVT-i SR 5-dr in white, 44,000 miles with sat nav etc**Reduced by £500 to £5,495**
63 FIAT 500 LOUNGE TURBO 875cc in White, 34,000 miles, pan roof, bluetooth, climate control**£4,995**
13 SKODA Rapid 1.2 TSi Elegance In met grey, 51,000 miles, ideal family hatch**Reduced by £500 to £5,495**
13 CITREON DS4 Dstyle 1.6HDi 5dr in met blue, 65,000 miles, ideal family car**£4,995**
13 FIAT 500 1.2 LOUNGE in met blue, 46,000 miles, low insurance**£4,695**
63 TOYOTA AYGO 1.0 VVTi 'Mode' 5dr in red with black roof, 33,000 miles with Sat Nav**£4,295**
13 MITSUBUSHI MIRAGE 2 1.5 5dr black, 32,000 miles, low insurance**Reduced by £500 to £3,995**
13 FIAT PANDA 1.2 LOUNGE 5dr in blue, 53,000 miles, low running costs**£3,995**
11 VAUXHALL MERIVA 1.7 CDTi EXCLUSIVE In met bronze, 67,000 miles**£3,495**



14 LANDROVER FREELANDER SD4 Automatic
In met blue, pan sunroof, sat nav,
cream heater leather, FSH
£13,995



13 AUDI A1 S-LINE 1.4 AUTOMATIC
In red, 73,000 miles, very nice
example
£8,995



12 NISSAN QASHQAI 1.6 ACENTA
In silver, 65,000 miles
£6,495



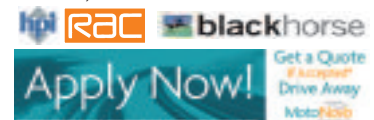
63 VAUXHALL ADAM 1.4 SLAM
Yellow with black roof,
41,000 miles
£5,995



14 SKODA YETI 2.0 TDi CR SE
Red, 29,000 miles, 1 owner
£8,995

ALL CARS SUPPLIED WITH NEW MOT AND 3 MONTHS RAC WARRANTY
• FINANCE PACKAGES TO SUIT ALL • 0% DEPOSIT FINANCE AVAILABLE
• ALL CARS HPI CLEAR • PART EXCHANGE WELCOME • OPEN 7 DAYS
• CARS BOUGHT FOR CASH • ALL MAJOR CREDIT CARDS TAKEN

BROAD STREET, BARRY CF62 7AE 01446 722600
www.GARYWATSONMOTORCOMPANY.co.uk



Hugh lifts the Phil Price Cup at St Mary's

FORMER captain Hugh Williams flew the flag for St Mary's senior section when he lifted the trophy in the club's Phil Price Cup competition with a fine score of 41 stableford points, five better than par and four clear of the runner-up.

Several days later, a good field of 39 members teed off in the senior section's own competition, a qualifying stableford played off the white tee boxes.

The continued fine weather encouraged good scoring and, although not quite

matching the brilliance of Williams' 41 points in the Phil Price Cup, a host of players bettered the par score of 36 and a count back was necessary to separate the three leaders who were tied on 39 points.

With the abacus safely back in its box, the victory was awarded to proud Brian Peacock, with Gordon Campbell second and Gordon Martin placed third.

Twos were scored by Norman Lloyd and Dave Martin (second hole), Wayne Newton (10th), Andrew Lane (14th) and Owen Maund (18th).

NL

Brynhill GC open day is a big success

RECENTLY, Brynhill held its annual Open Day: with the course looking pristine and a day of gorgeous weather, good scores were anticipated and big hitter Craig Balchin didn't disappoint.

Winning with a solid 42 best guest was Wenvoe's Pat Regan with a fine 39.

The winner of the longest drive was Celtic Manor's Carwyn Morgan while Barry Boy Nick Daniels claimed nearest the pin on the 16th.

Sunday saw a Stableford 4 ball better ball.

The best two on the day were Ritchie Mason and wily veteran John Kirkpatrick, who came in with an impressive 45 points, two less than the second-placed pairing of D Taylor and Burgoyne.

On the team front, Brynhill Halletteers went down guns blazing at Green Meadow in the cup quarter final, before losing their last home league match to

Aberdare.

All games went to the wire but sadly only team captain Gratton and his partner Pudge could card a win, with Jones and Perkins scrambling a half.

This is Brynhill Hallets' first season back in the league for a number of years, so realistically it was all about building a new team.

Disaster for the (not so) Wonderful Wayfarers who lost at Radyr 5-0. It's been a hard season for the Wayfarers as they've lost many of last year's stars to handicap reduction.

Meanwhile, the Seconds fought out a draw with Dinas Powys first team, with Ham and Penberthy sadly having to concede their match and the Lundrigan-Price duo drawing, it was left to Williams and Millar to snatch the draw, which they did with a superb 4 and 3 victory.

At time of going to press no first team results were available.

AS

Party in the Park

BARRY Beavers Disabled Swimming Club's Party In the Park IV will be at Porthkerry Country Park on August 4.

Tickets can be bought

from the club this Saturday at 3.30pm for £3 per ticket at Barry Leisure Centre, or on the day too; members are free.

NC

A tough week on the road for depleted Sully Sports Bowling Club team

SULLY Sports Bowls Club made their longest trip in their Munro Cup campaign on Wednesday, July 17 to play Cowbridge.

The fast all-weather carpet green did not suit the visitors, and the home side "made hay while the sun shone," to inflict a 99-40 defeat on the Sports.

The weakened Sports side did avoid a whitewash as Ken Agius' rink triumphed in a back to the wall effort.

On K Agius' rink the lead changed hand six times, and with five ends left, the visitors were facing defeat, trailing by 5 shots, but the Sports took all the remaining ends to record a 19-15 win.

C Coomber's rink lost the opening five ends, and trailed by 13 shots at the halfway point, and although they shared the remaining ends, they failed to close the gap, going down 10-24.

K Roman's rink were restricted to singles on each of the six ends that they won, with the home rink playing some excellent bowls, especially home skip Bob Penn,

with the result going to Cowbridge by 29-6.

A Collard's rink were also up against it, as the home outfit used their knowledge of the carpet green, bowled superbly, winning the opening seven ends, and cruising to a 31-5 victory.

Rink Scores: P Collier, D Davies, P Holland, A Collard 05-31; M Stafford, J Harries, G Trickett, K Romans 06-29; J Pearce, B Knight, G Currie, C Coomber 10-24; D Burbridge, R Gallivan, D Austin, K Agius 19-15.

Sully Sports Man-of-the-Match: D Burbridge.

On Saturday, July, 20 Sully Sports travelled to Penarth Rectory Roar in the PGIs, and found the home team in terrific form, suffering defeat on all four rinks, losing 58-96 on aggregate.

The Sports found it hard to adjust to a surprisingly slow green that bowled, in the most part, with little width.

Agius' rink got a single on the first end, but fell 8 shots behind by the fifth, then took 10 ends to get back into the match, to lead by one after 15 ends.

The Sports increased

their lead to 4 shots with two ends remaining.

Penarth's four played a magic penultimate end to take 3 shots, and on the last end, the home skip's final wood promoted a home bowl to make 2 shots and win by 21-20; a somewhat poor return for the Sports who actually won more ends than they lost.

K Romans' rink had a poor first half, being down by 2-20 after 11 ends of fine home bowling, but improved to outscore their host over the last 10 ends, but not by enough, and eventually went down 11-25.

C Coomber's rink also won their fair share of ends, but the Penarth rink scored more heavily on the winning ends to see off the Sports by 26-14.

G Brown's rink fared similar to Coomber's, as after a sluggish start, they won nearly half the ends, but never scored more than 2 shots, whereas the home rink had a couple of 3s and a 5, to ease to a 24-13 victory.

Rink Scores: D Austin, R Gallivan, G Trickett, G Brown 13-24; A Fitt, B Knight, G Currie, C Coomber 14-26; M Stafford, P Holland, A

Collard, K Agius 20-21; A Thompson, D Davies, B Whyman, K Romans 11-25.

Sully Sports Man-of-the-Match: K Agius.

Next Saturday, July 27, Sully Sports host flyaway leaders Beaufort in the PGIs, and on Wednesday, July 31, host Rhooose in the Munro Cup.

The club has recently had to field weakened, inexperienced teams with the unavailability of several members due to holidays, minor ops, family functions etc, but has now got over its early season problem in fielding full teams with a slight increase in member numbers; but it's not too late for anyone to join, whether novices or veterans. Just turn up on Monday evenings for practice, or contact the club's secretary Peter Holland on 01446 622490.

MS

Cooke leads in Barry Chess Club championship

THE third round of the Barry Chess Club championship has just taken place.

Four games were completed with a further two matches postponed.

The first game to finish saw Peter Watkins putting pressure on and capturing a knight to win in 19 moves.

Shortly after that, a well-constructed attack with a queen, knight and bishop gave Ken Curry a win in only 14 moves.

Both Peter and Ken had a lot of practice last week in the South Wales International and they were both too sharp for their opponents.

The third finisher on the night was Sam White. He had been under pressure and probably should have lost until his opponent blundered a knight!

The last game was on top board where the two highest ranked players on the night, Tom Cooke and Michael O'Leary, fought a fiercely contested match that ended in a draw.

Tom had an extra pawn but his only major piece, a bishop, was

hemmed in, allowing Michael to force a repetitive position.

This is the first draw in this year's competition.

Tom leads the championship with 2.5 points from his three matches so far.

However, Dave Parsons and Martin Ricketts play one another next week and both have two points from two matches.

The Barry Chess Club meets at 7:30 pm each Monday at the West End Club, St Nicholas Road, Barry CF62 6QY.

The club is open to players of all standards; whether you are interested in playing competitive chess or just the occasional friendly games.

New players are very welcome to just turn up on the night.

For more details visit our website at barrychessclub.yolasite.com

Phil Jones

Barry Rugby Club take a big step up

SERIOUS training has begun at Barry Rugby Club, preparing for life in Division One for the first time.

Training is held on Tuesday and Thursday evenings from 7pm.

Barry welcome both new and old players alike and anyone interested should turn up at the club and make contact with Joel Williams.

In preparation for the season, Barry have

arranged three warm up friendlies for August.

August 10 - Pontypool Utd - home; August 17 - Talywain - home; August 31 - Heol-y Cyw - away.

The club lottery rolls over to £4,850 this week after last week's numbers, 02-06-10 and 13, failed to produce a winner; no tickets matched three numbers.

AJ

Barrivale Bridge Club latest

HERE are the results for the Barrivale Bridge Club for July 16:

First, Adrian and Diana Trickey, 63.75 per cent; second, Tim Barsby and Mike Close, 58.75 per cent; three, Mark Roderick and Peter Millar, 55.83 per cent.

The handicap winners were Alan Rees and Peter Hunt.

New members at the club are always welcomed and a partner may

be arranged, if required. If you would like to join us, call 01446 418380, 01446 733425, 01446 735592 or call at the Pioneer Hall, Beryl Road, Barry at 7pm on Tuesday evening.

Classes and assisted play continues on Fridays at 10am at the Pioneer Hall and on Thursdays for assisted play from 1.30pm-4pm at the Barry Uniting Church, Heol y Llongau, Barry CF63 4AP.

LH

Barry schoolboy's ice dance success



AN 11-year-old Barry schoolboy has qualified for the British Ice Dance Championships in Sheffield for the second year running.

Taliesin Sherry, a year-6 pupil at Ysgol Gymraeg Sant Baruc, moved up to the basic novice men's level this year.

In the competition he completed a swing dance, a tango and his free dance to a medley of

Queen songs.

He finished in second place overall, gaining his season best score for the free dance.

He has been skating since he was five and is coached by Tracey Keeble in Cardiff.

If any local businesses or organisations are interested in sponsoring Taliesin, they can contact the family at the following email: am-s@sky.com.

Llantwit ladies win at Penarth

WITH the sun shining the ladies at Llantwit Major Bowling Club played for the Harry and Joan Semmens Trophy.

Marilyn, our competition secretary had us on the green at 2.30pm prompt, playing a round robin format with three in a team. After a long afternoon an outright winner emerged and Carol, our president, presented the trophy to Kay, Dilys and Julie M.

Julie G, Marilyn and Carol were pipped at the runner-up post by one point as Rhos, Rosemary and Barbara took that trophy. Congratulations to all the ladies who took part and thank you Marilyn for a well run afternoon.

On Thursday, we travelled to Penarth Windsor for our last game with them this year. Joan, Margaret, Jenny and Dilys, although winning 10 of the 18 ends, lost 13-15. Conceding two fours during the game was their downfall.

Kay, Ann, Marilyn and Julie went into the lead from the start and a four on the 16th end ensured a comfortable win by 18-12.

Carol seemed to be playing for Penarth at the start of the game, giving away two ends, but she redeemed herself on the ninth putting her very patient team of Liz, Barbara and Etta into a lead which they held to the end, winning 20-17. Well done ladies. Thank you, Windsor ladies, for a lovely friendly game and the lovely tea.

CW



Glamorgan GEM Sport

YOUR DEFINITIVE SPORTS ROUND-UP  TWITTER: GEMSportNews

Send your match reports, news and other items of interest to: sport@glamorgan-gem.co.uk



Cavaliers in 'resounding' derby victory

COWBRIDGE were the visitors to Windmill Lane and they bought the sunshine with them.

After some recent good results Cowbridge won the toss and decided to bat on a wicket which was always going to dry throughout the afternoon. The Cavaliers' captain Gareth Tount had a had a strong bowling attack at his disposal and he chose to open up with Mike Wood and Ieuan Williams.

Wood took six wickets last time out against Cowbridge and Williams is the fourth highest wicket taker in the league so far this season. The Cavaliers were in a confident mood and looking for maximum bowling points.

The wait for the first wicket was not too long as Williams clean bowled opener Russell in the fourth over.

Cowbridge dug deep resulting in the Cavs having to wait until the ninth over before Wood took his first wicket of the day with the score on 17.

Wood and Williams continued to bowl accurately but there were no more wickets for either of them by the time they

had bowled their allotted overs.

The double bowling change introduced Rob Tount and Gurpreet Romana into the attack. The total stood at 28 off the first 16 overs and with the accuracy of Tount and Romana, increasing the run rate was always going to be difficult. Both bowled well but the Cowbridge batsmen were focused on preserving their wickets. Romana finished his spell with figures of one for 16 after he removed the dangerous Webb.

Tount finished with figures of 0 for 27 off his 8 overs. The last eight overs were left to Sam Pickford and Charlie Woodley Thomas.

The challenge was to remove the last seven batsmen which based on the previous 32 overs was a tall order. Pickford had some success with his pace as he took one wicket but it was Woodley Thomas who took the plaudits as he took three wickets from his four overs.

At the end of their 40 overs, Cowbridge has scored 96 for eight meaning that the Cavs had dropped a bowling point. After tea the Cavs' opening pairing

of Craig Thomas and captain Tount knew that they needed a good start if maximum batting points were going to be achieved. Both started well as they took the score on to 23 off the first six overs.

In the seventh over Tount was removed after a fine caught and bowled by the Cowbridge opener Russell. In Russell's next over he removed the dangerous Rob Tount. The game was now swinging in favour of Cowbridge with the score on 37 for two. New batsman Pickford and opener Thomas had other ideas as they stepped up the run rate and knocked the final 59 runs off within 10 overs resulting in a resounding eight wicket victory with only one possible point dropped.

Next week the Cavs make the long trip to Landysul looking for another victory. Landysul were the early league leaders but have dropped off the pace a little after losing their last two games. There are now only 14 points separating the top five teams with six games remaining. It's going to be a tight finish meaning that every game will be critical to the final positions. **NA**

Munro Cup away win for Llantwit men

LAST week Llantwit visited Romilly for their Munro Cup match, winning on two rinks and drawing on another for a 74-63 win.

Kyle Garrison's rink led up to the seventh end when Romilly took four shots to go ahead; this was short lived as Llantwit won nine of the remaining ends to win by 14 shots.

Graham Merchant's rink had a close match with the scores tied on the 15th end with both sides scoring four shots on the remaining ends the game was drawn.

Steve Booker's rink took the lead on the third end before losing the next three ends.

Llantwit regained the lead on the 10th end which they then held for the final ends to win by six shots.

John Crane's rink were up against a strong rink losing the first six ends before winning the next three ends to reduce the deficit.

Llantwit kept plugging away winning the final two ends which helped Llantwit's score.

On Saturday Llantwit travelled to Ynysanghard. **JY**

(Pontypridd) winning on only one rink to lose 77-61 shots.

Graham Jones' rink were Llantwit's only winners taking a six shot lead after four ends.

They kept up their momentum taking a 10 shot lead on the 14th end. The opposition came back on the final three ends to reduce Llantwit's winning margin to six shots.

Neville Young's rink were four shots down midway through the match with the opposition back end players destroying any heads Llantwit had built up. They continued this throughout the match to win comfortably.

Charles Hiscock's rink had a bad start being 12 shots down after six ends.

Llantwit came back well winning most of the remaining ends to be only one shot down on the penultimate end before losing the final end to lose by three shots.

Steve Booker's rink matched the opposition in the early stages of the match being two shots up on the sixth end after this Ynysanghard took control winning the majority of the remaining ends. **JY**

Cricket club thanks its local sponsor



Cowbridge Cricket Club thanked one of its main sponsors, Specsavers Cowbridge, by presenting a framed club shirt to the company. (Left to right): Tom Williams, Chris Willey (captain), Andrew Moss (manager), Hugh Williams (chairman).

Cowbridge make T20 final

THE semi final of the Vale Mid Week T20 Cup competition was played between Dinas Powys and Cowbridge on the Common.

It proved to be an exciting match, with Cowbridge winning with the very last ball.

Batting first, tighter and the scoring Cowbridge boasted rate dropped and up a moderate run chase

of 129 for five thanks mainly to captain Chris Willey (23 runs), Jack Cropper (39 no) and Heath Webb (21).

In reply, Dinas were always up on the required scoring rate and after 10 overs were 70 for two, due mainly to L Clarke and G Fernando scoring 28 runs each.

The bowling got Penarth at Barry Island on Wednesday, July 31 with a 6pm start.

Tom Wood stopped so many fours on the boundary, Heath Webb had a fantastic run out at the death and Louis Sevenoaks bowled the last over to concede only two byes and a leg bye and capped it by taking a wicket when five runs were needed for a Dinas victory.

Cowbridge now play on Wednesday, July 31 with a 6pm start.

Cadoxton Bowling Club find Sully are tough opposition in Munro Cup

CADOXTON Bowls Club took on Sully in the Munro Cup at home on July 17.

Rink scores: E Heppenstall, G Goddard, W Craven, H Craven 18 - A Kelly, M Levick-Jones, J Best, T Murphy 14; G Solomon, M Curtis, E Palmer, J Davies 10 - K Mahoney, E Pryer, D Hotchkiss, D Edwards 32; A Prince, A Ralphs, J Papoutsou, D Jeffries 10, R Fitzjohn - R Nethercote, P Neale, A Thomas 17; J Stacey, K Davies, M Hurley, I Heppenstall 17 - H Thomas, B Dascombe, A Rees, C Williams 13. **Final score 55 - 76.**

The match against Sully started well for Cadoxton. After five ends, three of the rinks held the lead. Derek Jeffries skipped the other one, and trailed 6-0 early, but levelled after seven ends.

However, the visitors took command with seven wins out of the following eight ends. The final three ends brought success for the home side, but too late to make an impression. Jim Davies' rink started off with an 8-5 lead after six ends, but with just two further singles during the game the visitors took full control and included a maximum '8'.

The other two rinks fared better. Howard Craven skipped his rink to a 5-2 advantage, nevertheless three ends later they trailed 5-7. Once again, they opened a gap in their favour, reaching an 18-11 advantage

before losing three singles to finish. Ian Heppenstall's rink raced to an 8-0 advantage after five ends.

During the next five, two counts of '3' were conceded, but they held the supremacy with further success on the next four ends giving them a 17-7 advantage.

The visitors finally came good, winning the final four ends, but too late to affect the result.

July 20 - Cadoxton v Murch Friendly - Away.

Rink scores: E Heppenstall, D Jenkins, W Craven, H Craven 16 - A Kelly, M Levick-Jones, J Best, T Murphy 17; G Solomon, E Davies, P Ellis, K Chedgoy 13 - K Mahoney, E Pryer, D Hotchkiss, D Edwards 17; A Prince, J Papoutsou, J Davies, D Jeffries 12 - R Fitzjohn, R Nethercote, P Neale, A Thomas 16; J Stacey, K Davies, M Hurley, I Heppenstall 19 - H Thomas, B Dascombe, C Williams 17.

A gap in the fixture list was covered by a friendly away to Murch. Howard Craven conceded a '2' on the final end to lose by one shot, on his rink. Ian Heppenstall's rink scored a '3' on the last end to win by two.

Kelvin Chedgoy also skipped his rink to a close decision, losing by four shots. Meanwhile, Derek Jeffries' rink was making a come-back from 12-5 down, to lose, by just four shots.

DK

Local Bridge club results

RESULTS from the Old Hall Bridge Club are as follow.

First, Helen Barrie and Penny Jarvis with 65.71 per cent; second Judith and Colin Nunn with 63.33 per cent; third John Beard and Liam Sheridan with 61.25 per cent and fourth, Barbara Exton and Eleanor Jones with 58.10 per cent.

Visitors are always welcome - see our website for details.

CM

Bridgend Bridge

THE latest results for Bridgend Bridge Club are as follows:

On July 17: First, Glyn Williams and Irene Wickham; second, Debbie Lea and Simon Richards; third, Rob Forman and Alan Heath. The winners on handicap were Glyn Williams and Irene Wickham.

On July 18, First:

Ivor Hicks and Stewart Norton; second, Eileen Mahoney and Jeff Barnett; third, Mike Williams and Gareth Jenkins.

The winners on handicap were Marjorie Halley and Sheila Gass.

On July 19: First, Dave and Debbie Lea; second Vida Halford and Glyn Williams; third, John Evans and Steve Burgoyne. The winners on handicap were Dave and Debbie Lea.

Regular club nights take place at 7pm on Wednesday and Friday at Noltan Church Hall. On Thursdays at 2pm, there is a gentle bridge session when help is available with the bidding. All sessions are played in a friendly manner and visitors and new members are welcome.

For more information, contact Steve Burgoyne on 01656 661968.

Ben shows the Wright stuff as Cowbridge win again

WHEN Ben Wright walked through the Fred Dunn Gates for the first time as a seven-year-old, he could scarcely have imagined that he would lead the on-field effort to restore the once lofty reputation Cowbridge Cricket Club held in Welsh club cricket.

It is Ben who is the talisman and on Saturday his innings of 140 not out was the base of a total of 246-7, and ultimately a victory by 65 runs over Bronwydd.

The way the results worked out, Cowbridge now lead the league by 48 points with six matches to play. With 20 points maximum per match the position is very strong. Coming up are a trip to Llanelli followed by a home game when Maesteg Celtic, who

have moved above Tata Steel, visit the Athletic Ground.

An away fixture at Gwent is followed by Dafen at home. Let's hope that the lead the club possesses will have seen them home by then. Saturday saw a Cowbridge side without the two Toms, Merilaht and Williams. Nevertheless, battling first the home side rattled up 101 by drinks with Chris Willey scoring 39.

The locals seemed to agree that around 200 would be a good total but Ben had other ideas and his onslaught added 61 in 50 balls. He has now scored 846 runs at an average of 94 this season.

However, it was not just his batting that brought him into the action. He was in the action with two catches and a stumping which impressed the large gathering of former players including Hugh Morris

and his father Roger, a couple of Smarts and Birds, Mark White, Huw Mason, Andy Brace, Martyn Bevan and perhaps most welcome of all, Douglas Davies.

The Bronwydd innings meandered gently without ever threatening to get close and at the end it wrapped up rather quickly, 144-3 falling to 186 all out, three each for Brad Evans and Rian Thomas. Brad now has 34 wickets and an economy rate of 2.93 but Yodhin Punja is keeping a stranglehold on the opposition openers, conceding just 2.33 runs an over.

This snuffs out any momentum and next year Yodin will be bowling quickly. That should be fun!

The quiz: last week's answers were 'Jerusalem' and 'Sir Hubert Parry'.

The winner was Jon Smart.

JB